



Anchin Assisted Living

April 2024



Sunday Monday Tuesday Wednesday Thursday Friday Saturday

 <p>Hot Breakfast Bar Saturday Mornings Chef Charles</p>	<p>9:00 Dailies & Greetings (DR) 1 10:00 Chair Zumba (MC) 10:30 Morning Stroll 11:15 Seated Balance Class with Conner (MC) 2:00 Bingo (DR) 3:00 Dog Appreciation Month In the Elevator Lounge</p>	<p>9:00 Morning Dailies and Greetings (DR) 2 10:00 Chair Zumba (MC) 11:15 Balance Class with Conner (MC) 2:00 School Day Remembrances (MC) 3:00 Golf Game 4:00 Musical Name That Tune with Prizes (MC) 7:00 Show of the Week (Channel 5 or L)</p>	<p>9:00 Morning Dailies 3 10:00 Chair Zumba (MC) 11:00 Hangman Competition with prizes (MC) 1:30 Flexibility Class with Conner (MC) 2:30 Bluestone Physician Providers Meet & Greet (DR) 4:00 Bocce on the front lawn 7:00 Movie of the Week Channel 5 or L</p>	<p>9:00 Greet the Day Dailies (DR) 4 10:00 Chair Zumba (MC) 11:15 Heart Health Chair Aerobics with Conner (MC) 2:30 Video Clips of favorite Entertainers (MC) 3:30 Croissant Ala Cheese Social (DR) 7:00 Lecture of the Week (Channel 5 or L)</p>	<p>10:00 Shopping to Publix by Advance sign-up(T) 5 10:30-11 Humane Society Dog Visits 11:30 Chair Dance Class with Bonnie (MC) 1:30 Strength Training with Conner (MC) 2:30 Chat with Rabbi Rachel (MC) 5:15 Shabbat Blessings (DR)</p>	<p>10:30 Torah Service 6 (Anchin Chapel or Channel 4)</p>
<p>9:00 Morning Greetings (DR) 7 10:00 Seated Zumba (MC) 10:30 Sarasota Institute of Lifelong Learning Global Series (Elevator Lounge Channel 5) 1:15 Scrabble Letters to Words (MC) 2:00 Independent Pursuits-Board Games Puzzles(MC) 7:00 Classical Music on Channel 3 or Elevator Lounge</p>	<p>9:00 Dailies & Greetings (DR) 8 10:00 Chair Zumba (MC) 10:30 Morning Stroll 11:15 Seated Balance Class with Conner (MC) 2:00 Bingo (DR) 3:00 Dog Appreciation Month In the Elevator Lounge</p>	<p>9:00 Morning Dailies and Greetings (DR) 9 10:00 Chair Zumba (MC) 11:15 Balance Class with Conner (MC) 1:30 Birthday Social with Temple Emanu-El (DR) 2:30 Pet Funny Videos in the Lounge 7:00 Show of the Week (Channel 5 or L)</p>	<p>9:00 Morning Dailies and Greetings 10 10:00 Chair Zumba (MC) 11:00 Childhood Game Favorites (MC) 1:30 Flexibility Class with Conner (MC) 2:00 All about French Landmarks Eiffel Tower, Monmartre (MC) 3:00 Spring Birds and Flowers In Florida (MC) 7:00 Movie of the Week Channel 5 or Elevator Lounge</p>	<p>9:00 Dailies and Greetings (DR) 11 10:00 Chair Zumba (MC) 10:30 Classical Concert at Kobernick Kretzmer Center 11:15 Heart Health Chair Aerobics with Conner (MC) 2:00 Iconic Foods from U.S. Cities (MC) 3:30 Poutine Hors D'oeuvres (DR) 7:00 Lecture of the Week (Channel 5 or L)</p>	<p>10:00 Shopping to Publix by Advance sign-up(T) 12 10:30-11 Humane Society Dog Visits 11:30 Chair Dance Class with Bonnie (MC) 1:30 Strength Training with Conner (MC) 2:30 Chat with Rabbi Rachel (MC) 5:15 Shabbat Blessings (DR)</p>	<p>10:30 Torah Service 13 (Anchin Chapel or Channel 4)</p>
<p>9:00 Morning Greetings (DR) 14 10:00 Seated Zumba (MC) 10:30 Sarasota Institute of Lifelong Learning Global Series (Elevator Lounge Channel 5) 1:15 Favorite Barbershop Quartets on the Screen (MC) 3:00 Independent Pursuits-Board Games Puzzles(MC) 7:00 Classical Music on Channel 3 or Elevator Lounge</p>	<p>9:00 Dailies & Greetings (DR) 15 10:00 Chair Zumba (MC) 10:30 Morning Stroll 11:15 Seated Balance Class with Conner (MC) 2:00 Bingo (DR) 3:00 Charades (MC) 4:00 Stroll About before Dinner</p>	<p>9:00 Dailies and Greetings (DR) 16 10:00 Chair Zumba (MC) 11:15 Balance Class with Conner (MC) 2:00 Show and Tell with Mercedes (MC) 3:00 Musical Name That Tune with Prizes (MC) 7:00 Show of the Week (Channel 5 or L)</p>	<p>9:00 Morning Dailies and Greetings 17 10:00 Chair Zumba (MC) 11:00 Childhood Game Favorites (MC) 1:30 Food Committee Open to All (MC) 2:00 Resident Council Meeting (MC) 3:00 Special Guest: Ginette Hersh All Things French (MC) 4:00 April in Paris with Margot on Violin (DR) 7:00 Movie of the Week Channel 5</p>	<p>9:00 Greet the Day Dailies (DR) 18 10:00 Chair Zumba (MC) 11:15 Heart Health Chair Aerobics with Conner (MC) 2:30 Funny Comedians (MC) 3:30 French Bistro Get Together (DR) 7:00 Lecture of the Week (Channel 5 or L)</p>	<p>10:00 Shopping to Publix by Advance sign-up(T) 19 10:30-11 Humane Society Dog Visits 11:30 Chair Dance Class with Bonnie (MC) 1:30 Strength Training with Conner (MC) 2:30 Chat with Rabbi Rachel (MC) 5:15 Shabbat Blessings (DR)</p>	<p>10:30 Torah Service 20 (Anchin Chapel or Channel 4)</p>
<p>9:00 Morning Greetings (DR) 21 10:00 Seated Zumba (MC) 10:30 Sarasota Institute of Lifelong Learning Global Series (Elevator Lounge Channel 5) 1:15 Jokes & Good Humor Stories (MC) 3:00 Independent Pursuits-Board Games Puzzles(MC) 7:00 Classical Music on Channel 3 or Elevator Lounge</p>	<p>9:00 Dailies & Greetings (DR) 22 10:00 Chair Zumba (MC) 10:30 Morning Stroll 11:30 First Seder Luncheon for Passover 4:00 Stroll About before Dinner</p>	<p>9:00 Dailies and Greetings (DR) 23 10:00 Chair Zumba (MC) 11:15 Balance Class with Conner (MC) 2:00 Team Trivia (MC) 3:00 Music Bingo (MC) 7:00 Show of the Week (Channel 5 or L)</p>	<p>9:00 Morning Dailies and Greetings 24 10:00 Chair Zumba (MC) 11:00 Name That Tune or Singer (MC) 1:30 Flexibility Class with Conner (MC) 2:00 Dance Numbers from Musicals(MC) 3:00 Lemonade in front of Anchin 7:00 Movie of the Week Channel 5 or Elevator Lounge</p>	<p>9:00 Greet the Day Dailies (DR) 25 10:00 Chair Zumba (MC) 11:15 Heart Health Chair Aerobics with Conner (MC) 2:30 Video Clips of favorite Entertainers (MC) 3:30 French Bistro Get Together (DR) 7:00 Lecture of the Week (Channel 5 or L)</p>	<p>10:00 Shopping to Publix by Advance sign-up(T) 26 10:30-11 Humane Society Dog Visits 11:30 Chair Dance Class with Bonnie (MC) 1:30 Strength Training with Conner (MC) 2:30 Chat with Rabbi Rachel (MC) 5:15 Shabbat Blessings (DR)</p>	<p>10:30 Torah Service 27 (Anchin Chapel or Channel 4)</p>
<p>9:00 Morning Greetings (DR) 28 10:00 Seated Zumba (MC) 10:30 Sarasota Institute of Lifelong Learning Global Series (Elevator Lounge Channel 5) 1:15 Table Top Bowling (MC) 3:00 Independent Pursuits-Board Games Puzzles(MC) 7:00 Classical Music on Channel 3 or Elevator Lounge</p>	<p>9:00 Dailies & Greetings (DR) 29 10:00 Chair Zumba (MC) 10:30 Morning Stroll 11:15 Seated Balance Class with Conner (MC) 2:00 Bingo (DR) 3:00 Twister Toss (MC) 4:00 Stroll About before Dinner</p>	<p>9:00 Morning Dailies and Greetings (DR) 30 10:00 Chair Zumba (MC) 10:30 Yizkor in the Anchin Chapel or Channel 4 11:15 Balance Class with Conner (MC) 2:00 Tabletop Bowling for prizes (DR) 3:00 Neil Diamond Concert (MC) 7:00 Show of the Week (Channel 5 or L)</p>			<p>All Programming that indicates Channel 3, 4 or 5 Aviva in house TV channels and daily schedules will reflect the actual program for that time and channel.</p> <p>Updated schedules are posted daily by the Wall Calendar opposite the elevator.</p>	<p><u>Location Key</u> DR=Dining Room MC=Media Center (L) Sitting Lounge near Elevator (KC) Kretzmer Center at Kobernick T=Transportation Provided Activities are Subject to Change.</p> <p>The Aviva TV Network offers Programming on Channel 3, 4 and 5</p>