We Believe in a Healthy Louisiana

Moving forward, together. In 2020, Ochsner Health unveiled Healthy State, a bold plan to partner with local and state leaders and organizations to realize a more equitable and healthier Louisiana. By engaging with healthcare, education and policy organizations from every sector and corner of the state, we are working together to tackle the leading causes of poor health and to create a profound impact for Louisiana residents.

With an eye on the future. Our mission: To realize the improved health and wellness of our communities by bringing resources to underserved communities; better understanding the impact of health and social conditions; utilizing data, technology and innovation to improve outcomes; and by investing in Louisiana’s economic growth and workforce.

Together with the Healthy State Advisory Board, we believe we can achieve profound impact. As a multi-faceted team with varied backgrounds, experiences and resources, Healthy State is working daily to accomplish our mission so that one day, all Louisianians will enjoy a better, longer, healthier way of life.

Find out more at LiveHealthyState.org.

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Healthy State Priorities

Each of our priorities work in tandem to reach our goal to create a healthier Louisiana.

**Smoking Cessation**: End smoking by changing behavior, advancing policy and expanding access to comprehensive smoking cessation services.

**Goal**: 214,000 fewer smokers by 2030.

**Workforce & Education**: Advance careers into high wage, high demand jobs and improve high school graduation rates.

**Goal**: Increase average per-capita income by $4,838 by 2030.

**Broadband**: Connect homes by eliminating the digital divide.

**Goal**: 86,000 more homes with high-speed internet by 2030.

**Cancer & Chronic Conditions**: Save lives through access to lung, colorectal and breast cancer screenings; Expand detection and treatment of chronic conditions.

**Goal**: 100,000 fewer people with chronic conditions by 2030.

**Wellness & Obesity**: Reduce obesity by increasing access to nutritious foods, providing education on healthy eating and expanding access to safe physical activity in underserved communities.

**Goal**: 182,000 more physically active adults by 2030.

**Food Security**: Increase access to healthier food options in underserved communities by strengthening existing initiatives and establishing new partnerships.

**Goal**: 72,000 more food-secure households by 2030.

Questions?
Email healthystate@ochsner.org

Find out more about our work and how you can improve your own health at LiveHealthyState.org.

Scan the QR code below: