

# Product Overview

## HeadteacherChat's Review of HeadteacherChat's Review of *CPI Breaking Up Fights™* Training

Read the full review below...

In summary, HeadteacherChat recommends *CPI Training* because:

- It helps schools to identify need, prevent behaviour issues and learn how to respond when issues arise.
- The training package includes information about how to safely intervene when behaviours escalate.

### What is *CPI Breaking Up Fights™*: Intervention Skills Training?

CPI's *Breaking Up Fights™* training provides staff with the skills, confidence, and ability to recognise, prevent and respond to physical altercations. The half-day, interactive training contains essential learning to prevent fights, assess risk and respond with appropriate interventions, including upskilling staff with the key physical skills to maximise safety when breaking up a physical altercation.

### Programme Objectives

- Apply best practice in recognising, preventing, and responding to fights.
- Professionalise decision-making process 'in the moment' before and during a fight.
- Identify key techniques to aid composure and build resilience.
- Demonstrate safe intervention skills to minimise harm to all involved.

### How does CPI describe its training?

*'CPI Breaking Up Fights™ training provides a consistent approach across an entire school. In late 2023, CPI completed a research project with over 9,500 schoolteachers across the UK and found more than a quarter of teachers witness a fight amongst pupils on a weekly basis. While being mindful of their duty of care toward pupils, 74% of teachers stated they were not clear on intervention guidance – with the risk of injury (to self and others) and fear of repercussion being the top two uncertainties teachers face. CPI knew they needed to do something about this and so the new training programme is built for schools that want to promote a culture of safety for pupils and staff alike.'*

*‘The importance of school staff being trained in how to break up fights lies in their ability to ensure the safety and well-being of young people, promote positive behaviour and contribute to a nurturing and supportive school community.’* Maria Taylor, International Director of Training, CPI

### What are the benefits?

- **Maximises safety** by applying the key principles of intervention when fights happen and upskilling staff with six essential physical skills.
- **Empowers decision making** as staff learn to recognise risk behaviour and the appropriate response.
- **Prevents escalating behaviour** as staff learn to identify the different patterns of observable behaviours and corresponding preventive measures.
- **Clarifies staff responsibilities** by removing ambiguity around physical intervention guidance.
- **Elevates composure** as staff learn to apply rational detachment, risk assessment practices, and scripted interventions.

### Testimonial:

*‘The [Breaking Up Fights™] training was invaluable in helping us reflect on our practices, update our risk assessments and learn practical techniques that could be used in a crisis situation to break up fights, ensuring the safety of all involved.’*

*Headteacher*

