



BREAKFAST

FULL ENGLISH

Free Range Eggs | Portobello Mushrooms | Streaky Bacon |
Vine Cherry Tomatoes | Sautéed Potatoes with Caramelised
Red Onion | Homemade Baked Beans | Cumberland Sausage

CONTINENTAL

Prosciutto | Smoked Salmon | Croissant | Mini Pastries |
Finest Sussex Cheddar | Brie | Mixed Grapes |
Vine Cherry Tomatoes

VEGAN

Vegan Sausage | Portobello Mushrooms | Spinach |
Hummus | Avocado | Vine Cherry Tomatoes |
Sautéed Potatoes with Caramelised Red Onion

AVOCADO ON TOAST

Smashed Avocado | Lemon | Chilli Oil

SMOKED SALMON AND SCRAMBLED EGGS

Wild Scottish Smoked Salmon | Free Range Eggs

EGGS ROYALE

Two Poached Eggs | English Muffin | Smoked Salmon |
Hollandaise Sauce

EGGS BENEDICT

Two Poached Eggs | English Muffin | Smoked Ham |
Hollandaise Sauce

SHAKSHUKA

SELECT 4 OF YOUR FAVOURITES, SERVED IN SHAKSHUKA SAUCE:

Free Range Egg | Cumberland Sausage |
Sautéed Potatoes with Caramelised Red Onion |
Portobello Mushroom | Homemade Beans | Spinach |
Chilli Peppers | Finest Sussex Cheddar Cheese | Brie |
Hummus | Streaky Bacon

PANCAKES

WITH A SELECTION OF TWO OF THE FOLLOWING TOPPINGS:

Banana | Bacon | Forest Fruits | Maple Syrup |
Chocolate Spread

LIGHTER OPTIONS

PLEASE SELECT ONE OF THE FOLLOWING:

- Hummus | Crudités | Pitta Bread
- Greek Salad
- Croissant | Mixed Danish Pastries
- Porridge with Honey | Forest Fruits
- Yoghurt | Granola

SELECTION

TEAS | COFFEES | JUICES

GRANARY | SOURDOUGH BREAD

INCLUDED WITH ALL BREAKFASTS

SMOOTHIES

MORNING REVIVAL

Forest Fruits | Banana | Oat Milk | Honey

MORNING AFTER CURE

Spinach | Kiwi | Cucumber | Mint | Ginger | Apple Juice

COCKTAILS

VIRGIN MARY

Frobisher's Tomato Juice | Fresh Lime Juice |
Worcestershire Sauce | Secret Spice Mix | Tabasco

BLOODY MARY

Vodka | Frobisher's Tomato Juice | Fresh Lime Juice |
Worcestershire Sauce | Secret Spice Mix | Tabasco

MIMOSA

Prosecco | Cointreau | Orange Juice

BREAKFAST		15
LIGHTER OPTIONS		7.5
SMOOTHIES		7
COCKTAILS		10

