

PAMPER ROOM

SWEDISH MASSAGE

Relives Stress & Muscle Tension	30 mins	45
Improving Circulation, leaving you	60 mins	85
feeling well rested & revitalised	90 mins	110

HYDROTHERM MASSAGE

Hydrotherm Massage uses warm water	30 mins	l 55
pads on a regular therapy couch for	45 mins	l 75
optimal spinal alignment Providing	60 mins	l 100
relief from neck and back discomfort		

DE-STRESS NECK, SHOULDER & SCALP MASSAGE

Working right into tight muscles of the 45 mins | 60 neck and shoulders | Alleviating tension in the scalp

SIGNATURE FACIAL

Our signature facial, suitable for all skin types, addresses anti-aging, acne scarring, and pigmentation I Customised for your skin, it combines deep tissue massage, skin treatments, and masks for flawless, toned skin with minimal downtime (Including Pro Restore for home use for the first 7 days after treatment)

90 mins | 140

LUMINOSITY FACIAL

Our Luminosity Facial targets your unique skin concerns. After a comprehensive consultation and skin analysis, we customise the facial to match your desired outcomes | Combining Neostrata skin peel with deep massage techniques, this treatment effectively addresses fine lines, brown spots, pigmentation, and ageing skin

60 mins | 85 75 mins | 100

SPEEDY FACIAL

This 30 min facial is perfect if you are stretched for time | Double cleanse, exfoliation followed by a mask

30 mins | 40

LUXURY FOOT TREATMENT

A truly pampering experience where your feet are massaged with essential oils and hot towels **I** Then placed into heated booties with a hydrating mask to moisturise and revive tired feet

30 mins | 45

ULTIMATE HAND TREATMENT

Your hands will be massaged and stretched and a deeply hydrating mask will be applied 30 mins - 45

All treatments are available In the comfort of your room. A 20% charge will apply