# Understanding Your Health Plan



#### **HMSA HMO with CHG**

If you have additional questions, please contact: Castle Health Group @ 808-263-5262

## BENEFITS

#### What are the benefits of selecting CHG HMO?

- Being part of CHG HMO is like having your own health care team.
- All CHG Physicians are top quality physicians in the state.
- AH Castle is the only hospital in Hawaii to be named to the top 250 hospitals in the United States based on numerous criteria focused on quality outcomes for our patients.
- You will receive care from a Baldridge Award winning hospital.





"I called HMSA and they said I can change Health Centers."

#### Yes, this is true.

If you are an AH associate, you will be required to notify Human Performance <u>AND</u> pay your premium back to January.

<u>Note</u>: A HEALTH CENTER is defined as a specified group of providers with the HMSA network that you designate as your primary center of care. Your designated health center is made up of your PCP and other providers.

With CHG HMO your Health Center is CHG (Castle Health Group Network)



## Can I see my Doctor even if they are not a CHG Provider?

As a CHG HMO Member your providers must remain in network and participate with CHG

EXCEPTION: You may go out of network if the Specialty is not offered by CHG (ex: Rheumatology), but you will need a referral

You do not need coordination from your CHG PCP for emergency services, annual vision exams, HMSA's Online Care, ob-gyn care from a provider in your health center, and mental health and substance abuse services.

**Note:** All dependents covered under your CHG plan must also have a CHG Primary Care Physician.

If I need to see a Specialist for services, does my insurance cover the services?



As a CHG HMO member, your CHG primary care provider (PCP) coordinates your medical care.



Your CHG PCP will refer you to other providers when needed. It is important to ask your CHG PCP if they have arranged for you to see specialists or facilities outside of CHG Network.



In addition, your CHG PCP will need to obtain prior approval (called an administrative review) from HMSA for services from an HMSA nonparticipating or out-of-state provider.



**Note:** If you receive services from an HMSA nonparticipating or out-of-state provider without prior approval from HMSA, you will be responsible for the total cost of the services, which can be significant.

## HMO Referral Process

#### The referral process is as follows:

Your CHG PCP will look for a physician or facility within CHG Network to treat you.

If a specialty physician or facility isn't available within the CHG Network, your CHG PCP will refer you to one within the HMSA provider network and submit a referral.

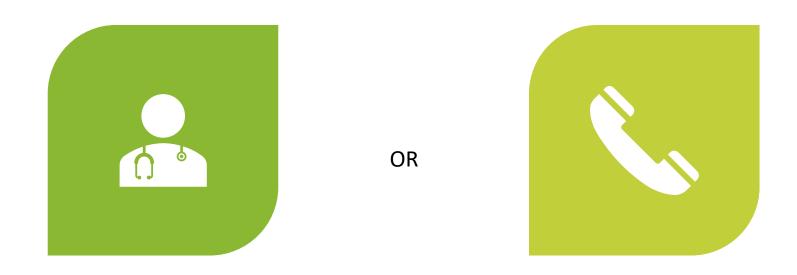


When you go to a specialty physician's office or a facility, you should do both of the following:

- 1. Present your HMSA membership card.
- 2. Inform the physician's office that you've been referred by your CHG PCP



### How do I know if my doctor is with CHG?



ASK YOUR CURRENT DOCTOR

CONTACT CASTLE HEALTH GROUP AT: 808-263-5262

