

# RESTORATIVE SCHOOL PRACTICES: Suggestions for Daily, Weekly and Monthly Activities following a Restorative Practices in Schools Training

The following are suggestions for daily, weekly and monthly restorative practices that a school building or youth program could consider implementing as a means of creating a positive and restorative school climate that builds relationships and the skills of empathy and repair of harm. These suggestions draw from a variety of practitioners and training organizations around the country, including Flagstaff Academy, IIRP, and the Minnesota Department of Education.

	Read or finish reading <u>The Little Book of Restorative Discipline</u> or <u>The Restorative Practices Handbook</u> within two months of the training; Following that, take 5 minutes per week to review the <u>Restorative Practices for School Communities Training Manual</u> for one month. Make a note in your planner for a consistent time during the week to do so;
	Participate in staff meeting debriefs on using Restorative Practices.
All tea	circle process, brainstormed shared values for the classroom community, and
	Ask an empathy question, once a class period;
	Use an "I statement" once a class period; Hold at least one Restorative Conversation each month with a student and fill out the Restorative Reflection Report (p.36) at least once afterwards.
All ad	ministrators/social workers/counselors/support staff: Visit, lead, or participate in at least one Connection Circle each month with teachers for the first three months;
	Ask an empathy question, once a day; Use an "I statement" once a day;
	Hold at least one Restorative Conversation or Restorative Agreement Meeting, which focuses on impact and repair of harm, each month with a student and fill out the Restorative Reflection Report (p.36) at least once afterwards;
	Assess the readiness of parties in using a restorative response such as a Restorative
	backside); Keep track of data, such as office referrals, student satisfaction of process, student sense of belonging, etc.;
Princi	pals:  Dedicate at least one staff meeting per quarter to debriefing the use of Restorative Practices.

## Restorative Questions (to responsible party):

- What happened?
- What were you thinking (or feeling) at the time?
- What have your thoughts (or feelings) been since?
- Who has been affected by what you did?
- *In what way have they been affected?*
- What was your part in this? What can you take responsibility for?
- What do you think you need to do to make things right?

#### Restorative Questions (to affected party):

- What happened? What did you think (or feel) when it happened?
- What have your thoughts (or feelings) been since?
- How has this affected you and others?
- What has been the hardest thing for you?
- What do you think needs to happen to make things right?

## Restorative Questions (to mutual responsible parties):

- What happened?
- What were you thinking (or feeling) at the time?
- What have your thoughts (or feelings) been since?
- Who has been affected by what happened?
- *In what way have others been affected?*
- How have you been affected?
- What was your part in this? What can you take responsibility for?
- What do you think you need to do to make things right?

#### **Restorative Conversation Starters:**

- I see that...
- I am concerned that...
- I am wondering if...
- I notice that...

## **Principles of Restorative Practices**

- 1. RESPECT
- 2. RELATIONSHIP
- 3. RESPONSIBILITY
- 4. REPAIR
- 5. REINTEGRATION



