

JANUARY 9-15, 1995

((BREAKFAST))

MONDAY

BREAKFAST BAR, CHILLED JUICES
SCRAMBLED, HARD BOILED EGGS
HOT FARINA CEREAL
EGG IN A BASKET, SAUSAGE
HASH BROWNS, YOGURT BAR
PLAIN OR WHOLE WHEAT PANCAKES
HOT SYRUP AND MELTED BUTTER
OATMEAL RAISIN BISCUIT

TUESDAY

BREAKFAST BAR, CHILLED JUICES
SCRAMBLED, HARD BOILED EGGS
HOT MAYPO CEREAL
EASTERN AND WESTERN OMELETTE
BREAKFAST FRIES, BACON
WAFFLES, ASSORTED TOPPINGS
HOT SYRUP AND MELTED BUTTER
YOGURT BAR
BANANA BRAN MUFFINS

WEDNESDAY

BREAKFAST BAR, CHILLED JUICES
SCRAMBLED, HARD BOILED EGGS
HOT RALSTON CEREAL
EGG MC MUFFIN
COTTAGE FRIES
BLUEBERRY PANCAKES
HOT SYRUP AND MELTED BUTTER
YOGURT BAR
APPLE CINNAMON COFFEE CAKE

THURSDAY

BREAKFAST BAR, CHILLED JUICES
SCRAMBLED, HARD BOILED EGGS
HOT CREAM OF WHEAT CEREAL
PRINCESS OMELETTE, FRIZZLED HAM
HOME FRIES, YOGURT BAR
BUTTERMILK PANCAKES
HOT SYRUP AND MELTED BUTTER
CRANBERRY BREAD

FRIDAY

BREAKFAST BAR, CHILLED JUICES
SCRAMBLED, HARD BOILED EGGS
HOT WHEATINA CEREAL
ROAST BEEF HASH
YOGURT BAR, BACON STRIPS
TEXAS FRENCH TOAST
HOT SYRUP AND MELTED BUTTER
BRAN MUFFINS

SATURDAY

BREAKFAST BAR, CHILLED JUICES
SCRAMBLED, HARD BOILED EGGS
HOT CREAM OF RICE CEREAL
TATER TOTS
COUNTRY FRIED EGGS
FRIZZLED HAM
APPLE PANCAKES, YOGURT BAR
HOT SYRUP AND MELTED BUTTER
BLUEBERRY COFFEE CAKE

SUNDAY

BREAKFAST BAR, CHILLED JUICES
SCRAMBLED, HARD BOILED EGGS
HOT OAT MEAL, YOGURT BAR
PLAIN OR CHEESE OMELETTE
SAUSAGE LINKS, HOME FRIES
FRENCH DIPPED WAFFLES
HOT SYRUP AND MELTED BUTTER
BAGELS, CREAM CHEESE
CORN BREAD

((LUNCH))

MONDAY

VERMONT GARDEN SALAD
CREAM OF BROCCOLI
CHICKEN & CHEESE QUESADILLAS
~~BROWN~~ RICE
BLACK BEAN STEW
ORIENTAL VEGETABLES
OATMEAL RAISIN COOKIES

TUESDAY

VERMONT GARDEN SALAD BAR
MANHATTAN CLAM CHOWDER
FISHWICH ON A BUN
BUTTERED LIMA BEANS
STUFFED PEPPERS, MORNAY SAUCE
YOGURT BAR
ASSORTED JELLO AND PUDDINGS
PECAN PIE SQUARES

WEDNESDAY

VERMONT GARDEN SALAD BAR
KNICKERBOCKER SOUP
CHEESEBURGERS ON A TOASTED BUN
ONION RINGS BUTTERED CORN
TOFU BURGER
BAKED MACARONI AND CHEESE
JELLO AND PUDDINGS
CHOCOLATE GRAHAM CRACKER PUDDING

THURSDAY

VERMONT GARDEN SALAD BAR
CHICKEN VEGETABLE SOUP
HOT TURKEY SUB
MIXED VEGETABLES
YOGURT BAR, TOFU VEGGIE SUB
SAUTED BEEF TIPS W/WHITE RICE
ASSORTED JELLO AND PUDDINGS
RICE CRISPY SQUARES

FRIDAY

VERMONT GARDEN SALAD BAR
NEW ENGLAND CLAM CHOWDER
GRILLED CHEESE AND TOMATO
MEAT AND VEGETARIAN CHILI
FRUIT SALAD BRUSSELS SPROUTS
ASSORTED JELLO AND PUDDINGS
MOOSEWOOD BROWNIES, YOGURT BAR

SATURDAY

VERMONT GARDEN SALAD BAR
SPLIT PEA SOUP
BACON, LETTUCE & TOMATO SAND.
BUTTERED MIXED VEGETABLES
FRUIT BLINTZ W/ YOGURT SAUCE
ASSORTED JELLO AND PUDDINGS
LAMB STEW W/BISCUIT
BLUEBERRY SQUARES

SUNDAY

VERMONT GARDEN SALAD BAR
VEGETABLE SOUP
HOT TURKEY SANDWICH W/ GRAVY
FRENCH FRIES BUTTERED PEAS
CRANBERRY SAUCE
ARTICHOKE BAKE
ASSORTED JELLO AND PUDDINGS
APPLE BROWN BETTY

((DINNER))

MONDAY

VERMONT GARDEN SALAD BAR
SOUP DU JOUR HOT DINNER ROLLS
BAKED FLEUR DE LIS HAM W/RAISIN
SAUCE, BAKED SWEET POTATOES,
WALNUT CHEDDAR LOAF
ASSORTED JELLO & PUDDINGS
CARROT CAKE SUPREME

TUESDAY

VERMONT GARDEN SALAD BAR
SOUP DU JOUR HOT DINNER ROLLS
ROAST LEG OF LAMB W/GRAVY
SPAGHETTI NIGHT, ASST. SAUCES
FRIED PARSNIPS, GARLIC BREAD
OVEN BAKED POTATO
ASSORTED JELLO AND PUDDINGS
CHOCOLATE CAKE W\ FROSTING

WEDNESDAY

VERMONT GARDEN SALAD BAR
SOUP DU JOUR HOT DINNER ROLLS
BEEF AND VEGGIE BROCHETTE
WHITE RICE/ POACHED FISH
ASSORTED JELLO AND PUDDINGS
APPLE PIE

THURSDAY

VERMONT GARDEN SALAD BAR
SOUP DU JOUR HOT DINNER ROLLS
GOURMET PIZZA NIGHT
BOILED RED POTATO
BROCCOLI SPEARS, POPCORN SHRIMP
ASSORTED JELLO AND PUDDINGS
SHORT CAKE BAR

FRIDAY

VERMONT GARDEN SALAD BAR
SOUP DU JOUR HOT DINNER ROLLS
GRILLED PORK CHOPS, APPLE SAUCE
CAULIFLOWER, PASTITSIO
STEAK FRIES
ASSORTED JELLO AND PUDDINGS
YELLOW CAKE W/ FROSTING

SATURDAY

VERMONT GARDEN SALAD BAR
SOUP DU JOUR HOT DINNER ROLLS
POACHED SALMON W\ DILL SAUCE
STEAMED SPINACH
CHEESE & BROCCOLI QUICHE
STIR FRIED RICE
ASSORTED JELLO AND PUDDINGS
GERMAN CHOCOLATE CAKE

SUNDAY

VERMONT GARDEN SALAD BAR
SOUP DU JOUR, HOT ROLLS
LONDON BROIL W/ MUSH. GRAVY
BAKED POTATO W/ SOUR CREAM
FRENCH CUT GREEN BEANS PASTA
PRIMAVERA
ASSORTED JELLO AND PUDDINGS
ICE CREAM BAR