

Client Name _____

Date _____

Therapist Name _____

Duration Of Treatment _____

SUBJECTIVE

Reason for visit:

- ☐ Pain relief
- ☐ Relieve tension
- ☐ **Relieve stress (skip rest of section)**
- ☐ **Relieve anxiety (skip rest of section)**
- ☐ **Improve quality of life (skip rest of section)**
- ☐ Other _____

Primary area of pain:

- | | |
|--|-----------------|
| <input checked="" type="checkbox"/> Adhesion | ≈ Spasm |
| ↻ Rotation | ⚙ Inflammation |
| <input type="radio"/> Pain | ⌋ Trigger point |
| ● Tender Point | / Elevation |
| ≡ Hypertonicity | |

Intensity of pain: (1-10)

Sensation of pain:

- | | |
|-----------------------------------|-------------------------------|
| <input type="radio"/> Dull | <input type="radio"/> Cold |
| <input type="radio"/> Sharp | <input type="radio"/> Burning |
| <input type="radio"/> Tender | |
| <input type="radio"/> Other _____ | |

Time pattern of pain:

- ☐ **Constant (pain does not change)**
- ☐ **Intermittent (intensity doesn't change but comes & goes)**
- ☐ **Variable (intensity changes throughout the day)**

When did the pain start:

Was there a specific incident that cause this pain?

- | | |
|--|------------------------------------|
| <input type="radio"/> Motor vehicle accident | <input type="radio"/> Fall |
| <input type="radio"/> Slept funny | <input type="radio"/> Work-related |
| <input type="radio"/> Sports/exercise | |
| <input type="radio"/> Other _____ | |

Pain/discomfort is brought on or made worse by...

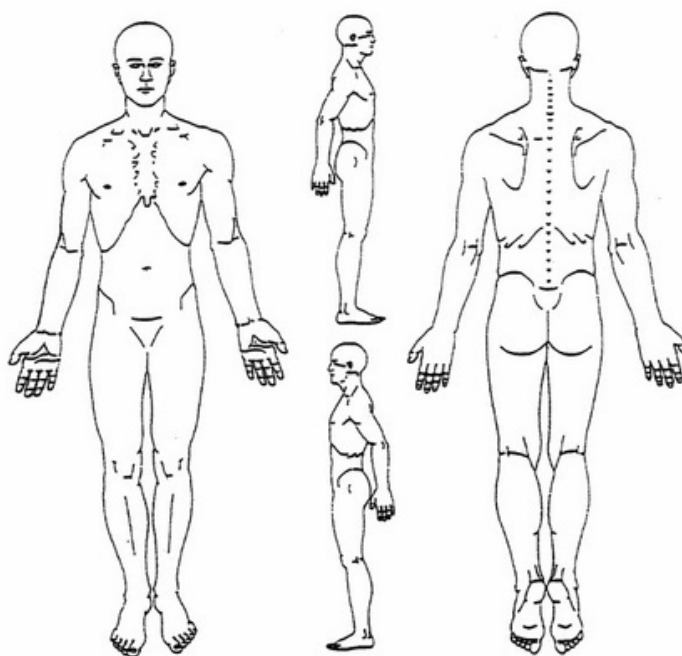
Pain/discomfort feels better with...

Have you seen other healthcare practitioners about this issue?

- | | |
|---|--|
| <input type="radio"/> Massage therapist | <input type="radio"/> Physical therapist |
| <input type="radio"/> Chiropractor | <input type="radio"/> Physician |
| <input type="radio"/> Other _____ | |

Does this pain prevent you from participating in...

- | | |
|---------------------------------------|--|
| <input type="radio"/> Work | <input type="radio"/> Leisure activities |
| <input type="radio"/> Sports/exercise | <input type="radio"/> Sleep |
| <input type="radio"/> Other _____ | |



OBJECTIVE

POSTURE ASSESSMENT

Spine

- ☐ Normal
- ☐ Lordosis [mild moderate severe]
- ☐ Kyphosis [mild moderate severe]
- ☐ Scoliosis [mild moderate severe]

Pelvis

- ☐ Normal
- ☐ Lordosis [mild moderate severe]
- ☐ Kyphosis [mild moderate severe]
- ☐ Scoliosis [mild moderate severe]

Shoulders

- ☐ Normal
- ☐ Lordosis [mild moderate severe]
- ☐ Kyphosis [mild moderate severe]
- ☐ Scoliosis [mild moderate severe]

Range of Motion

Area _____

- ☐ Full range
- ☐ Slight restriction
- ☐ Moderate restriction
- ☐ Severe restriction

Intensity (1-10) _____

Notes _____

Palpation

Area _____

- ☐ Tension [mild moderate severe]
- ☐ Texture [pliable adhesive fibrotic]
- ☐ Tenderness [mild moderate severe]
- ☐ Temperature [normal increased decreased]

TREATMENT

	Modality	Duration		Modality	Duration
<input type="radio"/> Back	_____	_____	<input type="radio"/> Abdominals	_____	_____
<input type="radio"/> Neck	_____	_____	<input type="radio"/> Chest	_____	_____
<input type="radio"/> Shoulders	_____	_____	<input type="radio"/> Face	_____	_____
<input type="radio"/> Face	_____	_____	<input type="radio"/> Breast	_____	_____
<input type="radio"/> Hip area	_____	_____	<input type="radio"/> Other	_____	_____

ASSESSMENT

How did the client respond to treatment?

PLAN

Treatment plan and self-care recommendations

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

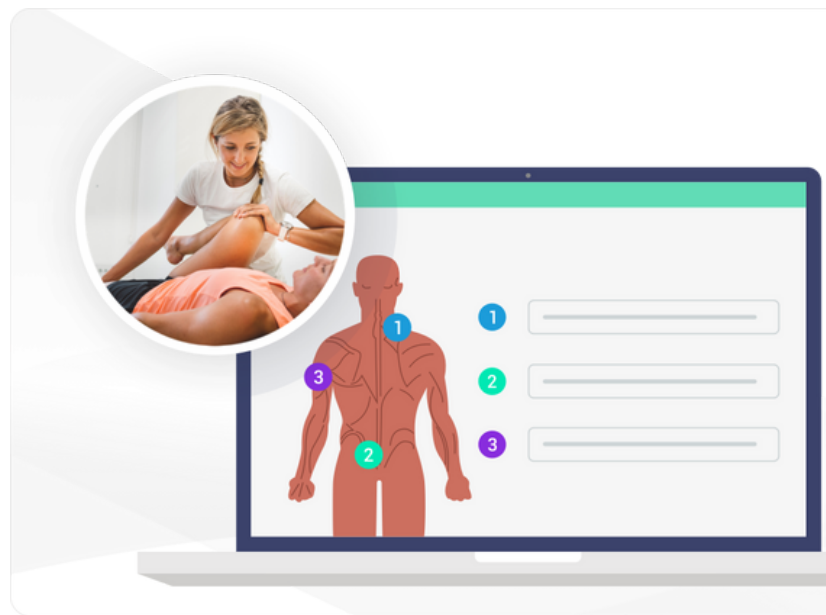
ClinicSense provides 3 types of SOAP notes + you can create your own with the customizable treatment note builder!

If you're just getting started, you may not think you need clinic management software yet.

However, as your business grows, you'll need a system to keep things organized.

It's a lot easier to start a business with good systems in place, than it is to try to incorporate them later.

At ClinicSense, we offer customizable and HIPAA and PIPEDA - compliant SOAP notes, so you can spend less time on paperwork, or worrying about staying compliant - and more time with your clients.



Join the 7,000 healthcare professionals using ClinicSense to manage their business!

ClinicSense clients finish their admin work 75% faster!

START MY FREE TRIAL!

