

BLUE

sushi sake grill

Nutritional Information

The nutritional information see here was prepared by MenuTrinfo®, LLC and is based on standard serving sizes and product formulations prepared with approved ingredients. The nutritional data presented here are based on representative values from the USDA Nutrient Database for Standard Reference and information from product manufacturers. Variation may occur due to the handcrafted nature of our menu items or due to seasonal influences and/or sources of supply of our ingredients. Additionally, formulations may change on occasion or the substitution of ingredients or suppliers may be necessary which will alter the nutritional values. 2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

| | Calories | Calories from fat | Total Fat (g) | Saturated Fat (g) | Polyunsaturated Fat (g) | Monounsaturated Fat (g) | Cholesterol (mg) | Sodium (mg) | Potassium (mg) | Total Carbohydrates (g) | Dietary Fiber (g) | Sugars (g) | Added Sugars (g) | Protein (g) |
|-----------------------------|----------|-------------------|---------------|-------------------|-------------------------|-------------------------|------------------|-------------|----------------|-------------------------|-------------------|------------|------------------|-------------|
| STARTERS | | | | | | | | | | | | | | |
| SALTED EDAMAME | 210 | 60 | 6 | 1.0 | | | | 590 | | 19 | 6 | 2 | | 20 |
| SALTED CHARRED EDAMAME | 250 | 90 | 11 | 1.5 | 2.0 | 2.0 | | 1710 | | 19 | 6 | 2 | | 20 |
| SPICY EDAMAME | 210 | 60 | 6 | 1.0 | | | | 630 | | 19 | 6 | 2 | | 20 |
| SPICY CHARRED EDAMAME | 260 | 100 | 11 | 1.5 | 2.0 | 2.0 | | 1950 | 15 | 20 | 6 | 2 | | 21 |
| MISO SOUP | 80 | 10 | 1.5 | | | | | 2380 | 280 | 13 | 1 | 4 | | 4 |
| VEGAN MISO SOUP | 60 | 10 | 1.5 | | | | | 1950 | 280 | 8 | 1 | 5 | | 4 |
| COCONUT CRAB SOUP | 290 | 170 | 20 | 12 | | | 40 | 1160 | 650 | 17 | 3 | 4 | | 7 |
| HOUSE SALAD (NO DRESSING) | 60 | 15 | 2.0 | | | | | 75 | 180 | 10 | 1 | 2 | | 2 |
| SIDE CARROT GINGER DRESSING | 140 | 110 | 13 | 2.0 | | | | 65 | 30 | 5 | | 4 | 3 | |
| SIDE SESAME HONEY DRESSING | 110 | 60 | 7 | 1.0 | 1.0 | 1.0 | | 340 | 10 | 11 | | 11 | 11 | 1 |
| SIDE WASABI SOY DRESSING | 150 | 120 | 14 | 2.0 | | | | 460 | | 4 | | 4 | 3 | 1 |
| SIDE GRILLED CHICKEN | 140 | 30 | 3.0 | 0.5 | | | 75 | 100 | | | | | | 26 |
| SIDE SEARED SALMON | 350 | 190 | 21 | 4.5 | 8 | 8 | 105 | 105 | 650 | | | | | 38 |
| SEAWEED SALAD | 140 | 70 | 8 | 1.0 | | | | 1500 | 65 | 18 | 3 | 10 | 9 | 3 |
| CUCUMBER SUNOMONO | 70 | 10 | 1.0 | | | | 150 | 135 | 15 | | | 14 | 12 | 1 |
| SIDE GRILLED TAKO | 70 | 10 | 1.0 | | | | 40 | 200 | 270 | 2 | | | | 13 |
| SHARE PLATES | | | | | | | | | | | | | | |
| MANGO CRAB RANGOON | 920 | 510 | 57 | 13 | | | 40 | 1010 | 250 | 86 | 6 | 16 | 5 | 19 |
| SHISHITO PEPPERS | 300 | 220 | 25 | 9 | | | 30 | 2950 | 30 | 10 | 2 | 7 | | 9 |
| CRISPY BRUSSELS SPROUTS | 550 | 370 | 42 | 6 | 1.5 | 4.0 | | 1810 | 800 | 42 | 6 | 22 | 9 | 9 |
| CALAMARI | 810 | 550 | 62 | 8 | | | 355 | 1440 | 430 | 44 | 4 | 4 | | 24 |
| RIVER ROCK BEEF | 200 | 80 | 9 | 3.0 | | | 60 | 2350 | 125 | 6 | 1 | 4 | | 25 |

Calories
Calories from fat
Total Fat (g)
Saturated Fat (g)
Polysaturated Fat (g)
Monounsaturated Fat (g)
Cholesterol (mg)
Sodium (mg)
Potassium (mg)
Total Carbohydrates (g)
Dietary Fiber (g)
Sugars (g)
Added Sugars (g)
Protein (g)

SHARE PLATES

| | | | | | | | | | | | | | | |
|-------------------------|------|-----|----|-----|-----|-----|-----|------|-----|-----|----|----|----|----|
| CEVICHE | 420 | 160 | 18 | 2.5 | 0.5 | 3.5 | 40 | 980 | 320 | 53 | 3 | 3 | | 13 |
| CRISPY RICE CAKE | 470 | 240 | 27 | 4.5 | 2.5 | 4.5 | 40 | 1380 | 180 | 45 | 2 | 7 | 4 | 14 |
| DIPPING CRAB | 180 | 90 | 10 | 1.5 | | | 70 | 1090 | 50 | 17 | | 5 | 2 | 8 |
| POKE (SOCKEYE) | 460 | 200 | 23 | 3.5 | 4.5 | 8 | 55 | 3330 | 550 | 26 | 14 | 8 | 5 | 34 |
| POKE (TUNA) | 340 | 200 | 22 | 4.5 | 6 | 10 | 60 | 2540 | 510 | 14 | 3 | 6 | 3 | 20 |
| LETTUCE WRAPS (CHICKEN) | 960 | 370 | 42 | 7 | 11 | 14 | 65 | 2170 | 670 | 117 | 6 | 64 | 33 | 34 |
| LETTUCE WRAPS (TOFU) | 1280 | 640 | 72 | 11 | 16 | 19 | | 2070 | 750 | 142 | 7 | 67 | 34 | 24 |
| CHICKEN CRUNCH SALAD | 520 | 200 | 23 | 3.5 | 2.5 | 2.0 | 75 | 1190 | 500 | 47 | 3 | 26 | 24 | 33 |
| TUNA TOWER | 650 | 300 | 34 | 6 | 8 | 17 | 100 | 1210 | 640 | 62 | 6 | 20 | 18 | 24 |
| VEGAN TUNA TOWER | 380 | 140 | 15 | 1.5 | 3.0 | 6 | | 1130 | 310 | 54 | 8 | 10 | 8 | 7 |

SPECIALTY NIGIRI

| | | | | | | | | | | | | | | |
|----------------------------|-----|-----|----|-----|-----|-----|----|-----|-----|----|---|----|----|----|
| BLUE KANI | 440 | 240 | 27 | 3.5 | 2.0 | 5 | 25 | 900 | 100 | 40 | | 21 | 21 | 9 |
| CHERRY BOMB | 170 | 70 | 8 | 1.5 | 1.0 | 1.5 | 20 | 480 | 105 | 17 | | 2 | 1 | 7 |
| ITCHY SALMON | 210 | 80 | 9 | 1.0 | 3.0 | 3.5 | 30 | 610 | 780 | 20 | 8 | 10 | 2 | 14 |
| ITCHY SEABASS | 120 | 50 | 5 | 0.5 | 1.5 | 2.5 | 30 | 600 | 120 | 6 | | 2 | 2 | 11 |
| "EVERYTHING" SMOKED SALMON | 170 | 70 | 8 | 2.0 | | | 20 | 780 | 15 | 14 | | 2 | 1 | 9 |

SPECIALTY SASHIMI

| | | | | | | | | | | | | | | |
|----------------------|-----|-----|-----|-----|-----|-----|----|-----|-----|---|---|---|--|----|
| TRUFFLE SALMON | 100 | 60 | 6 | 1.5 | 2.0 | 2.0 | 25 | 210 | 150 | 1 | | | | 9 |
| CEVICHE-STYLE HIRAME | 60 | 5 | 0.5 | | | | 20 | 520 | 330 | 4 | | 2 | | 9 |
| MADAI CHIMICHURRI | 240 | 180 | 20 | 3.0 | 2.0 | 7 | 30 | 520 | 310 | 5 | 2 | 1 | | 10 |
| TUNA TATAKI | 70 | 5 | 1.0 | | | | 25 | 340 | 240 | 1 | | 1 | | 13 |
| YELLOWTAIL SERRANO | 160 | 45 | 5 | 1.5 | 1.5 | 2.0 | 55 | 500 | 570 | 3 | 1 | 1 | | 25 |

SPECIALTY MAKI - NOT RAW

| | | | | | | | | | | | | | | |
|-----------------|-----|-----|----|-----|-----|-----|----|-----|-----|----|---|----|----|----|
| CLOUD 9 2.0 | 370 | 90 | 10 | 1.5 | 1.5 | 4.0 | 50 | 790 | 300 | 51 | 4 | 6 | 5 | 18 |
| CRUNCHY RED | 440 | 140 | 15 | 2.0 | 0.5 | 2.0 | 45 | 690 | 230 | 64 | 4 | 18 | 17 | 11 |
| HAWAIIAN ROLL | 460 | 300 | 34 | 5 | 2.0 | 2.0 | 45 | 580 | 270 | 22 | | 10 | 6 | 15 |
| HOTEL CALI | 670 | 350 | 39 | 8 | 2.0 | 6 | 35 | 820 | 210 | 70 | 4 | 16 | 12 | 8 |
| SNOW WHITE | 390 | 190 | 21 | 2.5 | 2.0 | 3.5 | 30 | 710 | 180 | 39 | 3 | 10 | 9 | 11 |
| SOUTH PACIFIC | 430 | 110 | 13 | 4.5 | | 2.0 | 50 | 630 | 160 | 66 | 3 | 22 | 17 | 10 |
| SUPER ASPARAGUS | 440 | 130 | 14 | 4.5 | 1.5 | 1.5 | 35 | 720 | 230 | 64 | 3 | 18 | 17 | 13 |
| THE IGUANA | 260 | 140 | 15 | 2.0 | 0.5 | 2.5 | 60 | 850 | 220 | 20 | 2 | 15 | 13 | 10 |
| THRILLER | 510 | 230 | 26 | 2.5 | 5 | 12 | 90 | 870 | 110 | 57 | 3 | 7 | 6 | 14 |
| TIDAL WAVE | 530 | 180 | 21 | 5 | 0.5 | | 70 | 860 | 130 | 69 | 2 | 22 | 21 | 14 |

| | Calories | Calories from fat | Total Fat (g) | Saturated Fat (g) | Polyunsaturated Fat (g) | Monounsaturated Fat (g) | Cholesterol (mg) | Sodium (mg) | Potassium (mg) | Total Carbohydrates (g) | Dietary Fiber (g) | Sugars (g) | Added Sugars (g) | Protein (g) |
|--|----------|-------------------|---------------|-------------------|-------------------------|-------------------------|------------------|-------------|----------------|-------------------------|-------------------|------------|------------------|-------------|
|--|----------|-------------------|---------------|-------------------|-------------------------|-------------------------|------------------|-------------|----------------|-------------------------|-------------------|------------|------------------|-------------|

SPECIALTY MAKI - RAW

| | | | | | | | | | | | | | | |
|-------------------|-----|-----|----|-----|-----|-----|----|------|-----|----|---|----|----|----|
| AMAZON ROLL | 410 | 140 | 16 | 2.5 | 1.0 | 2.0 | 45 | 1340 | 270 | 48 | 3 | 6 | 4 | 18 |
| FLAMINGO LINGO | 440 | 140 | 16 | 3.0 | 2.5 | 3.5 | 70 | 610 | 310 | 50 | 2 | 7 | 6 | 20 |
| GODZILLA BOMB | 420 | 130 | 15 | 2.5 | 2.0 | 4.0 | 40 | 930 | 230 | 54 | 3 | 9 | 8 | 17 |
| GREEN EGGS & HAMA | 370 | 90 | 10 | 2.0 | 2.5 | 3.5 | 65 | 630 | 370 | 47 | 2 | 6 | 5 | 22 |
| HOT POPPER | 250 | 70 | 8 | 3.5 | | | 35 | 530 | 45 | 32 | 2 | 4 | 3 | 11 |
| LION KING | 520 | 200 | 23 | 3.0 | 4.0 | 8 | 45 | 1010 | 320 | 66 | 4 | 19 | 18 | 13 |
| ROJA | 230 | 50 | 5 | 1.0 | 1.0 | 2.5 | 25 | 200 | 230 | 31 | 2 | 3 | 3 | 12 |
| SALMON SKIN ROLL | 310 | 90 | 10 | 1.5 | 0.5 | 2.0 | 20 | 400 | 230 | 49 | 4 | 5 | 4 | 9 |
| SAN MARCOS MAKI | 490 | 200 | 23 | 3.5 | 2.0 | 4.5 | 75 | 860 | 440 | 53 | 5 | 7 | 4 | 19 |
| SPANISH FLY | 420 | 120 | 13 | 2.0 | 3.5 | 6 | 60 | 700 | 440 | 53 | 3 | 7 | 5 | 21 |
| SPICY GRINGO | 240 | 50 | 6 | 1.0 | 1.0 | 1.5 | 25 | 620 | 210 | 34 | 2 | 6 | 3 | 12 |
| TATAKI MAKI | 470 | 100 | 11 | 2.0 | 1.5 | 2.0 | 80 | 720 | 360 | 68 | 2 | 18 | 17 | 25 |
| THE BEACH | 420 | 130 | 15 | 2.0 | 3.0 | 7 | 45 | 900 | 250 | 51 | 4 | 6 | 5 | 19 |
| WILD RUN | 400 | 120 | 13 | 2.0 | 1.0 | 3.0 | 45 | 640 | 350 | 52 | 4 | 6 | 6 | 18 |

CLASSIC MAKI - NOT RAW

| | | | | | | | | | | | | | | |
|---------------------|-----|-----|-----|-----|-----|-----|----|------|-----|----|---|----|----|----|
| CALI ROLL | 330 | 100 | 11 | 1.5 | 0.5 | 2.5 | 10 | 540 | 190 | 51 | 4 | 6 | 6 | 7 |
| CRUNCHY BLUE | 470 | 130 | 14 | 2.0 | 1.0 | 1.0 | 15 | 1100 | 140 | 75 | 3 | 20 | 19 | 10 |
| CRUNCHY L.A. | 410 | 100 | 11 | 1.5 | 0.5 | 2.5 | 10 | 820 | 800 | 69 | 4 | 16 | 13 | 8 |
| JUST SHRIMP TEMPURA | 300 | 60 | 7 | 1.0 | 0.5 | | 45 | 300 | 80 | 50 | 2 | 5 | 4 | 9 |
| SPICY TAKO | 180 | 25 | 3.0 | | 1.0 | 1.5 | 20 | 320 | 150 | 31 | 2 | 3 | 3 | 8 |

CLASSIC MAKI - RAW

| | | | | | | | | | | | | | | |
|-----------------------|-----|-----|----|-----|-----|-----|----|-----|-----|----|---|---|---|----|
| CABO ROLL | 370 | 120 | 14 | 2.0 | 2.0 | 2.5 | 30 | 620 | 170 | 50 | 3 | 6 | 6 | 11 |
| NEGI YELLOWTAIL | 310 | 45 | 5 | 1.0 | 1.5 | 1.5 | 40 | 350 | 330 | 45 | 2 | 4 | 4 | 20 |
| PHILADELPHIA RAW | 320 | 90 | 10 | 4.0 | 1.5 | 1.5 | 30 | 290 | 180 | 46 | 3 | 5 | 4 | 10 |
| PHILADELPHIA (SMOKED) | 300 | 60 | 7 | 3.5 | | | 30 | 580 | 75 | 46 | 3 | 5 | 4 | 11 |
| RAINBOW ROLL | 430 | 140 | 16 | 2.5 | 2.0 | 4.0 | 55 | 600 | 370 | 52 | 4 | 6 | 6 | 18 |
| SAKE | 220 | 50 | 6 | 1.5 | 1.5 | 1.5 | 25 | 180 | 170 | 30 | 2 | 3 | 3 | 11 |
| SPICY SAKE | 230 | 70 | 7 | 1.5 | 2.0 | 2.5 | 25 | 260 | 170 | 31 | 2 | 3 | 3 | 10 |
| SPICY TEKKA | 230 | 70 | 8 | 1.5 | 2.0 | 3.5 | 30 | 270 | 150 | 31 | 2 | 3 | 3 | 9 |
| SPIDER ROLL | 510 | 160 | 18 | 3.0 | 1.0 | 4.0 | 90 | 850 | 230 | 75 | 6 | 8 | 7 | 13 |
| TEKKA | 220 | 50 | 6 | 1.5 | 1.5 | 2.5 | 30 | 190 | 140 | 30 | 2 | 3 | 3 | 10 |

| | Calories | Calories from fat | Total Fat (g) | Saturated Fat (g) | Polyunsaturated Fat (g) | Monounsaturated Fat (g) | Cholesterol (mg) | Sodium (mg) | Potassium (mg) | Total Carbohydrates (g) | Dietary Fiber (g) | Sugars (g) | Added Sugars (g) | Protein (g) |
|-----------------------------|----------|-------------------|---------------|-------------------|-------------------------|-------------------------|------------------|-------------|----------------|-------------------------|-------------------|------------|------------------|-------------|
| VEGAN MAKI | | | | | | | | | | | | | | |
| AVO KALUNA | 430 | 120 | 14 | 1.5 | 1.5 | 7 | | 1090 | 410 | 70 | 9 | 19 | 18 | 8 |
| COWGIRL | 240 | 60 | 7 | 1.0 | | | | 510 | 220 | 43 | 2 | 6 | 5 | 4 |
| CRUNCHY CABBAGE | 420 | 130 | 14 | 2.0 | 2.0 | 1.0 | | 280 | 100 | 61 | 4 | 6 | 4 | 11 |
| EDEN ROLL | 400 | 210 | 23 | 3.0 | 1.0 | 3.5 | | 730 | 370 | 40 | 6 | 3 | | 7 |
| GREEN GODDESS | 310 | 80 | 9 | 1.0 | 1.0 | 4.0 | | 810 | 330 | 53 | 6 | 5 | 4 | 6 |
| PRINCE ROLL | 450 | 150 | 16 | 2.5 | 1.5 | 6 | | 1360 | 360 | 72 | 7 | 20 | 19 | 7 |
| SHIITAKE T ME | 500 | 170 | 19 | 2.5 | | | | 1350 | 290 | 76 | 4 | 20 | 18 | 8 |
| THAI HIPPIE | 480 | 140 | 15 | 2.0 | 3.5 | 4.0 | | 470 | 260 | 70 | 5 | 11 | 4 | 16 |
| UNAMI EXPRESS | 260 | 10 | 1.0 | | | | | 1020 | 125 | 59 | 4 | 16 | 12 | 5 |
| UNAMI MAKI | 260 | 70 | 8 | 3.0 | 0.5 | 1.5 | | 1000 | 150 | 44 | 4 | 12 | 11 | 4 |
| UP IN SMOKE | 360 | 160 | 18 | 4.5 | | 2.0 | | 920 | 510 | 45 | 7 | 5 | 4 | 8 |
| V.L.T. | 200 | 50 | 6 | 1.0 | 0.5 | 1.0 | | 410 | 140 | 35 | 3 | 5 | 3 | 3 |
| VEGAN BLACK DRAGON | 440 | 150 | 17 | 5.0 | | | | 1320 | 330 | 65 | 4 | 14 | 13 | 7 |
| VEGAN HOT NIGHT | 360 | 100 | 12 | 1.5 | 0.5 | 2.5 | | 740 | 410 | 56 | 6 | 5 | 4 | 8 |
| VEGAN HOT POPPER | 240 | 80 | 9 | 3.0 | | | | 460 | 85 | 36 | 3 | 4 | 3 | 5 |
| VEGAN PHILADELPHIA | 280 | 60 | 7 | 3.0 | | | | 510 | 110 | 50 | 3 | 5 | 4 | 5 |
| VEGAN SOUTH PACIFIC | 390 | 100 | 12 | 3.5 | | | | 1080 | 130 | 66 | 4 | 17 | 12 | 5 |
| VEGGIE ROLL | 290 | 70 | 8 | 3.5 | 0.5 | 2.5 | | 310 | 160 | 49 | 4 | 5 | 4 | 4 |
| HAND ROLLS | | | | | | | | | | | | | | |
| CABO - 2 PER ROLL | 180 | 70 | 7 | 1.5 | 1.5 | 2.0 | 20 | 280 | 110 | 20 | 1 | 2 | 2 | 7 |
| SAKE - 2 PER ROLL | 140 | 35 | 4.0 | 1.0 | 1.0 | 1.0 | 15 | 110 | 110 | 18 | 1 | 2 | 2 | 7 |
| SALMON SKIN - 2 PER ROLL | 170 | 60 | 7 | 1.0 | | 0.5 | 20 | 280 | 135 | 21 | 2 | 2 | 2 | 7 |
| SPICY TAKO - 2 PER ROLL | 290 | 190 | 22 | 3.0 | 0.5 | 1.0 | 25 | 360 | 95 | 19 | 1 | 2 | 2 | 5 |
| SPICY TEKKA - 2 PER ROLL | 330 | 230 | 26 | 4.0 | 1.5 | 3.0 | 30 | 320 | 100 | 19 | 1 | 2 | 2 | 6 |
| YELLOWTAIL - 2 PER ROLL | 290 | 30 | 3.5 | 0.5 | 1.0 | 1.0 | 30 | 260 | 260 | 48 | 2 | 5 | 4 | 16 |
| NIGIRI & SASHIMI | | | | | | | | | | | | | | |
| KUNSEI SAKE NIGIRI | 90 | 10 | 1.5 | | | | 15 | 360 | 5 | 12 | | 1 | 1 | 7 |
| KUNSEI SAKE SASHIMI | 70 | 20 | 2.5 | 0.5 | | | 30 | 610 | 70 | 1 | | 1 | | 13 |
| SAKE NIGIRI | 110 | 35 | 4.0 | 1.0 | 1.0 | 1.0 | 15 | 75 | 110 | 12 | | 1 | 1 | 7 |
| SAKE SASHIMI | 120 | 70 | 8 | 1.5 | 2.0 | 2.0 | 30 | 45 | 270 | 1 | | 1 | | 12 |
| SAKE TORO NIGIRI | 90 | 15 | 1.5 | | | | 10 | 70 | 75 | 12 | | 1 | 1 | 7 |
| SAKE TORO SASHIMI | 80 | 25 | 3.0 | 0.5 | 1.0 | 1.0 | 20 | 20 | 140 | | | | | 13 |
| ABURI SAKE TORO NIGIRI | 110 | 30 | 3.5 | 0.5 | 1.5 | 1.5 | 20 | 75 | 115 | 12 | | 1 | 1 | 7 |
| ABURI SAKE TORO SASHIMI | 120 | 60 | 7 | 1.5 | 2.5 | 2.5 | 35 | 45 | 280 | 1 | | 1 | | 13 |

| | Calories | Calories from fat | Total Fat (g) | Saturated Fat (g) | Polyunsaturated Fat (g) | Monounsaturated Fat (g) | Cholesterol (mg) | Sodium (mg) | Potassium (mg) | Total Carbohydrates (g) | Dietary Fiber (g) | Sugars (g) | Added Sugars (g) | Protein (g) |
|-----------------------------|----------|-------------------|---------------|-------------------|-------------------------|-------------------------|------------------|-------------|----------------|-------------------------|-------------------|------------|------------------|-------------|
| NIGIRI & SASHIMI | | | | | | | | | | | | | | |
| WILD SALMON NIGIRI | 100 | 25 | 2.5 | | 0.5 | 1.0 | 20 | 70 | 115 | 12 | | 1 | 1 | 7 |
| WILD SALMON SASHIMI | 100 | 45 | 5.0 | 1.0 | 1.0 | 2.5 | 35 | 40 | 290 | 1 | | 1 | | 12 |
| AMA EBI NIGIRI | 100 | 20 | 2.5 | | | | 45 | 200 | 55 | 13 | | 1 | 1 | 6 |
| AMA EBI SASHIMI | 60 | 15 | 2.0 | | | | 65 | 320 | 80 | 2 | | | | 9 |
| EBI NIGIRI | 80 | 5 | 0.5 | | | | 45 | 120 | 55 | 12 | | 1 | 1 | 6 |
| EBI SASHIMI | 50 | 5 | 1.0 | | | | 65 | 105 | 150 | 1 | | 1 | | 9 |
| HOTATE NIGIRI | 120 | 35 | 4.0 | 0.5 | 1.0 | 2.0 | 10 | 110 | 180 | 15 | 2 | 1 | 1 | 6 |
| HOTATE SASHIMI | 80 | 5 | 0.5 | | | | 30 | 150 | 340 | 3 | | 1 | | 14 |
| UNI NIGIRI | 80 | 10 | 1.5 | | | | 50 | 75 | | 12 | | 1 | 1 | 3 |
| UNI SASHIMI | 30 | 15 | 1.5 | | | | 60 | 15 | | | | | | 3 |
| IKURA NIGIRI | 100 | 10 | 1.0 | | | | 30 | 380 | 65 | 12 | | 1 | 1 | 10 |
| IKURA SASHIMI | 70 | 15 | 1.5 | 0.5 | | | 45 | 480 | 95 | | | | | 13 |
| MASAGO NIGIRI | 90 | | | | | | 75 | 820 | | 18 | | 7 | 7 | 3 |
| MASAGO SASHIMI | 60 | | | | | | 115 | 1130 | | 9 | | 9 | 9 | 3 |
| TAKO NIGIRI | 80 | | | | | | 15 | 125 | 105 | 13 | | 1 | 1 | 5 |
| TAKO SASHIMI | 40 | | | | | | 20 | 110 | 220 | 2 | | 1 | | 7 |
| TAMAGO NIGIRI | 100 | 25 | 3.0 | 0.5 | | 0.5 | 75 | 110 | 30 | 16 | | 5 | 4 | 3 |
| TAMAGO SASHIMI | 110 | 50 | 6 | 1.5 | 0.5 | 1.5 | 150 | 120 | 115 | 9 | | 8 | 7 | 5 |
| TOBIKO NIGIRI | 90 | | | | | | 95 | 360 | | 17 | | 6 | 3 | 3 |
| TOBIKO SASHIMI | 50 | | | | | | 140 | 440 | | 7 | | 7 | 4 | 4 |
| UNAGI NIGIRI | 110 | 30 | 3.5 | 0.5 | | 2.0 | 35 | 110 | 85 | 13 | | 3 | 2 | 6 |
| UNAGI SASHIMI | 90 | 45 | 5 | 1.0 | | 3.0 | 55 | 60 | 190 | 2 | | 2 | 1 | 8 |
| BONITO NIGIRI | 90 | | | | | | 15 | 70 | 150 | 12 | | 1 | 1 | 9 |
| BONITO SASHIMI | 80 | 5 | 1.0 | | | | 35 | 40 | 380 | 1 | | 1 | | 16 |
| TOMBO AHI NIGIRI | 110 | 25 | 2.5 | 0.5 | | | 10 | 230 | 15 | 12 | | 1 | 1 | 8 |
| TOMBO AHI SASHIMI | 120 | 45 | 5 | 1.0 | | | 20 | 360 | 85 | 2 | | 1 | | 16 |
| MAGURO NIGIRI | 110 | 35 | 4.0 | 1.0 | 1.0 | 1.5 | 20 | 85 | 95 | 12 | | 1 | 1 | 6 |
| MAGURO SASHIMI | 120 | 70 | 8 | 2.0 | 2.0 | 3.0 | 40 | 60 | 240 | 1 | | 1 | | 11 |
| DUTCH YELLOWTAIL NIGIRI | 90 | 15 | 1.5 | | | 0.5 | 15 | 70 | 125 | 12 | | 1 | 1 | 7 |
| DUTCH YELLOWTAIL SASHIMI | 90 | 25 | 3.0 | 0.5 | 1.0 | 1.0 | 30 | 35 | 300 | 1 | | 1 | | 13 |
| BLACK TUNA SASHIMI | 90 | 40 | 4.5 | 2.0 | | 2.0 | 35 | 120 | 270 | 1 | | 1 | | 10 |
| WHITE TUNA NIGIRI | 90 | 20 | 2.5 | 1.0 | | 1.0 | 20 | 85 | 110 | 12 | | 1 | 1 | 6 |
| WHITE TUNA SASHIMI | 90 | 40 | 4.5 | 2.0 | | 2.0 | 35 | 60 | 280 | 1 | | 1 | | 10 |
| HIRAME NIGIRI | 80 | | | | | | 15 | 80 | 110 | 12 | | 1 | 1 | 6 |
| HIRAME SASHIMI | 35 | | | | | | 15 | 40 | 190 | 1 | | 1 | | 7 |

| | Calories | Calories from fat | Total Fat (g) | Saturated Fat (g) | Polyunsaturated Fat (g) | Monounsaturated Fat (g) | Cholesterol (mg) | Sodium (mg) | Potassium (mg) | Total Carbohydrates (g) | Dietary Fiber (g) | Sugars (g) | Added Sugars (g) | Protein (g) |
|--|----------|-------------------|---------------|-------------------|-------------------------|-------------------------|------------------|-------------|----------------|-------------------------|-------------------|------------|------------------|-------------|
|--|----------|-------------------|---------------|-------------------|-------------------------|-------------------------|------------------|-------------|----------------|-------------------------|-------------------|------------|------------------|-------------|

NIGIRI & SASHIMI

| | | | | | | | | | | | | | | |
|-----------------------|-----|----|-----|-----|-----|-----|----|-----|-----|----|---|---|---|----|
| MADAI NIGIRI | 90 | 15 | 1.5 | | | 0.5 | 20 | 70 | 100 | 12 | | 1 | 1 | 6 |
| MADAI SASHIMI | 80 | 30 | 3.0 | 0.5 | 1.0 | 1.5 | 35 | 40 | 260 | 1 | | 1 | | 10 |
| AVOCADO NIGIRI | 120 | 50 | 6 | 1.0 | 1.0 | 3.5 | | 65 | 160 | 15 | 3 | 1 | 1 | 2 |
| INARI NIGIRI | 170 | 30 | 3.5 | 0.5 | | | | 230 | 10 | 30 | 1 | 9 | 9 | 4 |
| UNAMI NIGIRI | 80 | 5 | 0.5 | | | | | 540 | 65 | 16 | 1 | 4 | 4 | 1 |
| KALUNA NIGIRI | 80 | 10 | 1.5 | | | | | 140 | 30 | 14 | 2 | 1 | 1 | 2 |
| TOBIKO CAVIART NIGIRI | 60 | | | | | | | 520 | | 12 | | 1 | 1 | 1 |
| MASAGO CAVIART NIGIRI | 60 | | | | | | | 460 | | 12 | | 1 | 1 | 1 |
| IKURA CAVIART NIGIRI | 80 | 25 | 3.0 | | | | | 400 | | 12 | | 1 | 1 | 1 |

KODOMO / KIDS

| | | | | | | | | | | | | | | |
|--------------------------------------|-----|-----|-----|-----|-----|-----|----|------|-----|-----|----|----|----|----|
| LITTLE BENTO BOX WITH AVOCADO ROLL | 440 | 190 | 21 | 3.0 | 2.0 | 6 | | 480 | 620 | 55 | 11 | 5 | | 12 |
| LITTLE BENTO BOX WITH CALI ROLL | 550 | 200 | 22 | 3.0 | 1.0 | 2.5 | 15 | 1010 | 440 | 74 | 9 | 11 | 6 | 15 |
| LITTLE BENTO BOX WITH CHICKEN | 600 | 310 | 35 | 5 | | | 50 | 1310 | 250 | 43 | 5 | 6 | 1 | 26 |
| LITTLE BENTO BOX WITH CRUNCH KIDO | 670 | 200 | 23 | 2.5 | 3.5 | 7 | 35 | 1580 | 370 | 100 | 7 | 26 | 20 | 17 |
| LITTLE BENTO BOX WITH SAKE ROLL | 430 | 150 | 17 | 3.0 | 2.0 | 1.5 | 25 | 640 | 410 | 52 | 6 | 8 | 3 | 18 |
| LITTLE BENTO BOX WITH SALMON | 510 | 290 | 33 | 5 | 4.5 | 4.5 | 65 | 570 | 650 | 23 | 5 | 5 | | 30 |
| LITTLE BENTO BOX WITH SHRIMP TEMPURA | 330 | 170 | 19 | 2.5 | | | 65 | 570 | 330 | 25 | 5 | 5 | | 16 |
| LITTLE BENTO BOX WITH TOFU | 700 | 340 | 39 | 5 | 3.5 | 1.5 | | 1950 | 250 | 73 | 6 | 33 | 28 | 23 |
| ADD KIDS BENTO SESAME NOODLES | 110 | 15 | 1.5 | | | | | 25 | 10 | 20 | 1 | 1 | | 4 |
| ADD KIDS CHICKEN TENDERS | 390 | 210 | 24 | 4.0 | | | 50 | 840 | | 20 | | 1 | 1 | 19 |

SIDES

| | | | | | | | | | | | | | | |
|-----------------------------|-----|-----|-----|-----|-----|-----|-----|------|-----|-----|---|----|----|----|
| CHICKEN FRIED RICE | 820 | 280 | 32 | 4.5 | 1.2 | 11 | 65 | 1620 | 150 | 101 | 5 | 12 | 9 | 32 |
| SIDE CARROT GINGER DRESSING | 140 | 110 | 13 | 2.0 | | | | 65 | 30 | 5 | | 4 | 3 | |
| SIDE SESAME HONEY DRESSING | 110 | 60 | 7 | 1.0 | 1.0 | 1.0 | | 340 | 10 | 11 | | 11 | 11 | 1 |
| SIDE WASABI SOY DRESSING | 150 | 120 | 14 | 2.0 | | | | 460 | | 4 | | 4 | 3 | 1 |
| SIDE GRILLED CHICKEN | 140 | 30 | 3.0 | 0.5 | | | 75 | 100 | | | | | | 26 |
| SIDE SEARED SALMON | 350 | 190 | 21 | 4.5 | 8 | 8 | 105 | 105 | 650 | | | | | 38 |
| STICKY FRIED RICE | 690 | 250 | 28 | 4.0 | 11 | 11 | | 1460 | 150 | 100 | 5 | 12 | 9 | 9 |

Calories
Calories from fat
Total Fat (g)
Saturated Fat (g)
Polyunsaturated Fat (g)
Monounsaturated Fat (g)
Cholesterol (mg)
Sodium (mg)
Potassium (mg)
Total Carbohydrates (g)
Dietary Fiber (g)
Sugars (g)
Added Sugars (g)
Protein (g)

DESSERTS

| | | | | | | | | | | | | | | |
|--------------------------------------|------|------|-----|-----|-----|-----|-----|-----|-----|-----|---|----|----|----|
| CHOCOLATE SPRING ROLL | 1540 | 840 | 95 | 36 | 4.0 | 13 | 270 | 310 | 810 | 168 | 9 | 92 | 81 | 23 |
| GREEN TEA ICE CREAM | 350 | 170 | 19 | 11 | | | 75 | 105 | 10 | 42 | | 39 | 39 | 8 |
| MOCHI BLACK SESAME (1 CAKE) | 90 | 25 | 3.0 | 1.0 | | | 5 | 30 | 45 | 15 | | 11 | 11 | 1 |
| MOCHI MANGO (1 CAKE) | 80 | 10 | 1.0 | 1.0 | | | | 10 | 20 | 16 | | 10 | 10 | |
| MOCHI MATCHA (1 CAKE) | 90 | 20 | 2.0 | 1.0 | | | 5 | 20 | 55 | 15 | | 11 | 11 | 1 |
| MOCHI CHOCOLATE HAZELNUT (1 CAKE) | 90 | 20 | 2.0 | 1.0 | | | | 15 | 35 | 16 | | 10 | 10 | 1 |
| MOCHI LYCHEE (1 CAKE) | 80 | 10 | 1.0 | 1.0 | | | | 10 | 15 | 16 | | 10 | 10 | |
| TEMPURA FRIED ICE CREAM | 1900 | 1060 | 120 | 52 | | | 290 | 530 | 790 | 191 | 3 | 87 | 61 | 22 |
| VEGAN CHOCOLATE TORTE | 570 | 290 | 33 | 20 | 1.0 | 3.0 | | 25 | 580 | 72 | 8 | 56 | 51 | 5 |

COCKTAILS

| | | | | | | | | | | | | | | |
|--------------------------------|-----|----|-----|-----|--|--|----|------|-----|----|---|----|----|---|
| BLUE MULE | 140 | | | | | | | 5 | 10 | 12 | | 11 | 11 | |
| BLUETINI | 200 | | | | | | | | 40 | 16 | | 13 | 13 | |
| CHINA DOLL | 120 | | | | | | | | 70 | 10 | | 8 | 5 | |
| COCONUT BREEZY | 250 | 10 | 1.0 | 0.5 | | | | | 50 | 36 | | 31 | 31 | |
| CUCUMBER JALAPENO MARGARITA | 220 | | | | | | | 450 | 60 | 13 | | 11 | 10 | |
| DIRTY BLUE - GIN | 320 | 45 | 5.0 | 1.0 | | | 5 | 1910 | | | | | | 1 |
| DIRTY BLUE - VODKA | 290 | 45 | 5.0 | 1.0 | | | 5 | 1910 | | | | | | 1 |
| ESPRESSO MARTINI 2.0 | 230 | 70 | 8 | 6 | | | 35 | 10 | 65 | 13 | | 12 | 12 | |
| HAPA HIGHBALL | 130 | | | | | | | | 70 | 13 | | 10 | 7 | |
| HIBISCUS SPIKED LEMONADE | 130 | | | | | | | 5 | 110 | 11 | 1 | 6 | 3 | |
| HOUSE LIME MARGARITA | 220 | | | | | | | 10 | 10 | 16 | | 7 | 7 | |
| KOKUTO WHISKEY | 170 | | | | | | | | 15 | 9 | | 7 | 6 | |
| RASPBERRY MOJITO | 170 | | | | | | | | 30 | 23 | | 22 | 21 | |
| SAMURAI SAKETINI | 180 | | | | | | | | 60 | 10 | | 7 | 7 | |
| STRAWBERRY DAISY | 310 | | | | | | | 280 | 60 | 31 | | 27 | 26 | |
| ULTRA MARGARITA | 310 | | | | | | | 280 | 70 | 21 | | 17 | 15 | |
| WHITE PEACH DAIQUIRI | 120 | | | | | | | | 35 | 14 | | 9 | 7 | |

ALCOHOL FREE

| | | | | | | | | | | | | | | |
|----------------------|----|--|--|--|--|--|--|----|-----|----|---|----|---|---|
| COCO HYDRATION | 80 | | | | | | | 60 | 600 | 23 | | 15 | 6 | |
| DRAGONFRUIT LEMONADE | 35 | | | | | | | | 105 | 11 | 3 | 3 | | 1 |
| HIBISCUS SQUEEZE | 45 | | | | | | | 5 | 130 | 14 | | 8 | 5 | |