

Workforce Development Program

A Workforce Development Program to develop skills and experience in Perinatal and Infant Mental Health



**PERINATAL & INFANT
MENTAL HEALTH**

An Initiative of Gidget Foundation Australia®





How do I apply for the Workforce Development Program?

To register your interest please email
vacancies@gidgetfoundation.org.au

WHAT IS THE WORKFORCE DEVELOPMENT PROGRAM?

The Perinatal and Infant Mental Health Training & Development Institute has been developed by Gidget Foundation Australia to address the nationwide shortage of specialist perinatal mental health clinicians.

THE WORKFORCE DEVELOPMENT PROGRAM offers comprehensive 'on the job' training, supervision and professional development to individuals with clinical experience but limited perinatal mental health experience, who are looking to develop skills and experience in the field of perinatal mental health.

THIS WORKFORCE DEVELOPMENT PROGRAM IS FREE AND INCLUDES:

- The opportunity to develop skills and experience in perinatal and infant mental health and early intervention whilst delivering counselling support to clients
- Two half day training workshops prior to client consultation commencement
- Professional development delivered by perinatal and infant mental health experts
- Weekly individual supervision with a Senior Perinatal Psychologist or Accredited Mental Health Social Worker
- Monthly group supervision with a Senior Perinatal Psychologist or Accredited Mental Health Social Worker
- Access to Gidget Foundation Australia library and online resources
- Gidget Foundation Australia Perinatal and Infant Training and Development Institute Certificate of Completion, plaque and electronic logo signature



**PERINATAL & INFANT
MENTAL HEALTH**

An Initiative of Gidget Foundation Australia®



GIDGET FOUNDATION AUSTRALIA WILL PROVIDE THE FOLLOWING SUPPORT:

- Centralised appointment booking and management
- A room in one of its multiple locations across Australia, or the option of working from home via the Start Talking program
- No rental or overhead contribution
- Client sourcing, administrative support, and service promotion

CLINICIAN REQUIREMENTS:

- Accreditation or registration as a clinical or registered psychologist, accredited mental health social worker or mental health occupational therapist
- Trainees are expected to commit to building up to seeing a minimum of 5 clients a week
- Ongoing commitment to continue employment with Gidget Foundation Australia for at least a half day per week for 12 months post the one-year development program
- Demonstrated proficiency in comprehensive psychological assessment and evidence-based therapy with mental health issues
- At least two years post registration or accreditation experience desirable
- Experience in child and family work, or trauma desirable

- Demonstrated ability to work within a recovery-oriented model, utilising a person/family centred approach
- Demonstrated high level communication, interpersonal and problem-solving skills
- Ability to work independently under approved professional supervision
- Effective caseload management

If interested, please email
vacancies@gidgetfoundation.org.au



**PERINATAL & INFANT
 MENTAL HEALTH**

An Initiative of Gidget Foundation Australia®





Gidget Foundation Australia is a not for profit organisation that provides programs to support the emotional wellbeing of expectant and new parents.

Gidget was the nickname of a vibrant young mother who tragically took her own life while experiencing postnatal depression, a diagnosis that she kept to herself. Together, her loving family and friends created Gidget Foundation Australia, determined that what happened to *Gidget* would not happen to others. Today, the Foundation is supported by passionate individuals, community leaders, government and health professionals.

New babies bring joy along with challenges.

1 in 5 mothers and **1 in 10 fathers** will experience perinatal depression and anxiety; that's around 100,000 Australians each year.

Gidget Foundation Australia exists to support the emotional wellbeing of expectant and new parents to ensure they receive timely, appropriate and specialist care.