

Experienced Perinatal Mental Health Social Worker/Mental Health Nurse/ Psychologist/ to work at Gidget House Mudgee

We offer immediate or flexible start dates, client sourcing, administrative support and service promotion. No rental or overheads contribution is required.

The Position:

We're looking for Mental Health Social Workers, Mental Health Nurses & Clinical/Registered Psychologists, to deliver face to face psychological support at our newly established Gidget House in Mudgee located at Blooms the Chemist. Please note that clinicians are able to provide a blended service delivery with both face-to-face and telehealth consultations currently on offer to clients.

Our specialist perinatal (conception to one year postpartum) clinicians provide a wide range of individual, couple and parent-infant therapies to women and their partners. In addition to pre-conception counselling, we offer services to those experiencing, or at risk of developing, perinatal depressive, anxiety and trauma or stressor-related disorders. Support is also provided to women and their partners who have experienced a pregnancy or childbirth-related loss, e.g. stillbirth, miscarriage or termination.

Gidget Foundation Australia offers more than \$5K in annual benefits, including;

- Access to free specialist PMH seminars
- Free Supervision (group & individual) and professional development opportunities
- Full-time or multiple part time contractor positions.
- Centralised appointment booking and management.
- Opportunity to specialise in perinatal mental health and early intervention.

Requirements:

- Demonstrated proficiency in comprehensive psychological assessment and evidence-based therapy relevant to expectant and new parents with perinatal mental health issues.
- Psychologists & Mental Health Nurse applicants require AHPRA registration. Mental Health Social Workers must be eligible for membership with the AASW.
- At least 3 years post-registration experience, with specific experience working with perinatal clients or in a complementary field. (For social workers and mental health nurses, demonstrated independent caseload management experience with perinatal clients, if accreditation is not yet complete, candidates will still be considered).
- Demonstrated ability to work within a recovery-oriented model, utilising a person/family centred approach.
- Demonstrated high level communication, interpersonal and problem-solving skills.
- Ability to work independently under approved professional supervision.
- Effective caseload management.

The Foundation:

Gidget Foundation Australia is a not-for-profit organisation that supports the emotional wellbeing of expectant and new parents. "Gidget" was the nickname of a vibrant young mother who tragically took her own life while suffering postnatal depression. She hid her suffering from even her loving family and friends. Together, they created the Gidget Foundation Australia determined that what happened to Gidget would not happen to others.

Applications:

Please submit cover letter with your resume to Peni Bailey at vacancies@gidgetfoundation.org.au or 0438 761 329. Referees will be sought upon short list completion.

The suitable applicants will be subject to the relevant pre-employment checks for appointment to positions at Gidget Foundation Australia.

Gidget Foundation Australia is committed to achieving a diverse workforce and strongly encourage applications from Aboriginal and Torres Strait Islander people.

Gidget Foundation Australia COVID-19 Vaccination Policy requires all staff delivering a face-to-face service to be fully vaccinated against COVID-19.