



**SECRET HARBOUR BOUTIQUE
HOTEL & MARINA**

ACTIVITIES IN GRENADA

A LIST OF FUN ACTIVITIES TO DO AND SEE IN GRENADA

www.secretharbourgrenada.com | enquiries@secretharbourgrenada.com |
+1 (473) 444 4449

Lance aux Epines – P.O Box 1362 Grand Anse – St George's, Grenada – West Indies



**SECRET HARBOUR BOUTIQUE
HOTEL & MARINA**

ACTIVITIES IN GRENADA

FROM ADVENTURES TO ATTRACTIONS TO RAINY DAY ACTIVITIES!

We have compiled the best things to do/see in Grenada to make your visit to the island the most memorable and unforgettable experience ever. We have selected rainy day activities, those for your adventurous side and of course those to just sit back and relax and let yourself be pampered in paradise.

For guided tours and taxis please see with our reception to book for you.

ADVENTURES

Hike Mt. Qua Qua with Hidden Treasures Tours

Hike Mt. Qua Qua and see the stunning Grand Etang Lake with Simon from Hidden Treasures Tours.

There are over 10 ten hiking trails to explore the different flora, fauna and lush vegetation. Hidden Treasure Tours cater to various endurance levels and can take you to hidden waterfalls and daring ridges.

Contact for more information and pricing

T. +1 (473) 459- 1582
@HIDENTREAURESHIKES





ADVENTURES

Hash with Grenada Hash House Harriers

Every Saturday join in on the fun of hashing with Grenada Hash House Harriers!

Explore different trails around Grenada and meet this enthusiastic group of "drinkers with a running problem".

Each trail is tailored for beginners or ones who want to walk and the runners trial which is a bit more difficult.

At the end enjoy getting sprayed by beer (if it is your first time) or just enjoy a drink with the group in different stunning locations around Grenada.



WWW.GRENADAHASH.COM

FB @GRENADA HASH HOUSE HARRIERS



ADVENTURES

Sunsation Tours

Sunsation tours offer tailored island excursions for anyone looking for an adventure. Take a ride in "Woody" the traditional wooden bus for a full day of adventure and fun! Explore Grenada's best kept secrets. Pick one of their excursions or create your own. They also offer eco-tours, off-island tours to the Grenadines and Carriacou as well as garden tours. "Woody" tour.

Contact them for more information and pricing



T. +1 473-444-1594

@SUNSATATION.TOURS.GRENADA



ADVENTURES

Sunhunters - Buggy and Jeep Tours

Dune Buggy Hogg Island Adv.

EC\$150 per person. Daily 9am - 12pm & 2pm - 5pm

Dune Buggy Annadale

Waterfall Adv. EC\$180 per person. Includes lunch at Wild Orchid. Daily: 10am - 3pm

Min of 4 persons in 2 buggies & a max of 12 persons in 6 buggies. Minimum recommend age is 10 years old.

Free to Wander Jeep Adv.

EC\$230 per person

Min of 4 persons to 1 jeep & a max of 28 persons in 7 jeeps. No minimum age- car seats are available upon request.

Price includes lunch and 2 activities of your choice. Daily 10am

Drivers 21+ years

T. +1 473-423-4868

@SUNHUNTERSGRENADA



ADVENTURES

River Tubing

Enjoy Grenada's Great River - Balthazar River in a different form.

Travel down the river in rubber tubes over white water, rocks and rapids.

Experience the unique blend of nature and adventure and breathe in the fresh air taking in the exotic flora and fauna which Grenada has to offer.

River Tubing is best enjoyed in a group, so be sure to bring your family and friends along.



FUNTASTIC ISLAND ADVENTURES

T. +1 473-435-2180

@GOFUNTASTICTOURS

AQUACARIB ADVENTURES

T. +1 473-421-4100

@AQUACARIB_ADVENTURES

ADVENTURES

Adventure Jeep

The ultimate rainforest and island experience. Offering a half and full-day soft adventure combination tour specialising in the exploration of Grenada's natural beauty, in an all-terrain jeep offering a 360 degree panoramic view.

Full-Day: 9:00AM- 4:00 PM

Adult US\$95 per person

Child US\$70 per person (6-12 years)

Includes a meal and entrance fees

Half-Day: 9:00AM

Charters only. Min 6 persons; Max 10 persons

US\$550

Price inclusive of refreshments, entrance fees and taxes

T. +1 473-444-5337

©ADVENTURETOURS_GRENADA



ADVENTURES

Horseback Riding with Bonanza Stables

Explore Grenada on Horseback with Bonanza Stables, located in MardiGras , St. George's!

Bonanza Stables offers guided horseback tours around St. George's. Ride along the beautiful Grand Anse Beach on horseback.

They also offer horseback riding lessons and it is kid friendly too! Visit the stables to meet the horses and the other farm animals!

Contact them for more information



T. +1 473-406-0884
@BONANZASTABLESGND



BEACHES

Experience the blue, warm waters of the Caribbean Sea that Grenada has to offer. All of the beaches on the south of the island are no more than 20 minutes away from Secret Harbour.

All these beaches are free and each unique in its' own way.!

Grand Anse Beach

**Located: Grand Anse, St.
George's**

Magazine Beach

**Located: Point Salines, St.
George's**

Levera Beach

**Located: Levera, St.
Patrick's**

Morne Rouge Beach (BBC)

**Located: Morne Rouge St.
George's**

La Sagesse Beach

**Located: La Sagesse, St.
David's**

Bathway Beach

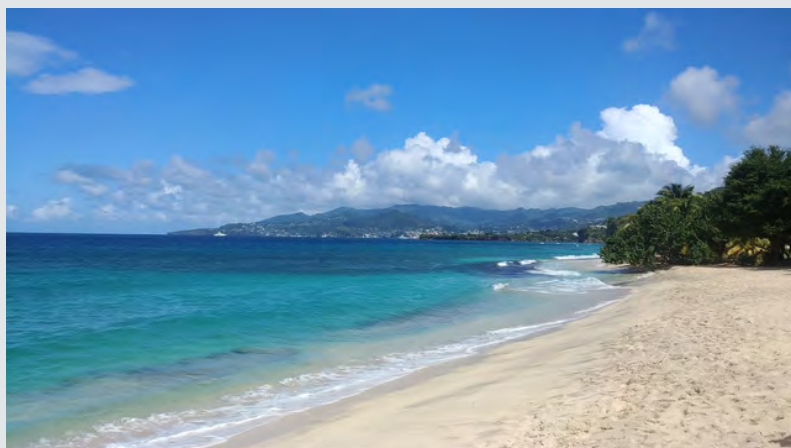
**Located: Levera, St.
Patrick's**

Lance Aux Epines Beach

**Located: Lance Aux Epines,
St. George's**

Dr. Groom's Beach

**Located: Point Salines, St.
George's**





WATERFALLS

Being a volcanic island, Grenada is filled with refreshing waterfalls! Take a dip in the cool waters surrounded by lush, green vegetation and experience the calming sounds of the falls .

There are waterfalls located around various parts of the island with the closest being approximately 40 minutes away, some requiring a hike.

Annandale

**Located: Willis, St.
George's**

Adelphi Falls

**Located: Birch Grove,
St. Andrew's**

Tufton Hall Waterfalls

**Located: Victoria, St.
Mark's**

Royal Mt. Carmel Falls

**Located: Mount Carmel,
St. Andrew's**

Seven Sisters

**Located: Grand Etang,
St. Andrew's**

Concord

**Located: Concord,
St. John's**





SULPHUR SPRINGS

Volcanic islands have lots of natural rejuvenating and relaxing wonders to explore, the sulphur springs (or hot springs) are one of the best places to connect with nature, relax and get an all natural exfoliation and healing properties, Grenada has 2 sulphur springs which are accessible by hiking. It is recommended that you take a tour guide along with you.

River Sallee Hot Springs
Located: River Sallee, St.
Patrick's

Clabony Springs
Located: Clabony, St.
Andrew's





Another natural feature which Grenada boasts are the two lakes which can be found nestled amongst lush vegetation and cool breeze. Grand Etang (the more well-known of the two lakes) is a natural water filled crater lake from one of Grenada's extinct volcanoes. You can hike the Mt. Qua Qua trail to experience the real beauty of Grand Etang Lake.

Lake Antoine is located on the northern side of the island. Walking along the trail to get to the lake is home to some beautiful species of birds, making it a great trail for avid birdwatchers.

Grand Etang Lake

Located: Grand Etang, St. Andrew's

Levera Pond

Located: Levera, St. Patrick's

Lake Antoine

Located: Upper La Taste, St. Patrick's



ON THE WATER

Scuba Tech

Scuba Tech is located in Calabash Hotel on Lance Aux Epines beach. They are a PADI and TDI certified dive center.

We have a great partnership with Scuba Tech and they are our first choice when it comes to sunset sails, scuba and snorkel trips as well as water-sports.

Their highly-trained and skilled staff ensure your safety on and under the water.

They teach in English, German and French.

Dive Excursions : start at US\$60 for a single dive

Sunset Champagne Cruise: Starts at US\$90 per person

Dive Courses: starting at US\$135

@SCUBATECH





ON THE WATER

Savvy's Wooden Boat

Savvy is a hand built Petite Martinique Sloop. Our private sailing charters enhance the romance of being aboard this unique vessel. Sunset Cruise, Half Day Snorkel Cruise, Full Day Cruise and Two Day Trip to the Grenadines.

Day Sail: 9A-3P or 12:30p-6:30P (includes sunset). Lunch, snacks & drinks included.

Half Day Snorkel: 9:30A- 1P or 3P-6:30P (includes sunset). Drinks included. US\$650.

Sunset Sail: 4P-6P. Snacks and drinks included. US\$450.

Max 10 person

For Carriacou and Grenadines trip please contact Savvy Sailing.

T. +1 473-409-3255

@SAVVYSAILING





ON THE WATER

Sail up the Islands Grenadines & Tobago Cays

Experience sailing up the islands with crystal clear blue waters, lovely ocean breeze, on a chartered yacht.

There are several companies in Grenada that can help plan a trip of a lifetime.

HORIZON YACHT CHARTERS

T. +1 473-439-1000

@HORIZONGRENADA4725

NSS GRENADA

T. +1 473-418-2582

@NSS_GRENADA

DREAM YACHT CHARTERS

T. +1 473-423-1187

@DREAMYACHTCHARTER





ON THE WATER

Visit our Sister Isles

Grenada is a tri-island state. Carriacou and Petite Martinique lie north of Grenada. They are smaller than Grenada but they host some of the best beaches, views and waters you will see!

Visit Carriacou by plane or boat. Petite Martinique is only accessible by boat.

OSPREY LINES

T. +1 473-440-8126/443-8126

WWW.OSPREYLINES.COM

@OSPREYLINESGRENADA

DOLLY C FERRY

T. +1 473-410-2055

WWW.DOLLYC.COM

TYRREL BAY EXPRESS

T. +1 473-444-6060

WWW.TYRRELBAYEXPRESS.COM

@TYRRELBAYEXPRESS

SVG AIR

T. +1 473-444-1475

WWW.SVGAIR.COM





ON THE WATER

Cayaks - Clear Kayaks

Grenada

Take a clear bottom Kayak tour of Pure Grenada. Visualize and internalize Grenada's unspoilt underwater landscape in its true beauty and magnificence.

The Reef Spotter: US\$65 per person. Mini tour starting from BBC Beach and down the picturesque south-western coast.

Day Tour & Drone Shoot: US\$260 per person. Capture the perfect Instagram shot of you relaxing in crystal clear blue waters.

Night Tour: US\$115 per person. Admire the beautiful marine life at night with illuminated Kayaks.

T. +1 473-456-2665

@CAYAKSGRENADA





ON THE WATER

Conservation Kayaks

Guided kayak trips focused on enjoying and preserving the beauty of nature.

Catered for novices and experts alike, there are tandem (double) kayaks available upon request, and no previous kayaking experience is necessary. (However, you must be able to swim and be comfortable in and around the sea).

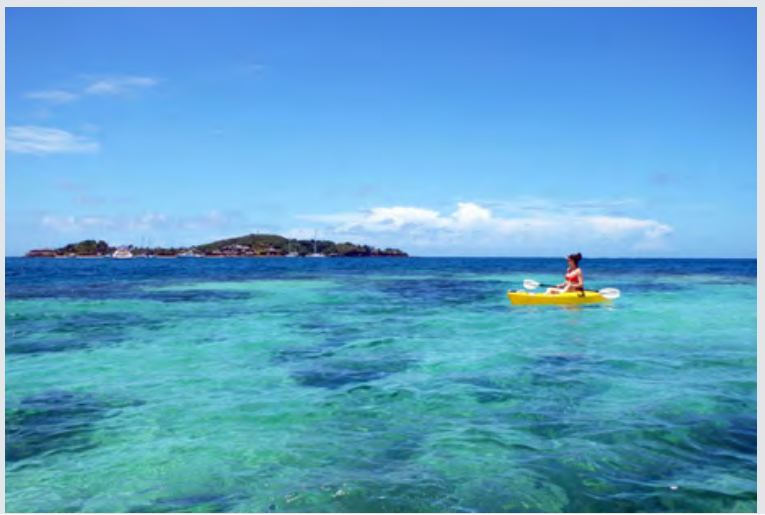
There are several different tours ranging from US\$70 per person to US\$285 per person.

There is a 10% discount for group bookings of 6 or more.

Contact for more information.

T. +1 473-449-5248

@CONSERVATIONKAYAKS



ON THE WATER

Watersports

There are several different water-sports that various operators provide.

There is paddle boarding, windsurfing, wakeboarding, water skiing, kayak rentals, hydro biking and Hobie Cat sailing.

Lessons are provided by most operators.

Contact for more information.

SCUBATECH GRENADA

T. +1 473-439-4346

@SCUBATECH_

NATIVE SPIRIT

T. +1 473-439-7013

@NATIVESPIRITSCUBA

DIVE GRENADA

T. +1 473-414-6229

@DIVEGRENADA

ECO DIVE GRENADA

T. +1 473-444-7777

@ECO_DIVE_GRENADA

SPICE ISLE EXPLORATION

T. +1 473-422-5910

@SPICE.ISLE.EXPLORATION





ON THE WATER

Glass Bottom Boat

Ready to explore Grenada's underwater world from the comfort of a boat? Hop aboard the Sun Lover to enjoy the colours of the Caribbean Sea.

Above you will experience Grenada's breathtaking coastline, whilst also discovering the wonders of the sea below.

Peer through the glass at the bottom of the boat to see the underwater sculpture park, coral reefs and marine life, all whilst keeping dry!

T. +1 473-534-1775

@SUNLOVERGRENADA





ON THE WATER

Fishing Charters

Enjoy sport fishing trips in Grenada aboard the Wayward Wind, a 31 ft Bertram 31 Flybridge. Skipper Stewart can take you to the best spots for marlin, sailfish, tuna, wahoo and dorado. Ideally suited for 4 persons, the Wayward Wind's charters are of 4 to 8 hours duration and include tackle and cold drinks. The Wayward Wind departs from the Grenada Yacht Club in St. George's.

T. +1 473-538-9821

EMAIL: STEWART@GRENADAFISHING.COM





Island Day Visits

Grenada has many smaller uninhabited islands surrounding it not including her sister isles (Carriacou and Petite Martinique). Some of these islands are privately owned (like Sugar Loaf and Calivigny), however there are two island in particular that will make your Grenada Trip worth the while.

Hog Island is located on the south of Grenada between Lance Aux Epines and Woburn and is accessible by water taxi or footbridge. On Sunday's the island really comes alive with the opening of Roger's Barefoot Beach Bar featuring live music and a BBQ. Around Hog Island there is a host of different marine life and live coral reef, making it an excellent spot for scuba diving and snorkelling.

At the northern most end of Grenada you will find Sandy Island. Crystal clear blue waters all around, secluded beach and perfect waters for sailing.

There is another Sandy Island which is a located closer to Carriacou. This is the perfect romantic getaway. It boasts some of the clearest waters making it the perfect spot for snorkelling. If you are lucky enough you can see sea turtles! The powdery white sand and palm trees make it a picturesque location.

Contact local tour guides and water taxis for more information on visiting these islands.





UNDER THE SEA

Scuba Diving & Snorkelling

Colourful coral reefs, spectacular shipwrecks, exhilarating drift dives and a unique underwater sculpture park – we have it all. With more than 50 sites of intriguing underwater wonder to be discovered, it's no wonder that divers of all levels from around the world are attracted to our island.

Our world famous underwater sculpture park is a must see!

There are several different dive operators, each offering something a bit different.

From learning how to dive to going deep down below, they have it all.

If you are not comfortable going deep down, each operator offers snorkelling!

Contact for more information.

AQUANAUTS GRENADA

T. +1 473-444-1126

@AQUANAUTSGRENADA

ECO DIVE GRENADA

T. +1 473-444-7777

@ECO_DIVE_GRENADA

SCUBATECH GRENADA

T. +1 473-439-4346

@SCUBATECH_

DIVE GRENADA

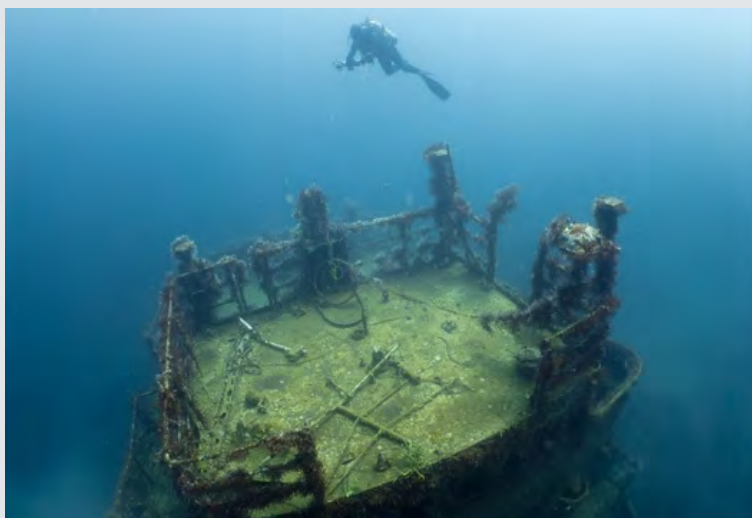
T. +1 473-414-6229

@DIVEGRENADA

NATIVE SPIRIT

T. +1 473-439-7013

@NATIVESPIRITSCUBA





Belmont Estate

Belmont Estate offers travellers an exceptional experience ensuring guests gain a real and eco-friendly taste of Grenada, its history, culture, flavours and traditions.

Stroll in the tropical gardens while being caressed by the beauty and sounds of nature and be enchanted by the amusing antics of our friendly farm animals, monkeys, parrots and tortoises.

Belmont Estate offers several tours of its grounds; from plantation tours, to a museum and of course the most exciting of them all, the "Bean to Bar Chocolate Tour".

On Sundays enjoy local cuisine in their Estate Restaurant.

Tour price: EC\$13 (adults) Kids (12 & under) EC\$5

Contact for more information

T. +1 473-442-9524

@BELMONTESTATE





ATTRACTIONS



House of Chocolate Grenada

House of Chocolate is a unique and beautiful hand-crafted mini-museum portraying the history of chocolate in Grenada. Tour the museum and learn all about it.

A small boutique offers a selection of all things made with cocoa in Grenada. To complete the tour enjoy chocolate goodies from the café; from yummy cakes, to bonbons and of course chocolatey drinks. Don't forget to try the delicious chocolates that are made onsite.

T. +1 473-440-2310

@HOUSEOFCHOCOLATEGRENADA





ATTRACTIONS

Chocolate Factories

Grenada is known for its delicious cocoa which contributes to its rich, dark chocolate which is made on the island.

There are various producers and distributors of Grenada chocolate and visiting at least one of the chocolate factories is a must on your visit to Grenada.

Visit Diamond Chocolate Factory in Victoria, St. Marks for a tasting factory tour to see how the chocolate is made, enjoy some chocolatey bites in their café or shop for local arts and crafts.

DIAMOND CHOCOLATE FACTORY

T. +1 473-437-1839

@DIAMONDCHOCOLATEFACTORY

Alternatively visit the Grenada Chocolate Company in Hermitage, St. Patrick's. This is the first tree to bar chocolate in Grenada. Enjoy a guided tour of the plantation and see the cocoa trees and pods and how their world famous chocolate is made. Sustainability is at the core of what they do, and their founders ensure the local farmers are rewarded fairly.

Contact for more information

GRENADA CHOCOLATE COMPANY

T. +1 473-442-0050

@GRENADACHOCOLATE





Chocolate Factories

Visit Crayfish Bay Organics Cocoa Estate located in Crayfish Bay, St. Marks for a friendly, welcoming tour of the cocoa estate, and the process of how the chocolate is made. Enjoy the serene views of the Caribbean Sea from here too!

Take a trip to the big parish of St. Andrew's to visit L'Esterre Estate a family-run cocoa farm. Visit the 200 year-old estate where their mission is to make ethical, honestly grown cocoa & spices accessible to everyone.

A closer location to get your chocolate fix is Tri-Island Chocolate located in Beaulieu, St. George's. Here you can make your very own custom chocolate bar, enjoy chocolate treats and even rum infused chocolate truffles!

Contact for more information



CRAYFISH BAY ORGANIC COCOA ESTATE
T. +1 473-442-1897
@CRAYFISHBAYORGANICS

L'ESTERRE ESTATE ORGANICS
T. +1 473-442-7339
@LESTERREORGANICS

TRI-ISLAND CHOCOLATE FACTORY
T. +1 473-449-2626
@TRIISLANDCHOCOLATEFACTORY





Forts

During the colonisation of Grenada by the French and British, several forts were set up around the parish of St. George's to form a defensive line against invaders. Grenada now has 3 forts which you can visit to take in the breathtaking views of the Caribbean Sea and the town of St. George. Upon visiting the forts you can also learn more about history of Grenada and how the French and British fought to gain control of the island, as well as The Grenada Revolution.

FORT MATTHEW
LOCATED: ST. GEORGE'S



FORT FREDERICK
LOCATED: RICHMOND HILL,
ST. GEORGE



FORT GEORGE
LOCATED: ST. GEORGE,
ST. GEORGE'S





Plantations/Gardens

Revel in the beauty of the plantations and botanical gardens which Grenada has to offer.

Whisk away to Laura's Herb & Spice Garden, a short 30 minute drive to see and learn about how some of our spices are grown. Relax in the sounds of nature in their wooden gazebo and at the end of the tour check out their gift shop.

Grenada's rich history of the slave trade has left behind old plantation houses, estates and slave pens. There are a few to visit, however beware that all of them are not in the best condition and it does require some light walking through the overgrown vegetation.

LAURA'S HERB & SPICE GARDEN

T: +1 (473) 443-2604

**LOCATED: PERDMONTEMPS,
ST. DAVID'S**

PALM TREE GARDEN

T: +1 (473) 456-2092

**LOCATED: LAURA LAND,
ST. DAVID'S**

SUNNYSIDE GARDENS

T: +1 (473) 407-4005

**LOCATED: ST. PAUL'S,
ST. GEORGE'S**

MYRISTIC MOUNTAIN

T: +1 (473) 457-5757

LOCATED: ST. PATRICK'S

HERMITAGE PLANTATION HOUSE

T: +1 (473) 442-9277

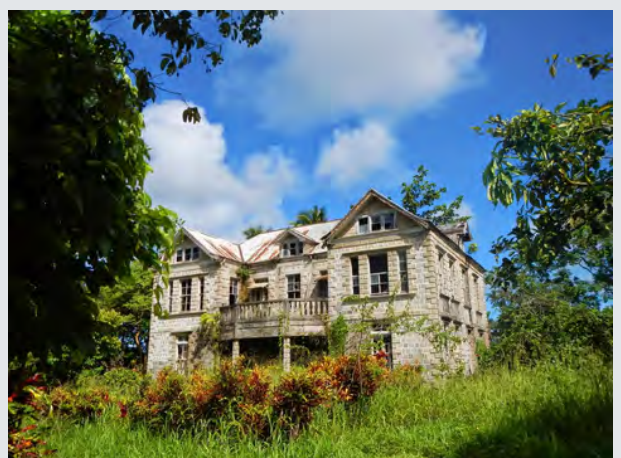
LOCATED: HERMITAGE, ST. PATRICK'S

MT. RICH PLANTATION

LOCATED: MT. RICH, ST. PATRICK'S

MOURNE FENDUE PLANTATION HOUSE

**LOCATED: MOURNE FENDUE, ST.
PATRICK'S**





RUM DISTILLERIES



Rivers Antoine Rum Distillery

A privately owned distillery, whose processes have changed little since the 1800s, is the oldest functioning water-propelled distillery not only in Grenada, but throughout the Caribbean.

Located in River Antoine, St. Patrick's, this distillery produces rum between 75% and 80% overproof, it is a must try, although it is very strong!

T. +1 473-442-7109

@RIVERSRUM





RUM DISTILLERIES



Westerhall Estate

Wanting to see the entire rum making process but without the long drive to the north of the island? A quick 20 minute drive takes you to Westerhall Estate located in St. David.

The attraction is home to the oldest working waterway in the western hemisphere. In the distillery itself there are still vestiges of the old artefacts and equipment that make up the refinery process.

After the tour enjoy organic lunches at the estate and sample a variety of rums including any new rums that have been mixed up.

T. +1 473-443-5477

@WESTERHALLRUMSGRENADA





RUM DISTILLERIES



Clarke's Court

An even shorter drive to see how rum is made is situated a mere 15 minutes drive away from Secret Harbour in Woodlands. Clarke's Court Distillery is the largest and best-known distillery in Grenada.

The distillery has been in operation since 1937. Take a trip here to learn about the history of their rum and to see/learn the rum making process from knowledgeable tour guides.

Sample their products and learn how to make the best cocktails to ensure the full flavour of their rums shine through.

T. +1 473-444-5363/444-5736

@CLARKESCOURTRUMS





Blue Light Caribbean Gin

Fancy checking out the hand crafted process of how Grenada's first gin is made? Take a trip to the Blue Light Caribbean distillery located in Le Phare Bleu. This small factory produces some very tasty gin!

This company contributes to the ocean restoration projects within Grenada and the Caribbean.

Visit their distillery by appointment only to savour the taste of their hand crafted gin made using local spices and check out their colourful mural too!

T. +1 473-414-6000

@BLUELIGHTCARIBBEANGIN





West Indies Beer Company

Not feeling for the spirits? Visit the microbrewery located right in Lance Aux Epines. West Indies Beer Company is the first craft ale in Grenada. They boast the widest selection of beers and ciders in Grenada with over 18 craft ales, sample them all at their brewery or on one of their brewery tours.

T. +1 473-232-2337

@WESTINDIESBEER





The Tower Estate & Garden

A beautiful Great House in the heart of St. Paul's, St. George based on five acres of land filled with fruit, spices and wood trees with an additional floral gardens. Offering historical house tours, gardens tours, organic farm tours, teas, Sunday brunch and much more to do and see.

Known as the "Home of Blue Tea", they offer a unique afternoon tea, Wednesdays to Fridays and on some Saturdays.

The teas are made from ingredients grown on the estate and include a 3-course menu of delightful sandwiches, cakes and various other types of treats.

EC\$65 or US\$25 per person. Discounts on groups over 6 persons.

Contact for more information.

T. +1 473-440-3243

@THETOWERESTATEGRENADA





Gouyave Nutmeg Processing Station

Grenada's nickname "The Isle of Spice" comes from all of the unique, delicate and tasteful spices which are grown and processed here. One of the biggest exports of Grenada is nutmeg.

Tour one of the largest nutmeg stations on the island: The Gouyave Nutmeg Processing Station to see how the workers choose, grade and package the nutmegs. As a little souvenir, step into the stencil room and get a local jute bag customized with any words of your choice and don't forget to visit 'Nutmeg World' for local spices, clothing and other tokens to remember your trip.

US\$1 per person for the tour.

Contact for more information.

T. +1 473-444-8337





De La Grenade Industries

To explore more of Grenada's spices and flavours it has to offer, take a trip to De La Grenade Industries situated in St. Paul's. De La Grenade Industries is a leading Food Processing Company in Grenada, and has pioneered the use of nutmeg pericarp (fruit) in the manufacture of high value-added delicious products.

Adjacent to the industries is the Nutmeg Garden. offering a pleasant and memorable experience. The garden offers the opportunity to see first hand the fruits used in the production of De La Grenade products, as well as the diversity of herbs, spices, flowers and plants which grow in profusion in Grenada.

Opening Hours: Mon - Fri 8:30 A- 3:30P
Contact for more information.

T. +1 473-444-8337
@DELAGRENADEINDUSTRIES





Leatherback Turtle Watching (SPECTO)

Imagine witnessing the largest and oldest marine turtle species, whose ancestors date back to 100 million dinosaur years ago nesting on one of Grenada's purest beaches.

With our Leatherback Turtle Tours you can witness this endangered species slowly pulling her body onto the sand to lay up to 100 eggs during nesting season.

Nesting seasons starts in April and ends in July.

St. Patrick's Environmental and Community Tourism Organization is a non-profit environmental and community tourism advocacy group based in the parish of St. Patrick's. SPECTO engages the community in the protection and conservation of the endangered leatherback turtle species and the development of alternative livelihoods based in environmental conservation and activism.

International Visitors: US\$20

Locals: EC\$20 SGU Student: US\$10

T. +1 473-405-8395

@SPECTOGRENADA





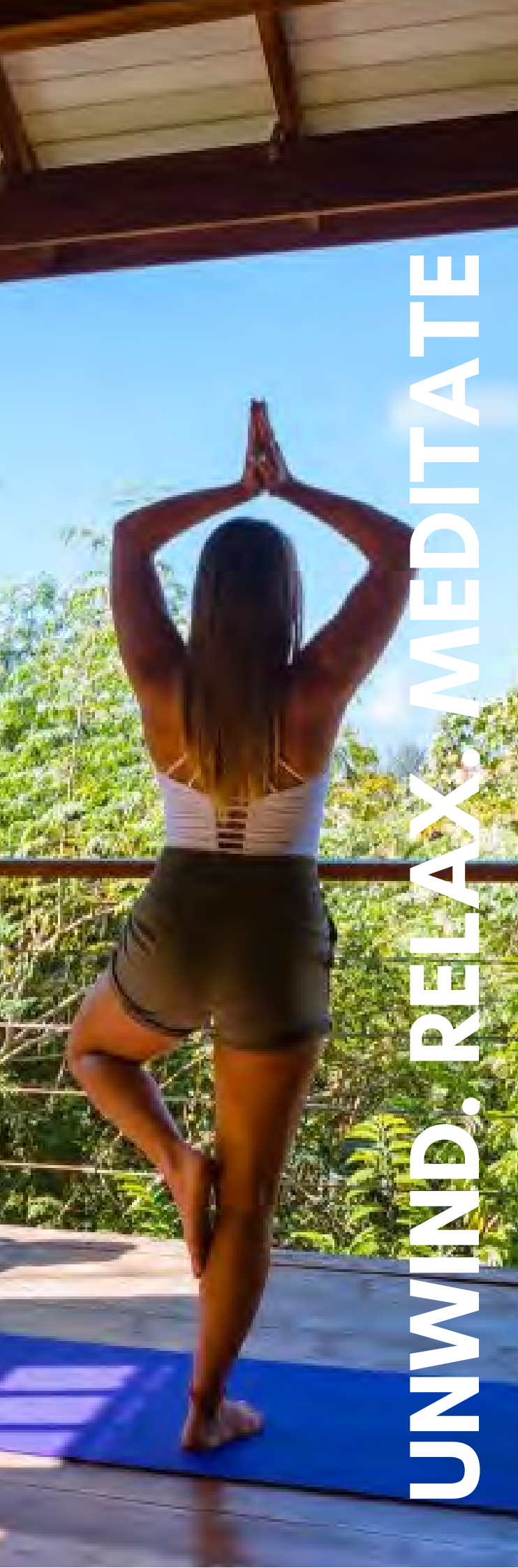
Grenada Discovery Train

Come discover St. George in a charming and comfortable way on the Grenada Discovery Train!

Whenever you hear the ringing of the bells through the city of St. George, you will know that the Grenada Discovery Train is approaching. This 1900's steam locomotive inspired trolley, is the only one to offer sightseeing tours throughout the town of St. George and its surroundings.

T. +1 473-405-6698/ +1 473- 4587439
@GRENADADISCOVERYTRAINS





N-Gels Holistic

You don't have to go far for a spa day. N-Gels Holistic is located right here at Secret Harbour in the recently built spa! They offer relaxing massages, including hot stone massages and couples massages.

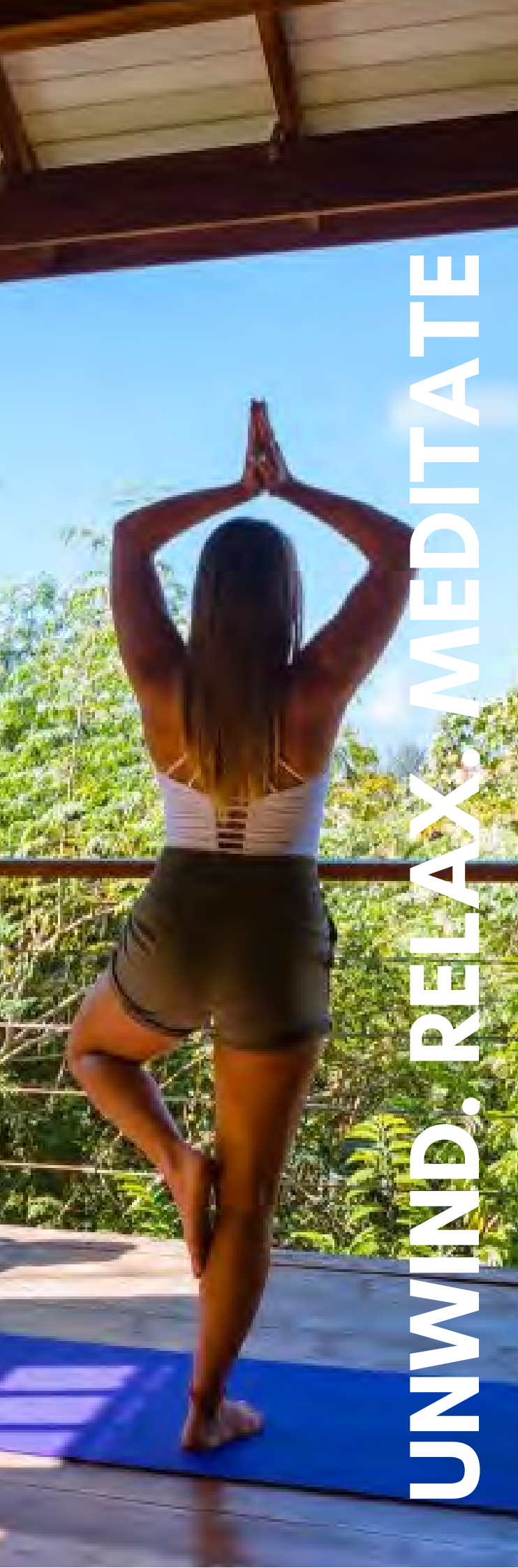
Pamper yourself with a mani/pedi, eyelash extensions, waxing and more!

Contact for more info

T. +1 473-414-2108

@NGELS.HOLISTIC





The Hair Studio Grenada

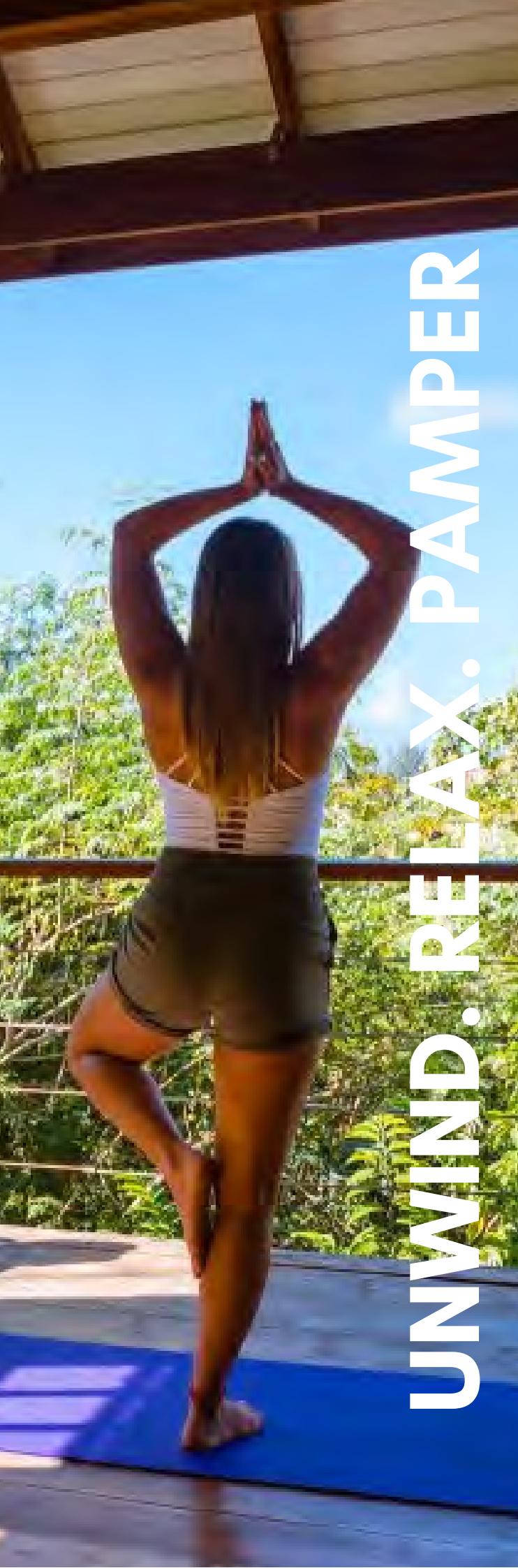
Get your hair done whilst enjoying sweeping views of the marina with Kim! Kim will ensure your hair is kept healthy on your holiday and even gives a relaxing neck and head massage with her treatments and cuts!

Contact for more info

T. +1 473-422-0382

FB @THE HAIR STUDIO GRENADA





Fountain of Youth Yoga

Fountain of Youth Yoga Studio is located within the tropically landscaped gardens of Mount Cinnamon Beach Resort on the world famous Grand Anse Beach, just inches away from the incoming soothing waves. Whether you're a yogi or curious explorer, their aim is to share with you the harmonious relationship of the breath, body and mind in the beautiful surroundings of Grenada.

They also offer Eco Yoga Tours and Yoga Vacations. All levels are welcome at their classes, tours and vacation retreats.

Contact for more information

T. +1 473-415-2188

EMAIL: INFO@YOGA.GD





Grenada has lots of bars and rum shops which cater to all! From right on the beach with your toes in the sand and a cocktail in your hand, to a colourful building on the roadside with dominoes and local rum, to the elegance of dimly lit bars and premium drinks, there is something for everyone.

Some bars host special weekly events, from karaoke, to street food, to latin nights.

THE BREWERY
T. +1 473-232-2337
@WESTINDIESBEER

THE LAB
@THELABGRENADA

LAVO LANES
T. +1 473-534-5386
@LAVO_LANES

ROMNEY'S BAR
T: +1 (473) 534-8465

DODGY DOCK
T. +1 473-443-8783
@DODGYDOCK

BANANAS GRENADA
T. +1 473-444-4662
@BANANASGRENADA

LA PLYWOOD
T. +1 473-458-6675
@LAPLYWOOD_

SILVERSANDS PURO
@SILVERSANDSGRENADA

RUMOURS
T. +1 473-414-6083

NUTMEG LOUNGE
@NUTMEGGRENADA

AQUARIUM
T: +1 (473) 444-1410
@THEAQUARIUMGRENADA

61 WEST
T: +1 (473) 534-4661
@61WESTGRENADA

SIZZLE BAR & LOUNGE
@SIZZLE_GRENADA

UMBRELLAS BEACH BAR
T: +1 (473) 439-9149
@UMBRELLASBEACHBAR

ESTHER'S BEACH BAR
T: +1 (473) 449-5346
@ESTHERSBAR





FESTIVALS & EVENTS

Grenada Carnival

If you are lucky enough to be here during the month of August, you can experience carnival in true Grenadian style.

Events and parties start from as early as July and run all throughout August, however the main events happen in the first 2 weeks of August.

Carnival Monday morning at the crack of dawn brings you Jouvert. Paint yourself in many colours, dance in the streets and just be free.

Monday afternoon brings you to the first lap of fancy mas, whilst in the night enjoy the amazing light show from Monday Night Mas.

Carnival Tuesday brings the show-stopping event with delicate, colourful costumes, smiling faces, lots of dancing and just a great atmosphere!





FESTIVALS & EVENTS

Grenada Chocolate Festival

During the month of May celebrate chocolate Grenadian style and indulge yourself in a unique visitor experience with our pure, delicious organic chocolate and learn about the old fashioned and ethical way to grow organic cocoa. Thrill your taste buds on a journey of authentic chocolate discovery by learning chocolate tempering, molding and truffle making. Learn from Grenadian artisans how hand made, small batch, ethically produced, tree to bar chocolate is created.

T. +1 473-444-8783

@GRENADACHOCOLATEFEST





FESTIVALS & EVENTS

Grenada Sailing Festival

An internationally famous event, this Festival welcomes sailing captains and crews for some of the most exciting races and related activities.

Headquartered at the Port Louis Marina, the annual four-day Festival commences at the end of January featuring international yacht racing from Grenada's southern coast. Part of the Southern Caribbean Regatta Circuit, the celebrations extend to a second weekend for a popular Work Boat Regatta from Grand Anse Beach.

T. +1 473-440-4809

EMAIL: GSAIL@SPICEISLE.COM





FESTIVALS & EVENTS

St. Mark's Day Festival

Celebrating its very own festivity, St. Mark's will be transformed into a hub of cultural and culinary expression each year. Named for Queen Victoria, this little fishing town on Grenada's northwest coast in St. Mark's Bay is popularly referred to as 'Sunset.'

The Annual St. Mark's Sunset City Festival normally encompass a cultural extravaganza, a best talent & fish cooking competition, a health fair, exhibitions and more through a specific theme.

This event is usually held a few weeks after Easter in mid-April.





FESTIVALS & EVENTS

Grenada Drum Festival

In the northeastern part of Grenada, almost on the boundary between the parishes of St. Andrew and St. Patrick lies the rural community of Tivoli. With a rich history in drumming, it is home to the Tivoli Drummers and the natural birthplace of the Grenada Drum Festival. The Tivoli Drummers have developed a unique style of choreographed drumming that is not seen elsewhere.

The festival site is usually transformed into a cultural village featuring traditional drumming and dancing. Visitors and locals will have the opportunity to sample and enjoy Grenadian dishes and delights and also view local arts.

T. +1 473-442-8890

EMAIL: DRUMKRUMAH@SPICEISLE.COM





FESTIVALS & EVENTS

Spice Isle Billfish Tournament

Grenada's waters is home to an abundance of game fish. The Spice Isle Billfish Tournament was born out of a love for all things fishing!

The southern Caribbean's premier sport fishing event is held annually in Grenada toward the end of January. See boats and crews from all over the Caribbean come to compete for top prizes, record-breaking fish and bragging rights.

SIBT is committed to protecting billfish and other threatened marine species, so follows the international 'catch and release' standards with only potential record breaking fish landed and brought to the scales.

T. +1 473-533-9644

WEBSITE: SIBTGD.COM

@BILLFISHTOURNAMENTGRENADA





FESTIVALS & EVENTS

Fisherman's Birthday

Really want to immerse yourself in the fishing culture of Grenada? The Fisherman's Birthday festival is held annually on June 29th. The festival honors St. Peter, the patron saint of fishermen, and it's held in Grenada's fishing capital, the town of Gouyave, St. John.

A host of events are held on this day including a sailboat race, a mini carnival with soca music and fireworks and blessing of the fishermen's boats. The traditional festival really showcases the town of Gouyave and why it is known as the fishing capital.

Gouyave is also popular for its weekly Fish Friday.





River Sallee Saraka

Held annually on the first Friday following Good Friday is the traditional River Sallee Saraka held in River Sallee, St. Patrick's.

This is a very culturally rich and traditional festival and is a great one to attend to really get to the know the locals to the north of the island. Saraka is believed to mean 'thanksgiving' or 'feeding of the children'. It is a food festival that traces its origins back to West Africa. Saraka is believed to have been vrought to Grenada by the African enslaved people. They practised Saraka to honour their ancestors.

The food is prepared by volunteers in the community and is free for all! The food is prepared in traditional ways, by cooking on log fires outside the home in huge pots. Members of the community all prepare a ceremonial tray with traditional components which will be judged.





FESTIVALS & EVENTS

Dive & Conservation Festival

The Dive and Conservation Festival is held annually during the month of May with a week long of activities ranging from dives, ocean clean ups, restoration projects, conferences and much more on how Grenada and visitors can keep the sea clean and learn about marine conservation.

The festival, an unprecedented gathering of global leaders in marine conservation, which brings together many experts, including government representatives, environmental advocacy organizations, scientists, researchers, and tourism industry partners.

@DIVECONSERVATIONFEST





SHOPPING

Although Grenada is not a big shopping destination, there are a few complexes and shopping centers which you can visit on your stay to get some local spices, food and even some clothes!

The Grand Anse Spice & Craft market is the easiest way to get local spices and clothing in one area. Located right on Grand Anse Beach, it is sure to be a great spot to check out on your beach day.

Visit the Market Square in the town of St. George's to immerse yourself in the Grenadian culture and for a bargain. Not far from the market is the fish market where you can hand select freshly caught fish for a tasty meal!

GRAND ANSE SPICE & CRAFT MARKET
LOCATED: GRAND ANSE, ST. GEORGE'S

MARKET SQUARE
LOCATED: ST. GEORGE, ST. GEORGE'S





For more of an indoor shopping experience to get away from the sun, there are a few centers where you can get your shopping fix at.

Located in Grand Anse is Spiceland Mall, Le Marquis Complex and Excel Plaza. Each of these have an array of shops from clothing, to beauty, to pharmacies and grocery shopping and of course places to eat!

Further out in the town of St. George there is the Esplanade and Bruce Street Mall. These are more catered to souvenir shopping, duty free and jewellery stores.

SPICELAND MALL

**LOCATED: GRAND ANSE,
ST. GEORGE'S**

**LE MARQUIS COMPLEX
LOCATED: GRAND ANSE,
ST. GEORGE'S**

**ESPLANADE MALL
LOCATED: ST. GEORGE,
ST. GEORGE'S**

**EXCEL PLAZA
LOCATED: GRAND ANSE,
ST. GEORGE'S**

**BRUCE STREET MALL
LOCATED: ST. GEORGE,
ST. GEORGE'S**





OTHER ACTIVITIES



Grenada has a host of adventurous, outdoorsy activities, as well as activities where you can just relax and be pampered. Luckily Grenada also has activities where you can have a bit of fun competing against your family and friends or just to get into a really good movie.

Lavo Lanes is Grenada's first bowling alley. It is a ten lane bowling alley with a restaurant and bar as well as pool tables and air hockey!

Movie Palace Grenada is a great place to watch a movie, especially on a rainy day. Go on a Wednesday to get 2 for 1 tickets!

MOVIE PALACE
LOCATED: EXCEL PLAZA
GRAND ANSE, ST.
GEORGE'S

LAVO LANES
LOCATED: CALLISTE, ST.
GEORGE'S

