

SPORT AND PE OFFER 2023-24





Resilience, Integrity, Equality

Providing a cradle to career education that allows our children to enjoy lives of **choice** and **opportunity**



<u>AIMS</u>



INTENT:

- Allow all pupils access to high quality PE and Sport to develop motor competence
- Motive and inspire pupils to show healthy participation in a range of activities
- Provide **all pupils** with the opportunity to be involved in competitions at a variety of levels across a range of sports to develop knowledge of **rules**, strategies and tactics.
- Inspire and support teaching staff to deliver high quality PE.
- Raise the aspirations and performance of the more able
- Get the less active to be more active
- Develop transferable leadership skills through sport.

IMPLEMENTATION:

- Provide a comprehensive calendar of inter school competitions and festivals for all.
- Provide opportunities to show healthy participation in extra-curricular sport.
- Provide leadership opportunities and training for pupils.
- Launch a range of initiatives and activities to further improve activity levels of pupils.
- Provide PE CPD and bespoke support for schools and staff based on need and demand to **develop high quality PE**
- Provide PE subject leaders with a support network and access to training.
- Work with key external agencies which include the School Games programme, School Games Organisers, the Youth Sport Trust and the Association for PE (AfPE)



	Compe	titions / Dates for the	e Diaries 2023-24	
EVENT	DATES	TIME	VENUE	YEAR GROUP
PE leader meeting	11 th Sept	4pm-5pm	Brigshaw (PE class)	
Cross country (Brigshaw	Monday	4pm – 5pm	Brigshaw (field)	3,4,5,6 – Separate
schools only)	18 th Sept			teams.
Girls Only Sports Fest	TBC	ТВС	Brigshaw	Year 5/6.
Netball league 1	2 nd October	4pm – 5:30pm	Brigshaw (sp. Hall)	4,5,6
Cross country - School	9 th October	TBC – afternoon	Brigshaw (field) 400	3,4,5,6 - Separate
Games		school daytime	pupils (East Leeds	teams.
	A Oth O at	4	area primary schools)	
Sports Hall Athletics	16 th Oct	4pm – 5:30pm Time TBC depends	Brigshaw (sp. Hall)	5,6 (4 if able)
		on entries		
Year 5/6 Football	6 th Nov	4pm – 5:30pm	Brigshaw (astro turf)	5/6
			Č (,	
Netball league 2	13 th Nov	4pm – 5:30pm	Brigshaw (sp. Hall)	4,5,6
Badminton Festival	27 th Nov	4pm – 5:30pm	Brigshaw (sp. Hall)	4,5,6
Netball league 3	4 th Dec	4pm – 5:30pm	Brigshaw (sp. Hall)	4,5,6
PE Subject leader	15 th	4pm-5pm	Brigshaw (PE class)	
meeting	January			
Multi Skills year 2	22 nd	4-5pm	Brigshaw (sp. Hall)	Year 2
	January			
Netball league 4	29 th	4pm – 5:30pm	Brigshaw (sp. Hall)	4,5,6
	January	1		0/4
Year 3/4 sports hall athletics	5 th	4pm – 5:30pm	Brigshaw (astro)	3/4
PE leader meeting	February 19 th Feb	4-5pm	Brigshaw (PE class)	
¥		•	- · · ·	Veer 1
Multi Skills Year 1	26 th Feb	4pm-5pm	Brigshaw (sp. Hall)	Year 1
Netball league 5	4 th March	4pm – 5:30pm	Brigshaw (sp. Hall)	4,5,6
Girls only comp	11 th March	4pm – 5:30pm	Brigshaw (sp. Hall	
PE leader meeting	16 th April	4pm-5pm	Brigshaw (PE class)	
Dance in a day	22 nd April	All Day	Brigshaw (all sports	Key Stage 2
			facilities/main hall in	approx. 100 pupils
Veer 2/4 feetball	29 th April	1nm 5:20nm	evening) Brigshaw (astro)	Veer 2.4
Year 3/4 football Tag Rugby TBC	29 th April 20 th May	4pm-5:30pm 4pm – 5:30pm	0 (/	Year 3,4 5,6
PE leader meeting	3 rd June	4pm-5pm	Brigshaw (field) TBC	5,0
Big Primary Sports Day	17 th June	All Day	John Charles Centre	All 4,5,6 (year 10
Dig I finally opons Day	(provisonal	All Day	Solin Onalies Ochite	/12sports leaders)
	date)			
Rounders	8 th July	4pm-5:30	Brigshaw (top field)	4,5,6
Sports Awards	9 th July	твс	Brigshaw (main hall)	3,4,5,6
Fun Sports / come & try /	TBC	ТВС		
inclusive sports event				
Archery	TBC	TBC?		
Skipping Year 2	End of April -TBC			Year 2
Skipping Year 4	After y11			Year 4
	exams -			
	TBC			



COMPETITIONS



INTER SCHOOL SPORT

There are over 25 sports events including tournaments, festivals and regular leagues covering a range of year groups and sports, from year one all the way to year six.

Some of the events are part of the School Games framework and allow progression to Leeds, East Leeds and West Yorkshire level.

All schools are invited to attend all events and regular reminders are sent out.

INTRA SCHOOL SPORT

Support for schools and training for pupils in developing and running their own intra school sport.

Support to develop **Sport Education** model of PE to increase Intra School Sport competition.

School Games Personal Challenge

In line with school games requirements and in a drive to increase activity levels pupils will compete against themselves and others in a personal challenge, this could be skipping, running, throwing, step ups, speed bounces and many more.





THE BIG SPORTS DAY!

<u>June 2024 (17th June – Provisional date)</u>

The Big Sports Day allows **all pupils in year 4 5 & 6** take part in a huge inter school sports competition.

They compete in a range of team games in mini leagues and represent their school in athletics using the fantastic facilities at John Charles Centre for Sport.

It provides pupils with the chance to compete at a stadium and represent their school in a fun and active not to mention competitive and memorable day!

The day allows pupils to compete in A, B and C teams and compete with pupils of a similar ability.

All transport and venue bookings are arranged and paid for, schools simply need to sort out their teams and then enjoy the day!









Dance in a Day

The Dance in a day project allows pupils from across Key stage two the opportunity to be part of a large dance show and spend an immersive day developing and refining their dance skills as well as choreographing their dance for the show.

The dance show in the evening at the end of the day allows pupils chance to compete under the lights and in front of a large 200 strong audience!

It is a fantastic opportunity to showcase their skills, work with others, and develop their confidence.







School Games

www.yourschoolgames.com



As registered schools you can apply for the school games

mark, this allows you to gain recognition for the work that you have done to develop PE & Sport. The school then get a kitemark & certificate that can be used on letterheads etc.

West Yorkshire Sport will shortly share their plans for the School Games for the Autumn Term. We will access where appropriate for each individual school. You will be kept up to date of the school games plans and events.

School game resources:

- Download resources such as guides and manuals on a range of sporting competitions you can run within your own school
- Apply for s School Games mark
- Chance to win prizes and equipment through online blogging.

The following sports competitions are also linked into the school game pathway and provide an opportunity to progress to further rounds and a chance to make it to the West Yorkshire School Games. Sports hall athletics, High 5 netball, Kwik Cricket, Cross country

If you do not have a log on you can go to <u>www.yourschoolgames.com</u> scroll down and click on register now.



Curriculum PE / High quality PE / PE Leader support

Support is provided to make sure that schools have got clear curriculum pathways for progression throughout school to develop the 3 pillars of progression; **motor competence**, **healthy participation**, **knowledge of rules**, **strategies and tactics**

The Brigshaw Learning Partnership PE & Sport offer provides schools with access to a range of support, resources, guidance, training courses and individual consultancy to raise the quality of physical education in schools.

To maintain our professional standards all schools will receive membership AFPE to keep up to date with developments in PE, and the ability to access online support training modules and CPD.



- afPE's Termly Journal Physical Education Matters Two copies per edition
- Full Health & Safety advice and support (including advice on Safeguarding, Incident Support, Employment Law Issues and Pre/Post Ofsted inspections)
- Access to the members' area of the afPE website which includes useful downloads and a wide range of Health & Safety updates
- Full access to the new 'afPE Channel' where members can view video blogs, news updates and films exemplifying outstanding practice



Support for the development and maintenance of high quality PE

	AFPE	Use of AFPE resources, online cpd and termly Journal to stay up to date with new initiatives and thinking.
	High Quality PE Checklist	A simple tool for staff to use to make sure PE is High Quality
High quality PE	Quality assurance / Joint observations	School PE coordinator and Trust Coordinator to observe together to drive improvement through supportive observations.
	Practical; CPD sessions (OAA focus for 2023)	Practical PE sessions as part of PE subject leader meetings / CPD within your own school meeting sessions
Curriculum planning	Access to Primary PE Planning online scheme of work / Support with curriculum map / Medium Term plans	Speak to Gavin Parkinson for how to access.
Consultancy / bespoke support	Schools are able to access bespoke training and individual support where needed including schemes of work, planning, specific sports or classes needs. Joint planning, team teaching, whole staff cpd.	Contact Gavin Parkinson directly to discuss requirements and arrange dates and times. Monday is my available day
Use of shared resources space on google drive (Trust hubs – PE BLP)		4 videos on Trust Hubs Questioning, student led lessons, gymnastics, and an athletics lessons are on google drive New folder 'PE and Sport Post lockdown" with resources / guidance
Risk assessments & Safety	Brigshaw learning partnership risk assessments in a shared folder (Trust hubs – PE BLP)	Updated generic risk assessments for all schools. These will be inked to most up to date Safe practice in PE book. Linked to AFPE.



High quality PE checklist

"High-quality PE is a physical and cultural entitlement" Ofsted 2022 "For some, PE is their only opportunity to take part in physical activity and develop movement-related competence." Ofsted 2022

Make sure pupils know what they are doing and how to do it

Make learning intentions clear, give clear direction Show pupils how to be successful and correct misconceptions.

80% practical time Provide time to revisit and develop. Reduce time spent transitioning or waiting

Give pupils time to practise fundamental motor skills

Running and jumping, twisting and balancing, throwing and catching

Make sure students are challenged

As pupil competence increases the practices should increase in difficulty.

Engage in formative assessment

Identify what they can and can't do and modify their learning activities.

Give specific feedback on how pupils can improve

Make subject specific vocabulary clear and shared

Make explicit reference to healthy participation

Preparation for safe and effective participation, fitness demands of different sports. Short and long term effects of exercise on their body. How and where can pupils be more active?

Teach knowledge of rules, strategies and tactics.

How to move and where to move

Provide Competition when pupils have the knowledge and skills to access



PE Subject leader meeting dates 2023/24

Venue Brigshaw 4:00-5:00pm

September 11th

January 15th

February 19th

April 16th

June 3rd

These meetings will be used for joint planning, sharing good practise, discussing progress of PE within your school, introduction of new initiatives and provision of support for subject leaders.





HEALTH AND ACTIVITY





Play leaders training	Training available for each school to develop active playtimes led by pupils.	
Cycling	Promote cycling within schools via onsite cycle session, intra school competition and inter school competition for each school using external providers. Use of Pro Ride to aid in delivery of this.	
After school clubs for the less active	Variable dependent upon each school's needs and preferences. Led by student voice and staff feedback. Use of Premier Sport to provide additional after school sessions in the Summer term to target less active pupils.	
Skipping year 2	Skipping workshops for each school for a year 2 followed by a festival	
Skipping year 4	Skipping workshops for each school for year 4 followed by a festival	



CYCLING ON SCHOOL CAMPUS

Each school to receive cycling full day workshop at their own school for year 5 & 6

Each school to receive a half day intra school cycling competition at their own school (Dates TBC)

Staff training session for Brigshaw Trust staff on how to deliver cycling on school campus.

Sessions run by pro-ride cycling level 2 qualified cycling coach.



SKIPPING PROJECT

Each school to receive a skipping workshop for year 2 and for year 4.

Each school to prepare and practise in build up to inter school competition

Winning schools to progress to Leeds finals

Sessions run by Skipping School









TARGETED ACTIVITY

Less active

Each school accesses 6 weeks of after school activity in the summer term to engage pupils identified as **less active or not fully involved in sport and PE at school.**

Activities provided are alternative activities and include martial arts, archery, tchoukball, fencing, external coaching companies provide the sessions.

Access to using BLP primary schools Archery sets

Inclusive Sports

A Sports festival / competition for those who can't fully access our range of sports and PE events – to include a range of events such as Boccia, Kurling, Archery

Girls

Girls' sports 'festival' at each primary school, assisted by year 10 and Year 12 girls to inspire year 5/6 girls in PE and Sport, plus girls only inter-school sports competition.







Sports awards 9th July 2024 (provisional date)

To recognise achievement and commitment to sport and PE all schools are able to nominate students to receive a sports award for their hard work and commitment over the year as performers or leaders.

It raises the profile and value placed upon sport and PE across all schools and is an opportunity to celebrate success and engage parents with school PE and Sport.







PE CONTACTS

Brigshaw High	Gavin Parkinson	0113 2878900 ext 6753
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School Games Organiser for Leeds East	Shaun Mulhern	mulherns@bostonspa.leeds.sch.uk