NEWSLETTER

February 1, 2023

Friendship Never Melts Away...



"Kindness is like snow - it beautifies everything it covers." - Kahlil Gibran. **BJ** and staff member, **Victoria**, share smiles before heading to dinner!

Some recent events include...

A Sing Along with Chaplain Bill!



Every Wednesday afternoon at 4:00pm, residents gather in the living room to sing along with **Chaplain Bill!** Each week, Bill brings new songs of all decades and genres, allowing residents to laugh, reminisce and sing along!



The Scenic Drive...



Blue Ridge Hall continues to have their scenic bus rides year-round! Friends and neighbors enjoy gathering on the bus for a trip with a new route each week throughout the northern Virginia area. **Betty** and **Shelby** and photographed all bundled up, ready to enjoy their ride!

Groundhog Day...



SVWC welcomed a special guest on Groundhog Day, a furry friend named **Tiva**. Tiva was brought to SVWC by a local non-profit rehabilitation organization. Tiva and her friends provided an educational presentation

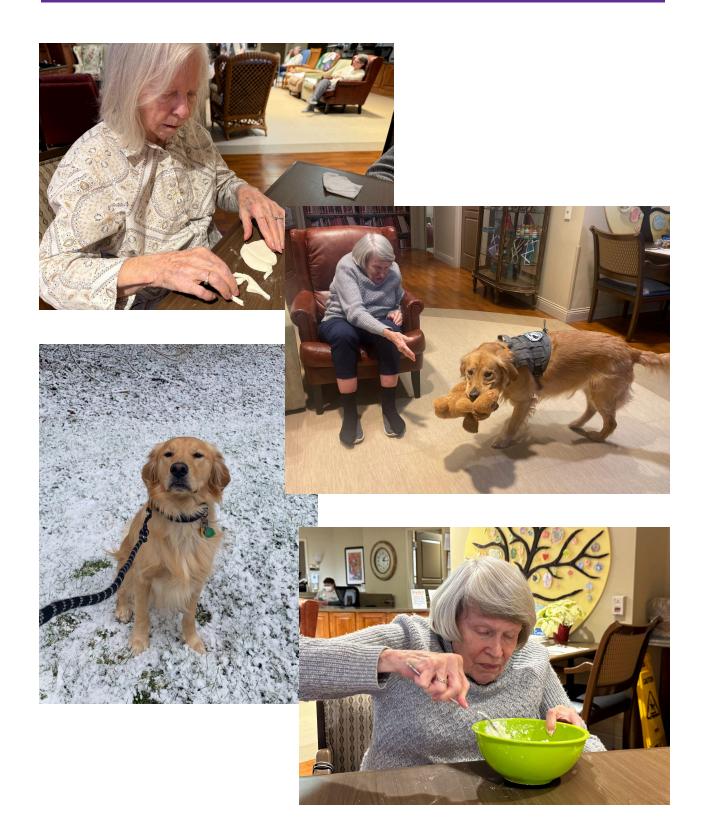


before bringing out their very special friend!

Art Class with Helen...



SVWC's Art Instructor, **Helen**, joins the Blue Ridge Hall neighborhood twice a week, bringing a variety of projects with her. **Cathy, Betty, Shelby** and **Fran** participate in Helen's Valentine's Day project.





Upcoming occasions in February...

2/2: Groundhog Day - A Special Groundhog Day Presentation

2/3: National Golden Retriever Day - Pet Therapy Visits, Dog Trivia

2/6: National Frozen Yogurt Day - The History of Frozen Yogurt, Sweet Snax: Frozen Yogurt!

2/7: National Send a Card to a Friend Day - Valentine's Day Cards

2/10: Chinese New Year - Special Program: Drum Circle, Chinese New Year BINGO, Chinese New Year Celebration

2/14: Valentine's Day - Love is in the Air Social

Jillian Asamoah, ADC/MC, CDP, CNA Activity Dementia Coordinator

Westminster Canterbury

Connected for Life