

Westbury World

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From a Vision to Reality



Photo by Bill Young

Welcome, welcome, welcome!

After many years of careful research, planning, and execution, I am thrilled to announce that SVWC welcomed its first Villa residents to the community on October 11. This distinct honor goes to Harvey and Ellen Ussery (pictured above) from Hume, VA. There are approximately 30 move-ins scheduled between now and the end of the year. Residents who serve on the Residents Association Welcome Committee will be stationed in the community rooms during the move-ins to help answer questions and facilitate the transition for our new residents.

While we are welcoming new residents into the Phase One Villas, final touches are being added to them and the adjoining grounds. Common area furnishings will be placed in the Villas once all the pieces arrive.

To promote connectivity and accessibility for the entire campus, additional sidewalks will be added to the existing campus near the connection to Travertine Way, the road con-

necting the Villas to the existing campus. The sidewalk plans are being reviewed by both the city and the county.

This road is blocked during the day but open in the evenings to allow access for dinner service and evening programs.

There will be a gate added at Fox Drive; we do not have a date yet for this work to be completed. Please use caution when visiting the Villas since a great deal of activity is still occurring.

Phase Two construction of the five remaining Villas has begun and is progressing nicely. They are scheduled to be completed during the last quarter of 2024.

I want to thank everyone involved in this project for making it such a huge success. The Villas are an incredible addition to our campus and dramatically expand the mix of accommodations that we have to offer prospective residents.

Jeannie Shiley



Photo by Ray Leonard

"All In One" Welcome Committee

Blessing of The Animals



Photos by Kitty Zuckerman



Jim Starosta Is Entering His Second Century

Jim Starosta will be 100 on November 8. He was born and raised in Philadelphia, PA. After graduating from high school in 1941 he worked for Westinghouse.



In 1944, he was drafted into the Navy and spent two years on a small aircraft carrier in the South Pacific. After he was discharged, he went to work for the Gulf Oil Refinery in Philadelphia, where he was a maintenance supervisor for 35 years. He later moved to the Fairfax, Virginia area.

In the past, Jim was a volunteer with the Dulles Airport Honor Flight that greeted other World War II veterans as they arrived from around the U. S. to visit the World War II Memorial in Washington. He also traveled all over Europe while he sang with "Prometheus," the Philadelphia-based Ukrainian male chorus. His favorite hobby was making delicate, artistic designs on plexiglass.

Jim has two daughters. Nancy lives in nearby Lake Frederick and Suzanne lives in Germany, near Munich. He has four grandchildren and four great-grandchildren. Jim moved to SVWC in 2015.

Charlotte "Peggy" Spangler Celebrating 101st Birthday



Peggy also has a birthday on November 8, when she is turning 101. Peggy's bio appears in the November 2022 edition of *Westbury World*.

Peggy has been a resident since 2007.



Library Acquisitions New in November

FICTION

The Man Who Went to War	Dan Ames
Birder, She Wrote	Donna Andrews
The Raging Storm	Ann Cleeves
Droits of the Crown	David Donachie
A Cryptic Clue	Victoria Gilbert
None of This is True	Lisa Jewell
Chenneville	Paulette Jiles
The Longmire Defense	Craig Johnson
The River We Remember	William Kent Krueger
23 ½ Lies	James Patterson
A Beautiful Rival: A Novel of Helena	
Rubinstein and Elizabeth Arden	Gill Paul
The Traitor Among Us	Anne Perry
Payback in Death	J.D. Robb
Somebody's Fool (LP)	Richard Russo
After that Night (LP)	Karin Slaughter
The Fraud	Zadie Smith

NON-FICTION

The Mysterious Case of Rudolf Diesel	Douglas Brunt
Richard Nixon: California's Native Son	Paul Carter
The Underworld: Journeys to the Depths of the Ocean	Susan Casey

Library Information Sessions

The SVWC Library Committee is offering individual information sessions about the Library upon request. These sessions will be tailored to the specific needs of the requester.

To arrange for a session, please phone: Mary Kay Pietris, Chair, Library Committee (Ext. 709) or Bev Sears, Vice-Chair, Library Committee (Ext. 890).

Welcome to Our New Neighbors

Nancy and Robert Mitchell moved into 103 Elderberry Court from Winchester, VA.

Lucille and Ken Digges moved into 212 Shenandoah Hall from Charlottesville, VA.

Steven and Pam Rearden moved into 600 Feldspar Court, Apt. 202 from Herndon, VA.

Harvey and Ellen Ussery moved into 600 Feldspar Court, Apt. 204 from Hume, VA.

Ted and Bonnie Bednarski moved into 600 Feldspar Court, Apt. 302 from Winchester, VA.

Eric Brinkmann and Lisa Heidemann moved into 610 Feldspar Court, Apt. 303 from Sioux Falls, SD.

David and Linda Nelson moved into 1400 Bold Rock Drive, Apt. 103 from Cross Junction, VA.

Sherman and Carol Barker moved into 600 Feldspar Court, Apt. 101 from Hilton Head, SC.

Cecil Rhodes and Janet Tennyson moved into 1400 Bold Rock Drive, Apt. 301 from Winchester, VA.

Liz Hudson moved into 610 Feldspar Court, Apt. 304 from Lenoir, NC.

Charlene and Robert Shipp moved into 600 Feldspar Court, Apt. 201 from Bristow, VA.

Robina Rich-Bouffault moved into 610 Feldspar Court, Apt. 201 from Winchester, VA.

Martha and Anthony Mirra moved into 600 Feldspar Court, Apt. 102 from Bristow, VA.

Lynn and Glenn Ryburn moved into 600 Feldspar Court, Apt. 103 from Berkeley Springs, WV.

Susan Watkins and Jim Rose moved into 1400 Bold Rock Drive, Apt. 302 from Winchester, VA.

Ann and Dick Wiltshire moved into 610 Feldspar Court, Apt. 203 from Winchester, VA.

Karin and Jim Aukerman moved into 610 Feldspar Court, Apt. 302 from Grantham, NH.

Susan Holland moved into 610 Feldspar Court, Apt. 101 from Winchester, VA.

Rea and Jim Mueller moved into 1400 Bold Rock Drive, Apt. 101 from Palmyra, VA.

Ellen and Buddy Adams moved into 610 Feldspar Court, Apt. 301 from Winchester, VA.

Active Aging Week



Fall Fun Day



Photos by Bill Young

Photo by Bill Young



Pizza! Pizza!

SWVC now has a wood-fired pizza oven. It is adjacent to the Woodworking Shop and was built by resident woodworkers Grady Botens (left) and Herman Mast (right). (No delivery service.)



Thursday Night Programs

November 2. **Antarctica** presented by Ray Leonard.

November 9. **Sergeant York** (World War I movie)

November 16. **American Chestnut Trees** presented by Cindy Ingram.

November 23. **No program. Thanksgiving.**

November 30. **The Fighting Sounds of Scotland** presented by Jill Hazelbauer-Von der Ohe.

The programs are presented live in the Abbey most Thursday evenings from 7:30 to 8:30 p.m. Residents are invited to attend in person.

Programs are also shown live on Channel 970 and streamed on the portal if there are no copyright issues.

To help plan and obtain speakers and programs, contact Margaret Richardson.

Christine Tirpak



From the Archives

Nature news from 15 years ago, as reported in the Westbury World for November, 2008:

New Walkway Enhances Teresa's Wildflower Garden

Thanks to the generosity of the late Margaret Bly's daughters a beautiful walkway now extends the length of Teresa's Wildflower Garden. The daughters Joyce and Suzan both wanted to contribute to the beauty of Westminster-Canterbury grounds, which their mother loved so much. The walkway provides residents and visitors a sturdy and attractive means to enjoy the wildflower garden.

The earlier path was soft and irregular and denied those on walkers and wheelchairs from enjoying a close-up view of the myriad of flowers that Teresa had planted. The new walkway is made of Micolock interlocking paving stones. It is five feet wide, and accommodates wheelchairs and walkers.

Several low retaining walls were made using rocks from our property. The construction is a wonderful addition to the garden area.

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SVWC Volunteer Fair



On October 16, over 70 residents sought information from 22 representatives from 15 organizations in the Abbey during the first Volunteer Fair to be held at SVWC. The SVWC Foundation sponsored the fair, but it was planned by the recently organized Volunteer Committee.

The goal of the committee is to engage residents in an opportunity to meet people outside, as well as inside, the halls of SVWC, to enrich their lives, and provide a greater connection to the Winchester community.

Committee members Bob Bolan, Ross Curtis, Robert Ingraham, Cathie Russell, Sylvia Wilson, Chuck and Sally Walters, and I served as greeters and ambassadors for the representatives.

The 15 organizations were: Blue Ridge Area Food Bank, Blue Ridge Hospice, Bright Futures, C-CAP, Civitan International, Frederick County Animal Shelter, Frederick County Public Schools, Handley Public Library, Museum of the Shenandoah Valley, Quarles Elementary School (WPS), Treasure Box, United Way of Northern Shenandoah Valley, Wheels for Wellness, Winchester SPCA, and Winchester Public Schools. The representatives provided information, handouts, and volunteer applications.

Residents were encouraged to visit at least five organizations which might interest them in being a volunteer. Their lists were included in a drawing for a \$30 gift certificate from the Gift Shop. Robin Bolan was the winner.

The committee hopes everyone found at least one organization where they could connect. Research shows volunteering provides many positive mental and physical benefits to the individual volunteer. The organization benefits from the life skills and donation of time the volunteer provides. This is a win-win situation for both.

Anyone interested in volunteering, please contact me.

Diane Sinclair



Photos by Bill Young

Chaplain's Message

One of my favorite Thanksgiving hymns is a hymn titled *Let All Things Now Living*. The text was written by Catherine Kennecott Davis in 1939, and the tune to which it is set is an old Welsh folk melody. (Catharine Davis also wrote the words to the Christmas classic *Little Drummer Boy*.)

The hymn's text is based roughly on Psalm 148, which says in part: Praise the Lord! Praise the Lord from the heavens; praise him in the heights! Praise him, all his angels; praise him, all his host! Praise him, sun and moon; praise him, all you shining stars. Praise him, you highest heavens and you waters above the heavens! Let everything praise the name of the Lord, for his name alone is exalted. Praise the Lord! Here are the words to the hymn:

Let all things now living a song of Thanksgiving to God, our creator, triumphantly raise; who fashioned and made us, protected and stayed us, by guiding us on to the end of our days. God's banners are over us, pure light goes before us, a pillar of fire shining forth in the night; 'til shadows have vanished, all fearfulness banished, as forward, we travel from light into light.

By law, God enforces the stars in their courses, the sun in its orbit obediently shine; the hills and the mountains, the rivers and fountains, the depths of the ocean, proclaim God divine. We, too, should be voicing our love and rejoicing, with glad adoration a song, let us raise; 'til all things now living unite in thanksgiving, to God, in the highest, hosanna and praise!

This season, may we remember that Thanksgiving ultimately is about something much greater than the specific gifts we receive and can name. It is really about giving thanks to a God who loves us beyond all imagination and beyond all understanding. It is about giving thanks to God who does not abandon us no matter how often we turn away and lose our direction. It is about being thankful for a God who knows us better than we know ourselves, and who, in spite of ourselves, loves us still.

Happy Thanksgiving!

Bistro Concert: Caleb's Gentle Jazz



The Bistro Concert on Friday, November 17, will feature the Caleb Nei Quartet. They will play well-loved tunes as gentle jazz. These are tunes from the Great American Songbook with a few added originals.

Having played here five times before, many know Caleb's soft, thoughtful jazz piano playing style. He is a church musician and has taught at Shenandoah Conservatory. He delighted patrons at the V-2 Lounge of Village Square on the Loudoun Mall before the pandemic.

Caleb is joined by John Kocur on saxophone, Daniel Kelly II on drums, and Kevin Johnson on double bass. Each has impressive musical credentials. Kocur, a composer and creative educator, teaches at George Mason University's music conservatory and directs a military band. Kelly has played internationally, won drumming competitions, and performed with the Shenandoah University Summer Music Theater. Johnson has played in Bistro Concerts with Caleb and with Donovan Stokes. He is active in community education and edits a specialized publication for bass players.

The concert begins at 7:30 p.m. Admission is \$10 cash at the door. Part of the proceeds benefit the Fellowship Fund. The Bistro Concerts are sponsored by Atlantic Union Bank.

Bob Sherwood



Photo by Bill Young

Trick or Treat

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