

# Westbury World

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A Life Plan Community*

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## The Next Steps



In 2017, SVWC engaged the architectural firm SFCS to develop an action plan for Shenandoah Hall and a campus master plan. After an extensive evaluation, along with a financial feasibility study, the decision was made to purchase the ad-

jacent property and build the villas before making a final decision on the viability and future of Shenandoah Hall. The goal was to obtain one year of stabilized occupancy for the villas before moving back on campus for any renovations or new construction. Now that the villas are under construction, it's time to start planning.

SVWC has once again partnered with SFCS and Warfel to re-evaluate Shenandoah Hall and update the campus master plan to address any programmatic needs or renovation projects. The analysis includes looking at the current condition of systems and deficiencies such as HVAC and electrical. We have also asked our Marketing team to lead the conversations as they relate to market relevance and expectations.

The updated campus master plan will include possible areas such as a new memory care household, common amenity spaces, outdoor recreational amenities, and the addition of a new multipurpose room/auditorium. Parking will also be included in the study.

The work is expected to take approximately four to six months. Once the work is completed, SFCS will present the results of its study to the Board of Trustees for future planning purposes.

This work is included in the Strategic Plan that was adopted by the Board in July 2022. One of the initiatives in the plan is organizational growth. Growth is needed to maintain long-term sustainability. The work being done by SFCS will help us develop a plan for Shenandoah Hall and possibly expand on-site services consistent with market demand. As an organization, we will continue to monitor available land-acquisition opportunities that may arise.

Growth does not necessarily mean bricks and mortar. SVWC could expand ancillary services through partnerships or joint ventures if the right opportunity would arise that aligns with our mission and supports long-term sustainability for the organization. Again, these are possible tactics outlined in the Strategic Plan.

It is an exciting time for our campus as the villas continue to progress and we plan for the future. While things may change over the years, the one thing that remains constant is our mission and our commitment to our residents.

*Jeannie Shiley  
President/CEO*

### Mission Statement

*Shenandoah Valley Westminster-Canterbury is a not-for-profit, intimate, church-related continuing care retirement community that is committed to enabling residents to use their gifts fully, live their lives richly, and enjoy with dignity the years God has given them.*

## New Foundation and Marketing Director

Sherry Hudson joined SVWC as the new Foundation and Marketing Director at the end of January. She has a bachelor of science degree in business management from Liberty University and a master of nonprofit administration from North Park University in Chicago.



As a senior fund-raising executive with 35 years of experience, Sherry has an extensive background in fund development, program implementation, major program gift development, Board development, community engagement, accountability, capital campaign management, and staff and volunteer management.

Sherry was previously employed at the Museum of the Shenandoah Valley, where she served as Senior Director of Institutional Advancement for more than five years. She also worked at Valley Health as Development and Grants Officer.

Sherry and her husband, Jeff, live in Strasburg. They have four children and two grandchildren. They also have a horse, two cats, and a dog. Sherry enjoys riding that horse, playing golf, and gardening.

## Westbury Choristers Return

If you love to sing and have some previous choral experience, come join this group on Mondays from 4:00 to 5:00 p.m. in the Chapel.

Resident Sue Correll is the director of the chorus, which has not been able to meet or perform for the past three years. Sue has an extensive background in the musical field, holding several degrees in voice, piano, and organ.

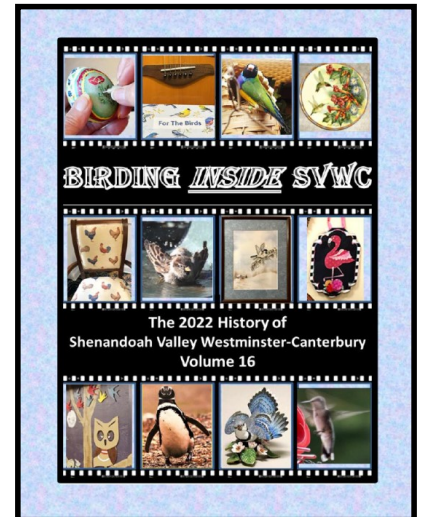
The chorus will be performing everything from sacred music to secular tunes, including American folk and spirituals. Sue plans for the choristers to present Thursday Night Programs in May and December.

*Beverley Simpson*

## SVWC's 2022 History Is Now Available

"**Birding Inside SVWC**" is packed with beautiful photos of the many types of birds that can be discovered inside the buildings and by looking through our windows in the "**Birding In-side SVWC**" feature section and in art, Mother Nature's Team activities, resident activities, resident and staff reports, and more.

The History Committee, with staff support, has again made arrangements to deliver the history to your door, if requested. Look for order forms and directions for ordering in your mailbox. Copies are also available in the Gift Shop and at Sue McKenzie's office in Administration. The \$10 cost benefits The Fellowship Fund.



## Card and Game Party

The Fellowship Fund for Special Events is sponsoring a "Card and Game Party" on Wednesday, April 5, from 1:30 to 4:00 p.m. Residents Joan Claybrook, Lynn Marthinuss, and Martha Parthemos are chairs for the event, which is the first time it has been held since 2020. Outside guests can now be invited and the committee hopes to attract an enthusiastic crowd of individuals who like to play poker, bridge, dominoes, mahjong, chess, canasta, or other games.

Tables will be set up in the Abbey, the Commons game area, and the Activities Room and snacks and door prizes will be provided. Cost is \$15 per person and attendees are encouraged to gather and list their tablemates when registering. Invitations will be issued in early March. Please RSVP to Margie Shepard by March 28 via the form. It is a good way to spend a pleasant afternoon while supporting the Fellowship Fund.



## Cupid had a Busy Day

Valentine's Day at SVWC was celebrated in a number of ways. The main event was a combined Assisted Living, Health Care, and Blue Ridge Hall party that even included a harpist. In the Canterbury Café, Independent Living residents had their own party (not pictured), while in the Bistro free ice cream sundaes were available to residents and staff.



## Next Bistro Concert Showcases Cello and Bass Duo

The concert on Friday, March 17, will feature a cello and bass duo playing Baroque, Italian operatic, romantic, impressionist, and modern works.

The performers are two distinguished faculty members from Shenandoah Conservatory: Donovan Stokes and Julian Schwarz. Prof. Stokes teaches classical and jazz bass and is also gaining recognition as a composer. He has performed throughout the U.S. and internationally with leading chamber groups and has won recognition and awards in numerous competitions. He holds degrees from Vanderbilt and Indiana Universities.

Prof. Schwarz also has a strong musical education with degrees from The Julliard School. His first concerto debut with the Seattle Symphony at the age of 11 pointed to a career of recognition and awards. He too has performed internationally as a chamber musician and is an ardent supporter of new music.



He plays a Neapolitan cello made in 1743.

The centerpiece of their program is a major work composed by Prof. Stokes which is classically oriented, but has jazz, rock, and Hungarian flavors to it. They will also play Rossini's duo masterpiece, a Baroque French duo by J.B. Barriere, one of Satie's Gymnopédies, and an arrangement of a duo by Mozart. They will

sprinkle in solo works as well.

The performance, which is open to the public, begins at 7:30 p.m. Admission is \$10 cash at the door.

*Bob Sherwood*



## SVWC's New Speech Therapist

Christine Ristano joined SVWC's Therapy Department in February. Christine obtained her bachelor's and master's degrees in Speech Language Pathology/Audiology from East Stroudsburg University of Pennsylvania.

Christine comes to SVWC with 14 years of experience in various settings. Her first job in the medical field was at a skilled nursing facility, where she spent a few years working with various neurological disorders, traumatic brain injuries, and laryngectomy patients. Eventually, she made a transition to Inova Health System, where she spent the last 10 years working in both Skilled Nursing and Out-patient Rehab capacities. Christine is working towards her National Brain Injury Specialist certification.



Christine has experience working with traumatic brain injury, head and neck cancer, dementia, expressive and receptive language disorders, voice disorders, fluency, neurological communication disorders, and cognitive decline, among others. She has developed various community support groups for patients recovering from strokes, TBIs, and other communication disorders. She has a particular interest in neurology related to cognitive rehabilitation and the prevention of cognitive decline. Christine enjoys taking creative and functional approaches to therapy.

Christine has been a Virginia resident for 14 years, the last three spent in Berryville, where she lives with her significant other and two dogs.

### **Westbury World**

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## Library Acquisitions - New in March

### FICTION

**The War Librarian (LP) \*** Addison Armstrong  
**Better the Blood** Michael Bennett  
**All the Broken Places (LP)** John Boyne  
**Love, Clancy: Diary of a Good Dog**

W. Bruce Cameron

**Age of Vice (LP)** Deepti Kapoor  
**Sleep No More (LP)** Jayne Ann Krentz  
**The Three Lives of Alix St. Pierre**

Natasha Lester

**The Last Party (LP)** Clare Mackintosh  
**One Last Secret** Adele Parks

**The House of Wolves (LP) \*** James Patterson  
**A Cold Day for Murder** Dana Stabenow  
**With a Trace (LP) \*** Danielle Steel

### NON-FICTION

**What Can a Body Do? How We Meet**  
**The Built World** Sara Hendren

\* A copy in Wappacomo Library

## Thursday Night Programs

**March 2. Drones** Bill Cook will discuss the recent proliferation of small hobby drones and what this means for the future of aviation.

**March 9. The Heart of France:** Paris, the Loire Valley, and Normandy. Ray Leonard narrates his and Barbara's trip to the country whose scenery we have come to love,

**March 16 South Africa:** The Land Behind the Animals. Environmental ecologist Emily Southgate pays special attention to the remarkable flora around Cape Town.

**March 23. Silencing History.** Paul Britner, teacher at Randolph Macon Academy, describes how today's historians are trying to recover the histories of people and events which have long been overlooked or oppressed.

**March 30. Dance.** Austin Gisriel, who in January presented a brief history of popular dance in the 20<sup>th</sup> century, will demonstrate steps for the fox trot, rhumba, and swing on the Abbey's dance floor.

All programs are broadcast live from the Abbey on Channel 970 at 7:30 p.m. but a live audience is encouraged.

*Marjorie Prochaska*

## Chaplain's Message

In the book of Matthew, there is a story about a Canaanite woman who approached Jesus wanting help for her daughter who was tormented by a demon. (Matthew 15:21-28) While the disciples urged Jesus to send her away, Jesus stayed in conversation with the woman and, in the end, granted her request.

What Jesus did in his interaction with the woman was model good communication. He listened to her. And although at first he did not seem particularly open to her request, he did not walk away, or, as his disciples suggested, send her away. He listened. He thought about what she was saying and what her needs were, responding in a way that was helpful.

Too often in our discussions with others, we spend far too much time trying to convince them why our way is the best way. Too seldom do we really seek to understand the other person's point of view – not to agree necessarily – but to understand fully the other person's point of view before offering our own opinion.

In the story of Jesus and the Canaanite woman, Jesus shows us how we are to listen to each other – by seeking first to understand and then to be understood. The woman shows persistence to be sure, but it is Jesus who shows compassion and grace, and who really listens and hears.

In our interactions with others, may we always seek to listen to others as well as Jesus did that day, and, like the woman, be people of great faith.

*Bill Everhart*



Photo by Bill Young

Chef TK and her Super Salad Bar



Harbingers of Spring

Photos by Bill Young

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