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Campus-wide Vaccinations Held: Oh, What a Relief It Is!

On January 19, SVWC held a campus-wide vaccination clinic. A total of 511 were vaccinated: 369 residents, 129 staff, and 13 contractors. There were 48 staff and 32 residents in Health Care who received their second dose.

Only 22 Independent Living residents did not attend the clinic. Ten of them, however, started their vaccination process off-site.

Those who received their first dose will be given the second dose on February 9 at a similar clinic. Revisions to the schedule for resident times will be made.

Seven Walgreens pharmacists were onsite to administer the Pfizer vaccine. They came from West Virginia, northern Virginia and Stafford, as well as locally.





Photo by Leila Orndorff

From the President/CEO

It has been a while since I have given an update on various capital improvements planned for the campus so this month I will focus on a number of ongoing projects.

First, the Interiors Committee has met with a local interior designer to explore flooring options for the second and third floor of Winchester Hall. The committee was able to narrow some of the choices and we are waiting on samples to arrive to make a final decision. The carpet replacement on the second floor will need to be coordinated with the construction of the new covered entrance. The damaged hardwood floor in the Harowitz Dining Room also needs to be replaced. Again, the Interiors Committee reviewed numerous selections and is waiting for samples to arrive. The room will also be painted to brighten its feel.

SVWC will be installing bipolar ionization generators in our assisted living and health care areas as a means of combatting covid-19 and other airborne infectious diseases and viruses. The equipment has been ordered and we are expecting delivery by the end of January. SVWC will monitor the results of the system and the plan is to add funds to the 2022 capital budget to install similar systems in the remaining areas of the campus.

We have received approval from Frederick County to add a second elevator to Wappacomo Hall. It will be in the stairwell next to the current elevator. Final designs are being completed following conversations with the architect. Installation will begin sometime around April or May.

Work continues on the addition of a covered entrance to Winchester Hall. After the architect met with residents in the fall, the scope of the initial project was broadened. SVWC is working through the details with our architect and a local engineer. Once the design is complete, construction estimates will be solicited. Depending on the permit process, it could take several more months before construction begins. We appreciate everyone's patience during this project.

I am also happy to announce that we did purchase and are installing a new sound system for the Chapel. It will enhance the services and the streaming of services. This work should be completed by February 1.

Jeannie Shiley

Bridge Gallery Displaying Pauline Archambault's Paintings

Pauline was born near Montreal, Canada. A gifted skater, she joined the Ice Capades at 19 and toured with the famous troupe for three and a half years. As for her career, she was an independent real estate broker in Fredericksburg, VA. Following retirement, she developed an interest in painting, which was encouraged by a sale of 25 of her works from an exhibit at the town library.



The Power of Words

Word of the Month:

person living with dementia

(instead of demented)

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Library News February Acquisitions

FICTION

The Mystery of Mrs. Christie Marie Benedict Cry Baby Mark Billingham Shadow of the Dragon Marc Cameron Piece of My Heart Mary Higgins Clark The Ends of the Earth Robert Goddard You Lucky Dog Julia London The Kingdom Jo Nesbo **Deadly Cross (LP)** James Patterson In an Instant Suzanne Redfearn Perestroika in Paris Jane Smiley White Ivy Susie Yang

NON-FICTION

No Time Like the Future Dancing in the Mosque When My Time Comes Michael J. Fox Homeira Qaderi Diane Rehm

New Assistant Director of Health Services

Andrew Shiley has joined the SVWC team as our Assistant Director of Health Services. He graduated from Shepherd University in 2013 with a B. S. degree in nursing. Andrew worked as a



certified nursing assistant at SVWC for three years while he completed his degree.

For the past eight years, Andrew served as a clinical services leader for WVU Healthcare at the Berkeley Medical Center in its intensive care unit and most recently the post-anesthesia care unit.

Andrew is married and has two young sons. He lives with his family in Bunker Hill, WV, and enjoys fishing and being outdoors.

Ruth Miller Turns 100

Ruth Miller was born in Martinsburg, WV, on February 16, 1921. She graduated from Martinsburg High School and then went to Mary Washington College for three years before she put her college on hold for her family.



Ruth was married on October 18, 1941. She had three children. Once they had grown a little, she attended Shepherd College and graduated in 1958 with a degree in Elementary Education. She taught 3rd grade until she retired. Ruth was

married for 71 years. Her husband Charles died in 2013.

Because of her husband's career as a semipro baseball player, Ruth lived in Knoxville, TN, Ft. Lauderdale, FL, Raleigh, NC, and finally settled in Martinsburg. She loved going to the beach every summer, and she also enjoyed day trips with her friends.

Ruth was a member of two garden clubs. She liked to sew, and dabbled in art, played bridge, and was a lifelong member of St. John's Lutheran Church in Martinsburg and is its oldest member.

Auction to Benefit Fellowship Fund

The Fellowship Committee for Special Events is organizing an online auction to be held March 17-24. There will be a preview of auction items on Channel 977 after Coffee with Administration on March 10. Bidding will begin on March 17.

Information will be provided on how to register and bid online. Assistance will be available for those without computer skills.

If you have an upscale item or service to donate, call x923 or x657 before March 1.

Martha Parthemos

New Exhibit Scheduled

Lawrence Gallery is planning an exhibit of works of art created by the residents and staff of SVWC. "Handmade from Westminster" will open in early February and will include a potpourri of paintings and sculpture in a wide variety of styles and materials.

Loretta Johnston

Chaplain's Message

Every year at this time, I think about the movie *Groundhog Day*. The main character is a rather cynical newscaster who is assigned to cover the annual emergence of Punxsutawney Phil on February 2 in the small town of Punxsutawney, PA. The movie's plot is completely focused on the fact that every morning the newscaster wakes up to the *same* morning: Groundhog Day. He has to repeat that same day, over and over. We are not told why, but the presumption is that he has to keep reliving the day until he gets it right.

The movie always reminds me that this is not the story for us. Every morning, we wake up to a new day, another chance at a clean page. We do not have to keep doing it over until we "get it right." We may have troubles that carry over, but we still have a new day in which to face them. Each day, there is hope.

I grew up singing the hymn, "Great is Thy Faithfulness"; the chorus is based on the Bible verses: "The steadfast love of the Lord never ceases, his mercies never come to an end; they are new every morning; great is your faithfulness" (Lamentations 3:22-23). The writer of these verses pauses—in the middle of a lament—to celebrate the faithfulness of his God, and the sure knowledge that mercy is renewed each and every morning. Let us hold onto and live into this hope for ourselves. Each day dawns anew, a fresh page on which we can continue to write our stories.

Betsy Stow

Westbury & World

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