

Westbury World

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A Productive JAM Session



Over the years, I have often expressed my appreciation and gratitude for the support we received from the JAM group. JAM stands for Joint Administrator's Meeting. This is how the six

Westminster-Canterbury's, Sunnyside, and Goodwin Living refer to our collective group who try to get together and meet at various times throughout the year. These meetings have been going on for a long time. For single-site communities like SVWC, these meetings are invaluable.

On November 7 and 8, the JAM group met for the first time in person since the fall of 2019. Westminster-Canterbury Chesapeake Bay (WCCB) hosted the meeting. Invited guests included the Chief Financial Officers, Chief Operating Officers, Administrators, Directors of Human Resources, and IT Directors. For Chanda Palmer and Susie Nail, it was the first time that they were able to meet with their colleagues at the other communities since taking on their new roles.

When we arrived on Monday afternoon, we took a tour of a new rental community that WCCB has purchased called Opus Select. The new community is only two blocks from their existing campus and contains 172 apartments. We were then treated to a wonderful meal served in the Penthouse Lounge with extraordinary views of the bay.

On Tuesday morning, each group met separately before coming back together. Each group gave a report of what was discussed. The CEO from each campus then gave a community update.

Some of the areas of discussion among the groups included:

- Operating during these challenging times. Covid, increasing regulations, staffing, inflation, and balancing resident expectations with budgetary constraints were the main topics of conversation.

- Expansion and growth. Each community is growing in some form or another. It is interesting to hear their stories and compare notes.

- Potential opportunities to reduce expenses with outside vendors. As a result of the current inflationary climate, there may be opportunities to collectively renegotiate contracts or receive competitive bids to reduce expenses.

- Staffing challenges. This was discussed in every breakout session. Every community is trying different tactics to attract employees. Some have started using agencies and others have not. Various scheduling software were discussed.

- Different software applications. Solutions were discussed to help gain efficiency as well as enhanced monitoring to keep data secure.

- New regulations. The requirements of participation from the Centers for Medicaid and Medicare services were discussed among the administrators. To date, none of the communities have been surveyed under the revised guidelines.

Each group individually decided to meet at least monthly via Zoom to continue these conversations. Starting in 2023, the group will also plan to meet in person on a quarterly basis. It is a wonderful opportunity to visit other communities and learn from one another.

I am grateful for the JAM group and the solid relationship that has only strengthened with time.

Jeannie Shiley, President/CEO

New Board of Trustees Member

Mark Loring joined the Board in November as a Class I Trustee, filling the unexpired term of Christopher Molden. Mark resides in Winchester with his family.



Mark is a management consultant. He assists organizations with management challenges, training requirements, and strategic planning. For over eight years, he served on the Winchester Planning Commission, the last five as chairman. He served as a U.S. Army engineer for 33 years.

Mark has a business degree from Fayetteville State University, a master's degree in business from Campbell University, and a master's degree in national security from Georgetown University.

Mark is a member of Christ Episcopal Church in Winchester.

Sue McKenzie

Christmas Activity Calendar

December 6 Resale Shop Christmas Sale 9 a.m. to 1:00 p.m. The Abbey

December 8 12 Days of Christmas Give-away begins (held Monday through Friday)

December 12 and 13 IL Christmas Lights Ride 6:00 p.m.

December 13 Judging for Door Decorating Contest 10:00 a.m.

December 14 Prizes for Door Decorating Contest Winners Given at CWA

December 14 Health Care Christmas Lights Ride 6:00 p.m.

December 15 Wappacomo Hall Christmas Lights Ride 6:00 p.m.

December 16 Blue Ridge Hall Christmas Lights Ride 6:00 p.m.

December 23 Christmas Variety Show, Channel 970 2:00 p.m.

December 23, 24, 25 Cottage Luminary Lighting 6 p.m.

December 24 Worldwide Bell Jingle (Outside) 6:00 p.m.

January 7, 2023 New Year's Gala 7:00 to 10:00 p.m.

Laura Hager

Photo by Bill Young



Employee Appreciation Fund Drive Results

At the November 16 Coffee with Administration, Employee Appreciation Fund (EAF) gifts to 335 employees were given to the heads of their departments. In addition, the Human Resources Department mailed EAF gifts to the 55 people who left employment during the year. Thanks to the generosity of 76 percent of residents, gifts ranged from \$20 (newly hired since October 26, 2022) to \$1,250, an increase of 8 percent this year, for a total of \$249,320.

A note with the new Residents Association logo enclosed with each check says "This gift from the SVWC residents comes to you with our respect, appreciation, and our best wishes for a joyous holiday season."

This year, for the first time, gifts were in the form of checks rather than cash. Thanks to Bill Young for procuring and loading the software to accomplish this. With his expertise, all who assisted with the process agree that this went much more smoothly and accurately.

Cathie Russell

Welcome to our New Neighbor

Mary Utterback moved into 206 Shenandoah Hall from Manassas, VA.

Merry Christmas

Chaplain's Message

In the first chapter of the Gospel According to Luke, we find the wonderful words of Mary, "My soul magnifies the Lord, and my spirit rejoices in God my Savior, for he has looked with favor on the lowliness of his servant. Surely, from now on all generations will call me blessed." These words – the opening words of The Magnificat – speak of Mary's praise, given to God for all God has done for her, and for choosing her to be God's servant.

These are rich and moving words from Mary, a woman whose life could have wound up in scandal and unhappiness at the age of 14, but who instead, by her own admission, became the recipient of "mighty and great things."

The lesson we learn from Mary here is this: We are all called to live lives of servitude and devotion to God in response to all we have received from God – even though, like Mary, from time to time, we may find our lives confusing and difficult. The good news is that we are enabled to do this because, also like Mary, we have had the will of God revealed to us – revealed to us in the words of Holy Scripture and in the life, death, and resurrection of Jesus Christ.

During the season of Advent, as we await the coming of our Lord and Savior, may all our souls glorify God almighty, the God of our salvation who has blessed us, and done great things for us all.

Bill Everhart

The Golfing Scene at SVWC

With the encouragement of Residents Association President Sylvia Wilson, some golfers at SVWC organized a series of "golf classics" at the Rock Harbor Golf Club from July through October. They were designed in part to give residents and future residents an opportunity to get to know each other. Eleven residents and two futures participated in one or more of these games. Bob Bolan, Rick Eisenstaedt, and Larry Pettinger served as an informal steering committee.

There were eight nine-hole competitions. Bob Bolan, Rick Eisenstaedt, and Bruce Jackson played in all eight; Bill Andres in six; Jim

Anderson and Mike Jeffries in five; Bob Becker and Larry Pettinger in four; Richard Batchelet, Robert Ingraham, and Fran Jeffries in three; and Doug Adams and Marty Tabaka in two.



Photo by Larry Pettinger

On October 27, at the awards dinner in the Activities Room, with excellent food provided by Dining Services, Jacki Brown donated a Doulton Toby mug to be presented annually. Doug Adams won for his tee shot closest to the pin. The late Ellen Bisson donated the "Gary Bisson Texas Wedge Challenge" in memory of her husband who organized past golf outings. Bruce Jackson won by sinking a putt from off the green.

Bob Bolan

Honoring Farley's Love of Butterflies

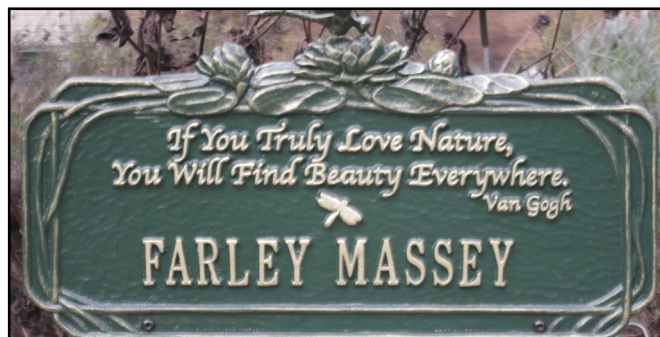


Photo by Bill Young

The late Farley Massey led the effort to encourage residents to plant milkweed so migrating monarchs would have a place to lay their eggs as they flew further south. Under her leadership, interested residents fulfilled the requirements to become a Monarch Waystation. In Farley's memory, a sign has been placed at Plot 26, which was Farley's garden plot. The best plants for butterflies have been chosen for this garden.

Rosalind Bovey and Marcia Keech

Thursday Night Programs

December 1. In a visit to the Celtic world, **Jill Hazelbauer-Von der Ohe** will celebrate music from Scotland, Ireland, Wales, Brittany, and the Shetland Islands. Live in the Abbey.

December 8. **Bob Bolan** will lead a discussion about truth. What is it, and who decides? Live in the Abbey.

December 15. **Bernard McDaniel** introduces **Rachel Thompson** of the George C. Marshall Center in Leesburg who will tell the story of "The Candy Bomber of the Berlin Airlift." Live in the Abbey.

December 22. Introduced by **Ross Curtis** and directed by **William Floyd**, the Blue & Grey Chorus will sing barbershop melodies and holiday music. Live in the Bistro.

December 29. No program.

All programs start at 7:30 p.m. and are subject to postponement.

Marjorie Prochaska

Santa Paws

The annual Santa Paws event will be held on Wednesday, December 7, from 7:00 to 9:30 a.m. Residents and staff are welcome to participate by donating pet food that will go to local shelters. There will be a flatbed cart in front of the Gift Shop and another in front of Morgan's Tavern that morning. Drop off your food items to either cart. In return, you can pick up a free to-go breakfast from the Tavern. The Foundation will buy food items in bulk, and all food will be matched pound for pound by the All Pets Cremation Center of Omps Funeral Home. Thanks to everyone for supporting our furry friends.

Kitty Zuckerman



Library Acquisitions New in December

FICTION

Shrines of Gaiety (LP)	Kate Atkinson
Long Shadows (LP) *	David Baldacci
Treasure State	C.J. Box
The Maze	Nelson DeMille
Oath of Loyalty	Vince Flynn
The Boys from Biloxi	John Grisham
Demon Copperhead (LP)*	Barbara Kingsolver
The Christmas Spirit	Debbie Macomber
Home Sweet Christmas	Susan Mallery
Our Missing Hearts (LP)	Celeste Ng
The Bullet that Missed (LP)	Richard Osman
Blowback (LP)	James Patterson
The Twelve Topsy-Turvy, Very Messy	
Days of Christmas (LP)*	James Patterson
Mad Honey	Jodi Picoult
Righteous Prey (LP)	John Sandford
Suspect (LP)	Scott Turow

NON-FICTION

The Book of Joy (LP)	Dalai Lama, Desmond Tutu
Hortus Curious	Michael Perry
Dinners with Ruth	Nina Totenberg
Starry Messenger	Neil deGrasse Tyson

* Copy in Wappacomo Library

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Phones: 540-665-0156 800-492-9463

Co-Editors:

Paul Arnold* — Text Carl Hess — Layout
Staff Liaison: Sue McKenzie

Work Group:

Patricia Baldwin - Bill Cook - Marcia Greene
Bruce Jackson - Peggy Jackson
Mattie Olson - Roland Olson
Hartley Scheerer - Bill Young

* Contact Person

New Lawrence Gallery Exhibit Has a French Accent

The exhibit features the oil paintings of Robert (Bob) Prouty and will be on display until January 6, 2023. Bob attended high school in Fairfax County, VA, with SVWC resident Judi Booker.

After teaching a summer art class in France 20 years ago, Prouty settled there and has been a full-time artist ever since. His son, siblings, and friends are in the U. S., so he visits every November.

Judi first introduced the Art Committee to his work in 2019, and his exhibit was scheduled for 2020 but had to be postponed twice due to covid. While the exhibit cannot be opened to the public, the committee is still thrilled to finally have his fine art adorning the gallery. Prouty captures his subject matter in the style of an old master. Some paintings are whimsical, some simply beautiful, but all showcase cultures in other countries, and are for sale.

Joining the French-themed exhibit are items in the two display cabinets that reveal other elements of France, from Limoges china by Haviland, Elite, and Pouyat to crystal glassware and tiny boxes. Take a stroll through the gallery and imagine you are in a French art museum.

Kitty Zuckerman





A Christmas Crèche on Display in the Commons

Photo by Bill Young

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Winchester, Virginia 22603
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