
Westbury World

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A Time of Total Teamwork

"When the going gets tough, the tough get going." "Teamwork makes the dream work." "If it was easy, anyone could do it." I just love such little sayings that help to sum up a situation. So, while things may be a bit different for the immediate future, it has certainly not dampened our spirits or attitude.

When SVWC decided to mandate the COVID vaccine, we realized that some employees would look for other employment. While we hated to see them leave, we also respected their freedom of choice. It was around this same time that many of our college students headed back to school. Each department was asked to plan accordingly to help minimize any impact on the residents. Even though some services or areas have been reduced, we hope it will be temporary.

In the meantime, many of you have noticed new faces in various areas of the campus. We have resident volunteers who are assisting in many areas of the buildings. Some are delivering newspapers, packages, and meals. Some are helping to roll silverware for dining services (which is harder than it looks). Some are even helping outside by pruning trees and pulling weeds.

We also have leadership team members who are volunteering to work in different areas. You may see a face from Finance or the Foundation working the register in the Bistro. Our Director of Environmental Services can be seen helping to cook dinner in the evenings. Others are helping to stock items or serve meals to the residents. Many of us have learned how to use the switchboard and other tasks. For the time being, it is definitely other duties as assigned.

The good news is that we continue to recruit aggressively, and we are beginning to fill some of the open positions. We continue to offer sign-on and referral bonuses as an incentive to bolster our workforce.

I cannot thank everyone enough for all the support our team members have received. The leadership team, with the support of our Board of Trustees, is doing our best to recognize and show staff how much their dedication and service is appreciated. We have arranged for several food trucks to come on campus to provide donuts and pizza to the staff.

They say it takes a village and I am grateful and blessed to be part of the SVWC village. Thank you for your patience and continued support.

Jeannie Shiley, President/CEO



Jeannie Cleans Trays

More photos on p. 2

Lending a Hand to Dining Services



Chanda Tends Bar



Nancy Takes Orders



Jim Cooks Potstickers



Damian Prepares Meals



Donielle Seats Residents

The restaurant industry is experiencing labor shortages nationwide and SVWC has its own shortage of kitchen employees. To help bridge the temporary gap, some senior staff members and even some residents have volunteered to substitute in a variety of positions at dinner time.

Residents Also Volunteer



Peter serves pizza

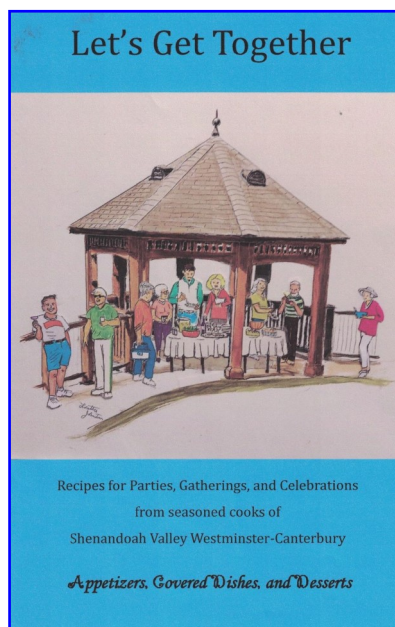


Sandy wraps flatware

Photos by
Bill Young

Cookbook Available Soon

The Fellowship Fund for Special Events Committee's cookbook "Let's Get Together" is coming out in October. The cookbook contains recipes from residents, staff, leadership and the boards. Thanks to everyone who sent it recipes. Over 160 recipes of appetizers, covered dishes, and desserts are included.



Melissa Boies

Pre-Thanksgiving Fundraiser

Make room for those Thanksgiving calories by joining the 2nd annual Pre-Turkey Trot, Walk, or Scoot. A joint fund-raising effort by the SVWC Foundation and Mother Nature's Team, this extended event is from October 15 to November 19.

Enjoy the fall splendor of 2.5 miles of walking trails; and, new this year, you can enter your dog, count mileage from geocaching, or join in a fall scavenger hunt on the campus. Residents of Wapacomo Hall may count minutes on fitness equipment. Prizes will be awarded for the most raised, most donors, and most miles/minutes. Be alert in your travels, as a picture of one or more of our resident turkey flock will also win you a prize.

Walkathon packets are available through the Foundation Office and will be placed in mailboxes. Donations can be by the mile/minutes or a flat amount; they can be made to any SVWC Foundation fund. Call the Foundation Office at Ext. 657 to make a donation or to ask questions.

Melissa Boies and Judi Booker

Motion sensor photo

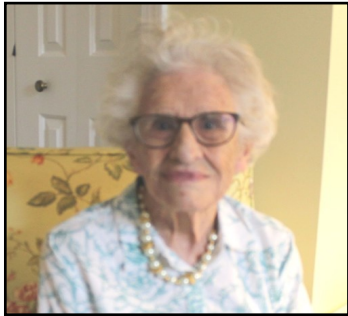


Welby Brown Approaching 100 Years

On October 27, Welby Brown will be 100 years old. She was born near Upperville, VA. As a child, her family moved about extensively, but she loved Upperville the most. She lived in South Carolina, North Carolina, Alabama, Georgia, Ohio, California, Washington, D. C., Maryland, and Virginia. She attended public schools in the south, and during her teenage years she attended and graduated from St. Agnes High School in Alexandria, VA.

During World War II, she worked for the Air Force Motion Picture Unit in Culver City, CA. Before her marriage in 1953 to the Rev. E. Guthrie Brown, Welby worked at the National Bank in Alexandria and for the American Red Cross.

Photo by Nardia South



Welby accompanied her husband, who died in 1996, on his church assignments in Morehead City, NC, Manassas, Staunton, Millwood, Boyce, and Old Chapel, VA. They

raised two lovely daughters, Mary and Lucy. Mary professionally trains race horses in Maryland and Lucy is a professional photographer who does photoshoots throughout the US and the UK. Welby's family had the honor of meeting Queen Elizabeth and President George W. Bush and the First Lady during a Presidential Meeting.

In the past, Welby was active in many church-affiliated activities and in the Brownies. Her hobbies included gardening, flower arranging, riding, and reading. She was also president of the Upperville Lending Library, the smallest library in the US.

Annual Blessing of the Animals

Attention all SVWC pets! Alert your owners to take you to the courtyard gazebo on October 4 between 11:00 a.m. and 12:30 p.m. so you can be blessed by Chaplain Elizabeth. If it rains, call her on Ext. 971 to set up an in-home blessing. It's your substitute for a vaccination.

Christine Stacey, Nurse Practitioner, Joins Clinic

In August, Christine Stacy joined SVWC as part-time Nurse Practitioner. She currently works Tuesday and Thursday evenings and during regular business hours on Wednesdays.

Christine recently moved back to Winchester after graduating from Shenandoah University in 1995. Winchester is her hometown, and she is excited to return after living in Charlottesville for over 20 years. In Charlottesville, she obtained her nursing degree and post-Master's certificate as a Family Nurse Practitioner. She began her nursing career, at the bedside, in the Medical ICU at UVA. She has experience in gastroenterology, otolaryngology and primary care.



Christine has five daughters, ages 19, 16, 14, 12, 3 and a supportive husband who owns a music store. Her hobbies include reading, working in her garden, taking care of her farm, going to auctions, and sewing.

Active Aging Week Activities

Active Aging Week will be observed at SVWC from October 18th to 22nd. It will consist of six events: Scavenger Hunt, Wellness Challenge, Wreath Decorating Contest, Brain Teaser Challenge, Paper Airplane Competition, and Bingo. Signup sheets will be posted in the Bistro information area starting October 6.

Movies shown on Channel 970 on October 18, 19, 20, 22, and 23 will celebrate active aging.

Laura Hager

Welcome to our New Neighbors

Peggy Kenney moved to 308 Shenandoah Hall from Jeffersonton, VA.

Gail Kercheval moved to 427 Winchester Hall from Winchester, VA.

Carol Lash move io 395 Wappacomo Hall from Charlottesville, VA.

Jane Jolley Reaching 102 Years

Jane was born on October 30 near the end of World War I in the old Winchester Memorial Hospital. Following graduation from Handley High School in 1932, she went to work at the Clearbrook Woolen Mill for William H. Lawrence, who, with his wife Nancy, donated the land on which SVWC is built. Jane subsequently worked at the Farmers & Merchants Bank for 42 years; she started as secretary to the president and eventually became vice-president.

In 1941, Jane married Clark W. Jolley. After she retired, they enjoyed traveling to different countries. They moved to SVWC in 2007. He passed away in 2012.

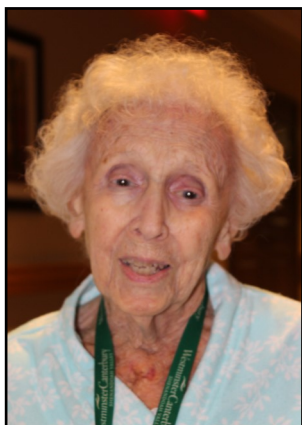


Photo by Amber Daniel

Occupational Therapy Assistant Megan Brown

Since 2014, Megan Brown has worked per diem at SVWC as a Certified Occupational Therapy Assistant. She joined the SVWC team full-time in August.

Megan resides in Paw Paw, WV, with her husband Donovan, son Cole, and pug dog Daphne. She graduated from Alleghany College of Maryland in 2002 as a Certified Occupational Therapy Assistant. She worked as a COTA at Western Maryland Health System for 10 years in various settings, including Acute Care, Outpatient, and Inpatient Rehab.

In 2007, Megan became a Certified Lymphedema Therapist. From 2007 to 2012, she worked in a lymphedema clinic and furthered her education in lymphedema with head/neck and breast cancer rehabilitation training.

Megan enjoys vacationing at the beach, kayaking, and traveling to various baseball parks with her husband and son.

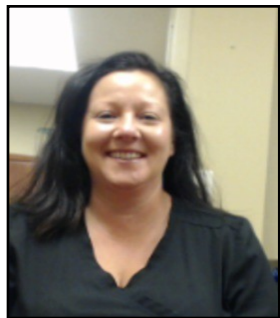


Photo by Kim Cheeks



Library News — October Acquisitions

FICTION

A Long Petal of the Sea	Isabel Allende
Emily's House	Amy Belding Brown
Blind Tiger	Sandra Brown
Sworn to Silence	Linda Castillo
Damnation Spring	Ash Davidson
A Slow Fire Burning	Paula Hawkins
Churchill's Secret Messenger	Alan Hlad
Silver Tears	Camilla Lackberg
Not a Happy Family (LP)	Shari Lapena
Agatha of Little Neon	Claire Luchette
Count the Ways	Joyce Maynard
The Madness of Crowds	Louise Penny
The Bone Code (LP)	Kathy Reichs
The Warsaw Orphan (LP)	Kelly Rimmer
The Last Mona Lisa	Jonathan Santlofer
Black Ice	Brad Thor

NON-FICTION

Into the Deep	Robert Ballard
The Orphans of Davenport	Marilyn Brookwood
The Appalachian Trail	Philip D'Anieri
The Code Breaker	Walter Isaacson
I Alone Can Fix It	Carol Leon-

Employee Appreciation Fund Reminder

It is the season for making your contribution to the Residents Association's Employee Appreciation Fund (EAP). The goal is for every resident to show gratitude for the many ways SVWC's employees contribute to their comfort and safety throughout the year. Please consider how much you value the employees' services and express your appreciation by contributing now.

The last date for making a donation to this year's gift is October 31. Checks should be made out to SVWC Residents Association and "EAF" written on the memo line. Place them in the EAF box near the Post Office or the box on the second floor of Wappacomo Hall. These gifts are not tax deductible.

Cathie Russell

Chaplain's Message

Crossing the courtyard recently, I stopped with a resident to enjoy the scene for a few minutes. We watched the fish and saw a turtle. He told me three turtles were placed in the pond, but he only saw one, so he did not know if two escaped or if he just saw one at a time. I suggested naming them and painting it on their backs. He suggested at least painting a 1, 2, and 3 on them. I named the turtle "Clyde," and he said maybe it's really "Clydine."

I had the fun of telling him what that area of our campus was before Winchester Hall was built. The groundbreaking was held in that space and was followed by a great deal of blasting. Huge machinery came in and picked the trees straight up out of the ground, roots and all, and fed them into a chipper shooting small pieces directly into large trucks.

The administration suite, Employee Learning Center, and gift shop were once the serving area and cafe dining area.

Instead of the mail being where the showcases are currently located across from the gift shop, it was going to be all the way to the end of the Bistro. One lady counted how many more steps that would take. For her, and many others, that number mattered.

Many people in our community were extremely anxious and even fearful before and during that time. During Coffee with Administration, one issue was consistently raised and discussed with many different voices saying the same thing: "Nothing will be the same again, and we are terrified."

But we did it. We built something wonderful, and many people came to our community. And I had the small pleasure that day of sharing some memories of the early days with one of the people who came.

Elizabeth Lewis

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Shenandoah Valley Westminster-Canterbury
300 Westminster Canterbury Drive
Winchester, Virginia 22603
(540) 665-0156
www.svwc.org

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Phones: 540-665-0156 800-492-9463

Co-Editors:

Paul Arnold* — Text Carl Hess — Layout
Staff Liaison: Sue McKenzie

Work Group:

Patricia Baldwin - Bill Cook - David Greene
Marcia Greene - Bruce Jackson
Peggy Jackson - Mattie Olson - Roland Olson
Hartley Schearer - Bill Young
* Contact Person

