



LIFE-CHANGING LEADERSHIP HABITS

**10 Proven Principles
That Will Elevate People, Profit, and Purpose**

DR JEFF DOOLITTLE

This everyday guide features field-tested and proven solutions to bring out your best and be the leader you want to be, and the world needs you to be.

BOOK OVERVIEW

Life-Changing Leadership Habits is a comprehensive everyday guide for creating good leadership habits and breaking bad ones to get more out of life and work. You won't find a more practical and actionable book on building habits that elevate people, profit, and purpose. The bad habits of leadership that we have all witnessed or engaged in are not destiny. Striving for better habits is a competitive advantage available to any leader looking for a powerful point of differentiation. This everyday guide is to the point. You'll discover ten proven principles the best and most creative leaders use to achieve outstanding organizational results. Each life-changing habit is backed with practical strategies, so you can start seeing results right away. This book's focus and contribution are grounded in psychology, philosophy, biology, and neuroscience research. Stories on leadership vices will draw curious-minded readers into learning about remedies to develop virtuous leadership attributes. Leaders must continually transform and adapt or fall behind. While the work, worker, and workplace constantly change, this book's life-changing leadership habits and proven solutions are timeless. Whether you're a seasoned executive or just starting, these principles can build a rewarding career, business, and life.

CONTACT AND ORDERING

- **WEBSITE** <https://www.lifechangingleadershiphabits.com>
- **EMAIL** info@organizationaltalent.com
- **PHONE** (616) 803-9020
- **DISCOVERY MEETING** https://calendly.com/organizational-talent/life-changing_leadership_habits_discovery

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AUTHOR Dr Jeff Doolittle

GENRE Business and Economics

PUBLICATION DATE March 5, 2023

PUBLISHER

Organizational Talent Consulting
Byron Center, MI 49315
616-803-9020
www.organizationaltalent.com

BOOK SPECIFICATIONS

- **PAGE COUNT** 286 pages
- **FORMAT** Hardcover, Softcover, eBook
- **TRIM SIZE** 6" x 9"
- **ISBNs**
 - 979-8-9871919-2-7 (hardcover)
 - 979-8-9871919-0-3 (softcover)
 - 979-8-9871919-1-0 (eBook)

RETAIL PRICES

Hardcover: \$31.99
Softcover: \$17.99
eBook: \$9.99

ABOUT DR JEFF DOOLITTLE

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Dr. Jeff Doolittle has helped business owners and executive leaders of small businesses all the way to global Fortune 50 companies. His work is being taught in university classrooms. He is the founder of Organizational Talent Consulting, a premier executive coaching and business consulting firm for leaders and organizations interested in achieving success and significance.



Recently, he served as the associate dean of online graduate business programs for his alma mater, Olivet Nazarene University. Jeff received a Doctorate in Strategic Leadership from Regent University and is a certified International Coaching Federation executive coach. He started and volunteers with a local ministry in his community that has helped hundreds of people on the road to recovery from life's hurts, habits, and hang-ups. He considers himself an organizational naturalist and pracademic—someone who studies organizations and is a practitioner of the latest academic research in leadership.

You can learn more about Jeff and his proven solutions by visiting his company website, organizationaltalent.com.

A FEW SUGGESTED INTERVIEW QUESTIONS

About Dr. Jeff Doolittle

- Why did you write this book?
- What field of study did you get your doctorate in?
- How long did it take you to write *Life-Changing Leadership Habits*?
- What would you say are your strengths as a non-fiction author?
- Where can people find more articles and resources by you and do you plan to write any more books?

About Life-Changing Leadership Habits

- Life-changing leadership habits sounds like a big promise, how did you come up with that title?
- What are the worst leadership habits in business today?
- If you had to pick one habit, what is the greatest leadership habit?
- What are a couple of the more surprising habits you cover in this book?
- What is your goal for this book?

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PRAISE FOR LIFE-CHANGING LEADERSHIP HABITS

Dr. Doolittle has written a concise directional book on how to be successful at leading self, employees, customers, and shareholders. Dr. Doolittle shows the progression of the right values that result in the right beliefs. These beliefs produce intentions to behave toward self and others that lead everyone within the scope of the leader to grow towards human flourishing. Research shows that employees leave employment because of the managers. Given a caring company where the employees wanted and nourished, managed by people who seek the well-being of the employees and customers, employees become committed partners within the organization seeking to achieve the organization's goals and missions. Dr. Doolittle makes the complex topics understandable and achievable. A book every manager should read and practice.

— **BRUCE E. WINSTON, PHD**, Professor of Business and Leadership

Dr. Jeff's book, *Life-Changing Leadership Habits*, provides a framework which any leader (new or experienced) can use to both reflect on their own leadership habits and to develop those leaders they are called to mentor and train in their organization.

The concepts identified in his book include a compilation of solid leadership principles, thought provoking personal reflection questions, and transformational tools to guide ones personal leadership development journey.

As I continue to develop and mentor leaders, you can be sure that the conversations will most certainly include the "10 Life-Changing Habits" covered in this book. While there are many books written about the skill set of business managers it was refreshing to consider the real difference which "Life-Changing Leadership Habits" can have on both the leader and others within the organization.

— **DR. ROB SIMPSON**, President, Global Business Leadership Center

Dr. Jeff Doolittle's book, *Life-Changing Leadership Habits*, offers a rich variety of practical approaches to facilitate leader development by turning leadership vices (bad habits) into virtues (good habits). His book offers valuable insights linked to practical case studies and resources based on theory and reflective observations. Drawing from his extensive work and personal experiences with world leading organizations, Jeff distills a commonsense approach to leadership development into practical application for immediate use. Unlike traditional leadership books, Jeff captivates the curious minded by drawing the reader in with a focus on the vices prior to offering remedies to develop virtuous leadership attributes. This book has wide application for leaders at all levels, especially for those in senior leadership and executive roles.

— **DR. VIRGINIA RICHARDSON, BCC**, Business & Healthcare Futurist

Your approach of this project brings fresh, deliberate, practical, and revolutionary perspective to leaders, leadership, and leader development. Your focus on virtues and character through the lens of breaking bad habits provides leaders needed insight for awareness and guidance for change. The scenarios in each "Life-Changing Leadership Habit" chapter let the leader see themselves in a non-threatening way which can open the door for personal change.

Addressing virtues through the vices that result when virtues are violated is ingenious and I expect will get the attention of leaders and as this book is applied it will yield tremendous leader development.

— **DIANE M. WIATER, PHD**, Visiting Professor, Chair of Organizational Leadership

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