## **SOURCE PLASMA DONORS**

If you are interested in becoming a donor:

- 1) Visit DonatingPlasma.org
- 2) **Enter your zip code/city** to find the location of a plasma center closest to you
- 3) **Contact the center** to learn of any specific requirements for donating your plasma
- 4) Request an appointment as a first-time donor

It takes commitment and dedication to become a source plasma donor—commitment to the rigorous donation screening process and dedication to lead a healthy lifestyle to remain a qualified donor.

To ensure quality and safety, plasma from one-time only donors is not used to produce medical therapies.

Donors must return to the center, make a second donation within six months, and test negative for transmissible diseases on both occasions in order for their plasma to be used to help those in need.



**BECOME A PART OF A LIFESAVING JOURNEY** that plasma takes from a dedicated donor to the thousands of patients with rare diseases who depend on plasma protein therapies to lead healthy, productive, and fulfilling lives.



### DONATIONS NEEDED TO TREAT ONE PATIENT FOR ONE YEAR\*

130:

PRIMARY IMMUNODEFICIENCY DISEASE (Without treatment, patients can become chronically ill from severe, recurrent infections)

900:

ALPHA-1 ANTITRYPSIN DEFICIENCY (Without treatment, patients can have chronic emphysema and liver damage)

\*Based on 150 lb. adult treated for one year.

1200: 🛉

**HEMOPHILIA A** (Without treatment, patients cannot regulate bleeding, which can be fatal if bleeding occurs in brain or vital organs)





# STEPS FOR DONATING **PLASMA**



#### **CHECK IN AT RECEPTION**

When a new donor enters the plasma donation center, he or she checks in at the reception area and presents a governmentissued ID with proof of current address. He or she then takes a few minutes to fill out a new donor history questionnaire.





#### **HEALTH SCREENING AND PHYSICAL EXAM**

In a private room, qualified medical staff at the center will ask questions to verify eligibility as a plasma donor, record the donor's medical history, and check the donor's name against the National Donor Deferral Registry® to make certain they are eligible to donate. Vital signs will be checked and a "fingerstick" check will be performed to measure the level of red blood cells and plasma proteins in the blood.



#### PLASMAPHERESIS PROCEDURE

Once the screening and exam are completed, trained medical staff will connect the donor to a plasmapheresis machine, which removes whole blood, separates the plasma from the other blood components, and then returns those components to the donor using a sterile, single-use medical kit.





#### THANKS FOR TIME AND COMMITMENT

Once a donor has completed donating, he or she is able to rest and recover in a dedicated area of the center, and is thanked for the valuable contribution made to the creation of life-saving therapies. The donor also receives compensation for the time and effort involved with donating plasma.





#### SCHEDULE THE NEXT VISIT

Before a donor leaves the center, he or she is encouraged to plan the next visit to donate plasma.





