



## Cayuga Addiction Recovery Services

### Application for Admission- Residential Addiction Recovery Center

Fax or email completed application with required documentation to:

Fax: 607-387-5793 or Scan/email: [admissions@carsny.org](mailto:admissions@carsny.org)

Please call with any questions: 607-275-5678

**The application must be completed along with the following items included for your application to be processed, please check the box affirming that each document is attached.**

- Medical history/physical exam within last 6 months
- PPD Test Result and Chest X-Ray when Positive
- Documented PPD Test
- Copy of clients MAR
- LOCADTR 3.0 Assessment (indicating rehabilitation services in a residential setting as a recommendation)

**The following consents must be signed to complete the application process- they are attached at the end of this application**

- PSYCKES Consent
- Release of Information for CARS and the Referral Source
- Release of Information for CARS and Tompkins County DSS
- Release of Information for CARS and the Clients Emergency Contact
- Release of Information for CARS and Medicaid Managed Care or Private Insurance
- Copy of insurance card and/or Benefit cards (Medicaid, Medicare, Private Insurance)

**Please be Advised:**

Applications that are not completed fully, legibly, and accurately WILL delay the admission process. To process your referral please complete the application in its entirety including attachments so we may process your referral as soon as possible.

**Client Demographics**

Full Name: \_\_\_\_\_ DOB: \_\_\_\_\_ DATE \_\_\_\_\_

Last Name at Birth: \_\_\_\_\_

County of Residence: \_\_\_\_\_

Zip Code of Residence: \_\_\_\_\_

Ethnicity/Race: \_\_\_\_\_

Emergency Contact Person (Name and Relationship): \_\_\_\_\_ Phone: \_\_\_\_\_

Are you mandated to Attend treatment? Yes \_\_\_\_\_ No \_\_\_\_\_

Copy of Court Mandate Letter Attached? Yes \_\_\_\_\_ No \_\_\_\_\_

Have you been on Public Assistance within the past 5 years?

If yes, When? \_\_\_\_\_ What county? \_\_\_\_\_

Current Placement: Home \_\_\_\_\_ Program \_\_\_\_\_ Jail \_\_\_\_\_

Number of Days in current placement or program \_\_\_\_\_

**Substance Use Information**

Total Number of prior treatment episodes: \_\_\_\_\_

Substance Use Diagnosis: \_\_\_\_\_

**Primary Substance**

Substance Used: \_\_\_\_\_

Age First Used: \_\_\_\_\_

Date of Last Use: \_\_\_\_\_

Frequency: \_\_\_\_\_

Amount per Day: \_\_\_\_\_

Route of Admission: \_\_\_\_\_

**Secondary Substance**

Substance Used: \_\_\_\_\_

Age First Used: \_\_\_\_\_

Date of Last Use: \_\_\_\_\_

Frequency: \_\_\_\_\_

Amount per Day: \_\_\_\_\_

Route of Admission: \_\_\_\_\_

**Tertiary Substance**

Substance Used: \_\_\_\_\_

Age First Used: \_\_\_\_\_

Date of Last Use: \_\_\_\_\_

Frequency: \_\_\_\_\_

Amount per Day: \_\_\_\_\_

Route of Admission: \_\_\_\_\_

**Financial Information:**

Insurance Provider: \_\_\_\_\_

Policy Number: \_\_\_\_\_

Medicaid ID: \_\_\_\_\_

If you do not have insurance, how will you be paying for medication while in treatment (If Applicable)?

\_\_\_\_\_  
\_\_\_\_\_

**Referral Source Information**

Who Is Referring You to Treatment? \_\_\_\_\_

Address and Phone of Agency Referring You to Treatment (If Applicable):

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

Email: \_\_\_\_\_

**Legal Information**

Please check YES or NO for the following– Please add comments where applicable.

	Yes	No	Comments:
Arson:			
Perpetrator of physical/emotional/sexual abuse:			
Stalking:			
Violence:			
Pending charges:			
Legal History? (Arrests, charges, convictions, sentences)			

Do You Have A Pending Court Appearance?

Yes \_\_\_\_\_ No \_\_\_\_\_

Date of Appearance \_\_\_\_\_

County \_\_\_\_\_

Are You on Probation/Parole? Yes \_\_\_\_\_ No \_\_\_\_\_

Probation/Parole Officer Name: \_\_\_\_\_

Phone: \_\_\_\_\_

## Medical Information

Please check YES or NO for the following– Please add comments where applicable.

	Yes	No	Comments
<b>Diabetes:</b>			Type:
<b>Asthma:</b>			
<b>Eating Disorders:</b>			
<b>COPD:</b>			
<b>Heart/Cardiac:</b>			
<b>High Blood Pressure:</b>			
<b>Nicotine Use:</b>			
<b>Pregnant:</b>			Due Date:
<b>Allergies:</b>			
<b>Digestion Issues:</b>			
<b>Blood Disorders:</b>			
<b>Liver Disorders:</b>			
<b>Hepatitis C, B, A:</b>			
<b>HIV/AIDS:</b>			
<b>Menstrual Disorders:</b>			
<b>Emphysema:</b>			
<b>Hearing Loss:</b>			
<b>Acute or Chronic Pain:</b>			
<b>Mobility Issues:</b>			<input type="checkbox"/> Wheelchair <input type="checkbox"/> Elevator <input type="checkbox"/> Respiratory Equipment
<b>Infections:</b>			
<b>Scabies:</b>			
<b>Open Wounds:</b>			
<b>MRSA (history/current):</b>			
<b>Visual Impairments:</b>			
<b>Dental Issues:</b>			
<b>Recent Surgeries:</b>			
<b>Cancer History:</b>			Current Status:

Have You Ever Been Prescribed Medication Assisted Treatment? Yes \_\_\_\_\_ No \_\_\_\_\_

If Yes, What Medication? \_\_\_\_\_

Dates MAT Was Used: \_\_\_\_\_

Are You Currently Prescribed MAT? If Yes, What Medication? \_\_\_\_\_

**Please Do Not Forget to Provide:**

- Last physical health provider evaluation (from MD, PA, or NP)
- Last mental health provider evaluation

**Mental Health Information**

Have You Ever Been Diagnosed with A Mental Illness? Yes \_\_\_\_\_ No \_\_\_\_\_

Mental Health Diagnosis: \_\_\_\_\_

Please check Yes or No for the following – Please add comments where applicable.

	Yes	No	Comments:
<b>Suicidal Attempts:</b>			
<b>Suicidal Ideation:</b>			
<b>Homicidal Attempts:</b>			
<b>Homicidal Ideation:</b>			
<b>Anger/Rage:</b>			

Have you experienced physical/emotional abuse or victimization? Yes \_\_\_\_\_ No \_\_\_\_\_

Comments: \_\_\_\_\_

Have You Been Hospitalized for Mental Illness? Yes \_\_\_\_\_ No \_\_\_\_\_

If Yes, When Was Your Last Hospitalization? \_\_\_\_\_

**Referral Source Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

Client Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

**TO BE COMPLETED BY APPLICANT**

*Please provide all information requested.*

What is your primary substance choice? \_\_\_\_\_

In a 12-month period have you: *(mark all that apply)*

- Taken a substance in larger amounts or over a longer period of time that you had intended
- Had persistent desire or unsuccessful efforts to cut down or control substance use
- Spent a great deal of time in activities necessary to obtain the substance, use substance, or recover from its effects
- Had cravings or strong desire to use the substance
- Had recurrent use resulting in failure to fulfill major role obligations at work, school, home
- Had continued substance use despite having persistent or recurrent social or interpersonal problems
- Given up or reduced important social, occupational, or recreational activities because of substance use
- Had recurrent substance use in situations in which it is physically hazardous
- Continued substance use despite knowledge of having a persistent or recurrent physical or psychological problem that is likely to have been caused or exacerbated by the substance
- A need for markedly increased amounts of the substance to achieve intoxication or desired effect

Define your current tolerance to the substance: \_\_\_\_\_]

- Characteristic withdrawal syndrome for the substance
- A markedly diminished effect with continued use of the same amount of substance

Define withdrawal that is specific to you:

- Use of the substance or closely related substance is taken to relieve or avoid withdrawal symptoms

**Please Complete the Following Questions Related to Treatment and Discharge:**

1. What would you hope to gain from treatment at CARS?

\_\_\_\_\_

\_\_\_\_\_

2. Do you have a safe place to live upon your completion/discharge from CARS? If yes, where? Please include county where you hope to return.

\_\_\_\_\_

\_\_\_\_\_

3. Upon completion/discharge from cars, will you need step-down housing arranged? (half-way house, supportive living).

\_\_\_\_\_

\_\_\_\_\_

**CONSENT TO RELEASE OF INFORMATION  
CONCERNING ALCOHOLISM/DRUG ABUSE PATIENT  
LOCADTR ASSESSMENT**

Patient's Last Name	First	M.I.
Case Number		
Facility	Unit	
Cayuga Addiction Recovery Services	Residential Services Unit	

**INSTRUCTIONS:** **GIVE A COPY OF THIS FORM TO PATIENT!** Prepare one (1) copy for the patient's case record. If this form is to be sent to another agency with a request for information, prepare an additional copy for the patient's case record.

**PATIENT'S CONSENT TO DISCLOSE AND OBTAIN PERSONAL IDENTIFYING INFORMATION**

**EXTENT OF NATURE OF INFORMATION TO BE DISCLOSED OR OBTAINED:**

All information necessary to complete a personalized Level of Care for Alcohol and Drug Treatment Referral "LOCADTR" assessment.

**PURPOSE OR NATURE FOR DISCLOSURE/RELEASE AND NAME OF ORGANIZATIONS DISCLOSING AND OBTAINING PERSONAL IDENTIFYING INFORMATION:**

I consent to the disclosure of confidential information to, and among, the New York State Office of Alcoholism and Substance Abuse Services (OASAS), the OASAS-Certified treatment facility identified above, and Payer / Managed Care Plan \_\_\_\_\_ of my clinical treatment including information from the OASAS Client Data System (CDS) and my Social Security Number.

I understand that the level of care determination assessment will only be shared with me, the OASAS treatment facility, and Payer / Plan identified above. Unless I have given written permission to share the information with other agencies, programs or payers.

I further understand that non-personal identifying information may be evaluated so that the effectiveness of the LOCADTR assessment tool can be evaluated.

I, the undersigned, have read the above and authorize the New York State Office of Alcoholism and Substance Abuse Services and the staff of the OASAS-certified treatment facility named above to disclose and obtain such information as herein specified.

I understand that this consent may be withdrawn by me in writing at any time except to the extent that action has been taken in reliance upon it. This consent shall expire within six (6) months from its signing, unless a different time period, event or condition is specified below, in which case such time period, event or condition shall apply. I also understand that any disclosure of any identifying information is bound by Title 42 of the Code of Federal Regulations (C.F.R.) Part 2, governing the confidentiality of alcohol and drug abuse patient records, as well as the Health Insurance Portability and Accountability Act of 1996 (HIPAA) 45 C.F.R. §§160 &164; and that redisclosure of this additional information to a party other than those designated above is forbidden without additional written authorization on my part.

**NOTE:** Any information released through this form **MUST** be accompanied by the form **Prohibition on Redisclosure of Information Concerning Alcoholism / Drug Abuse Patient (TRS-1)**

I understand that generally the program may not condition my treatment on whether I sign a consent form, but that in certain limited circumstances I may be denied treatment if I do not sign a consent form. I have received a copy of this form.

\_\_\_\_\_  
(Signature of Patient)

\_\_\_\_\_  
(Signature of Parent/Guardian)

\_\_\_\_\_  
(Print Name of Patient)

\_\_\_\_\_  
(Print Name of Parent/Guardian)

\_\_\_\_\_  
(Date)

\_\_\_\_\_  
(Date)

## PSYCKES Consent Form

The Psychiatric Services and Clinical Enhancement System (PSYCKES) is an administrative database maintained by the New York State Office of Mental Health (OMH). It contains health information from the NYS Medicaid claims database, health information from the clinical records of persons who have received care from State operated psychiatric centers, and health information from other NYS health databases. This administrative data includes identifying information (such as name, date of birth), information about health services that have been paid for by Medicaid, and information about a person's health care history (such as treatment for illnesses or injuries a person has had, test results, and lists of medication a person has taken). For an updated list and more information about the NYS health databases in PSYCKES, visit [www.psyckes.org](http://www.psyckes.org) and see "About PSYCKES."

The health information in PSYCKES can help your provider provide you with good care. In this Consent Form, you can choose whether or not to give your provider electronic access to your health information that is in PSYCKES. You can give consent or deny consent, and this form may be filled out now or at a later date. **Your choice will not affect your ability to get medical care or health insurance coverage. Your choice to give or to deny consent will not be the basis for denial of health services.**

If you check the **"I give consent"** box below, you are saying "Yes, this provider's staff involved in my care may get access to all of my medical information that is in PSYCKES."

If you check the **"I deny consent"** box below, you are saying "No, this provider may not see or be given access to my medical information through PSYCKES," this does not mean your provider is completely barred from accessing your medical information in any way. For example, if the Medicaid program has a quality concern about your healthcare, then under federal and state regulations your provider may be given access to your data to address the quality concern. There are also exceptions to the confidentiality laws that may permit your provider to obtain necessary information directly from another provider for treatment purposes under state and federal laws and regulations.

**Please carefully read the information on the back of this form before making your decision.**

**Your Consent Choices.** You can fill out this form now or in the future. You have two choices:

- I give consent for this provider to access all** of my electronic health information that is in PSYCKES in connection with providing me any health care services.
- I deny consent for this provider to access** my electronic health information that is in PSYCKES; however, I understand that my provider may be able to obtain my information even without my consent for certain limited purposes if specifically authorized by state and federal laws and regulations.

Print Name of Patient	Date of Birth of Patient	Patient's Medicaid ID Number
Signature of Patient or Patient's Legal Representative	Date	
Print Name of Legal Representative (if applicable)	Relationship of Legal Representative to patient (if applicable)	
Signature of Witness	Print Name of Witness	



**CONSENT FOR RELEASE OF  
INFORMATION CONCERNING  
ALCOHOLISM/DRUG ABUSE PATIENT**

PATIENT'S LAST NAME	FIRST	M.I.
DATE OF BIRTH		CASE NO.
FACILITY Cayuga Addiction Recovery Services		UNIT Residential Services Unit

**INSTRUCTIONS:** GIVE A COPY OF THE FORM TO THE PATIENT! Prepare one (1) copy for the Patient's Case Record. If this form is used for billing purposes, prepare an additional copy for the Resource and Reimbursement Agent. If this form is sent to another agency with a request for information, prepare an additional copy for the Patient's Case Record.

**[DISCLOSURE]/ [RELEASE] WITH PATIENT'S CONSENT (Circle One)**

**EXTENT OR NATURE OF INFORMATION TO BE DISCLOSED/RELEASED**

*Presence in treatment, Diagnosis, participation in individual and/or group therapy, treatment notes, treatment progress, treatment planning, medication records and other information relevant to ongoing treatment and discharge from treatment*

**PURPOSE OR NEED FOR DISCLOSURE/RELEASE** *Coordinate and facilitate the client's admission, ongoing treatment, and discharge from Intensive Residential Treatment.*

<b>NAME OR TITLE OF PERSON OR ORGANIZATION DISCLOSING AND/OR RECEIVING INFORMATION</b> <b>Between: (Referral Source)</b> <b>Name:</b>  <b>Facility:</b>  <b>Address:</b>  <b>Phone:</b>	<b>NAME OR TITLE OF PERSON OR ORGANIZATION DISCLOSING AND/OR RECEIVING INFORMATION</b> <b>And:</b>  <b>Facility: Cayuga Addiction Recovery Services</b>  <b>Address: 6621 Rt. 227, PO Box 724</b> <b>Trumansburg, NY 14886</b>  <b>Phone 607-275-5678 Fax 607-387-5793</b>
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I, the undersigned, have read the above and authorize the staff of the disclosing/releasing facility named to disclose/release such information as herein contained. I understand that this consent may be withdrawn by me in writing at any time except to the extent that action has been taken in reliance upon it. This consent shall expire six (6) months from its signing, unless a different time period, event or condition is specified below, in which case such time period, event or condition shall apply. I also understand that any disclosure/release is bound by Title 42 of the Code of Federal Regulations governing the confidentiality of alcohol and drug abuse patient records, as well as the Health Insurance Portability and Accountability Act of 1996 ("HIPAA") 45 C.F.R. Pts. 160 & 164; and that redisclosure of this information to a party other than the one designated above is forbidden without additional written authorization on my part.

Time period, event or condition replacing period specified above: \_\_\_\_\_

**NOTE:** Any information released through this form will be accompanied by the form prohibition on Redisclosure of Information Concerning Alcoholism/Drug Abuse Patient (TRS-1)

I understand that generally the program may not condition my treatment on whether I sign a consent form, but that in certain limited circumstances I may be denied treatment if I do not sign a consent form. I have received a copy of this form, as recognized by my signature below.

\_\_\_\_\_  
(Signature of Patient)

\_\_\_\_\_  
(Signature of Parent/Guardian, when required)

\_\_\_\_\_  
(Print Name of Patient)

\_\_\_\_\_  
(Print name of Parent/Guardian)

\_\_\_\_\_  
(Date)

\_\_\_\_\_  
(Date)

**CONSENT FOR RELEASE OF INFORMATION CONCERNING ALCOHOLISM/DRUG ABUSE PATIENT**

PATIENT'S LAST NAME	FIRST	M.I.
DATE OF BIRTH		CASE NO.
FACILITY <b>Cayuga Addiction Recovery Services</b>		UNIT <b>Residential Services Unit</b>

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**[DISCLOSURE]/ [RELEASE] WITH PATIENT'S CONSENT (Circle One)**

EXTENT OR NATURE OF INFORMATION TO BE DISCLOSED/RELEASED  
*Presence in treatment*

PURPOSE OR NEED FOR DISCLOSURE/RELEASE  
*Coordinate payment, benefit certification, and food stamp eligibility determination.*

NAME OR TITLE OF PERSON OR ORGANIZATION DISCLOSING AND/OR RECEIVING INFORMATION  
**Between:**

**Name: Tompkins County -**

**Facility: Department of Social Services**

**Address: 320 West State St.  
Ithaca, NY 14850**

**Phone: 607-274-5252 Fax: 607-274-5227**

NAME OR TITLE OF PERSON OR ORGANIZATION DISCLOSING AND/OR RECEIVING INFORMATION  
**And:**

**Facility: Cayuga Addiction Recovery Services**

**Address: 6621 Rt. 227, PO Box 724  
Trumansburg, NY 14886**

**Phone 607-275-5678 Fax: 607-387-5793**

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(Signature of Parent/Guardian, when required)

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(Print Name of Patient)

\_\_\_\_\_  
(Print name of Parent/Guardian)

\_\_\_\_\_  
(Date)

\_\_\_\_\_  
(Date)

**CONSENT FOR RELEASE OF INFORMATION CONCERNING ALCOHOLISM/DRUG ABUSE PATIENT**

PATIENT'S LAST NAME	FIRST	M.I.
DATE OF BIRTH		CASE NO.
FACILITY Cayuga Addiction Recovery Services		UNIT Residential Services Unit

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**[DISCLOSURE]/ [RELEASE] WITH PATIENT'S CONSENT (Circle One)**

EXTENT OR NATURE OF INFORMATION TO BE DISCLOSED/RELEASED  
*Status in Treatment*

PURPOSE OR NEED FOR DISCLOSURE/RELEASE  
*Coordinate care and/or discharge planning in case of an emergency.*

NAME OR TITLE OF PERSON OR ORGANIZATION DISCLOSING AND/OR RECEIVING INFORMATION <b>Between:</b> (Emergency Contact)  <b>Name:</b>  <b>Facility:</b>  <b>Address:</b>  <b>Phone:</b> <b>Fax:</b>	NAME OR TITLE OF PERSON OR ORGANIZATION DISCLOSING AND/OR RECEIVING INFORMATION <b>And:</b>  <b>Facility:</b> Cayuga Addiction Recovery Services  <b>Address:</b> 6621 Rt. 227, PO Box 724 Trumansburg, NY 14886  <b>Phone 607-275-5678 Fax 607-387-5793</b>
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(Print name of Parent/Guardian)

\_\_\_\_\_  
(Date)

\_\_\_\_\_  
(Date)

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**[DISCLOSURE]/ [RELEASE] WITH PATIENT'S CONSENT (Circle One)**

**EXTENT OR NATURE OF INFORMATION TO BE DISCLOSED/RELEASED**  
*Diagnosis, participation in individual and/or group therapy, treatment notes, treatment progress, treatment planning, and other information relevant to ongoing treatment and discharge from treatment.*

**PURPOSE OR NEED FOR DISCLOSURE/RELEASE**  
*Coordinate payment, benefit certification.*

<b>NAME OR TITLE OF PERSON OR ORGANIZATION DISCLOSING AND/OR RECEIVING INFORMATION</b> <b>Between:</b> (Insurance Provider)  <b>Name:</b>  <b>Facility:</b>  <b>Address:</b>  <b>Phone:</b> <b>Fax:</b>	<b>NAME OR TITLE OF PERSON OR ORGANIZATION DISCLOSING AND/OR RECEIVING INFORMATION</b> <b>And:</b>  <b>Facility: Cayuga Addiction Recovery Services</b>  <b>Address: 6621 Rt. 227, PO Box 724</b> <b>Trumansburg, NY 14886</b>  <b>Phone 607-275-5678      Fax 607-387-5793</b>
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 (Signature of Patient)

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 (Signature of Parent/Guardian, when required)

\_\_\_\_\_  
 (Print Name of Patient)

\_\_\_\_\_  
 (Print name of Parent/Guardian)

\_\_\_\_\_  
 (Date)

## **What to Bring to Treatment?**

Please see the following list for what should and should not be brought for a stay at the Residential Addiction Recovery Center.

**CARS is not responsible for lost or damaged property. Please do not bring valuables to CARS.**

**All clothing and some other items will be heat treated at admission.**

### **Please Bring:**

- 7-10 days of weather appropriate clothing. You will be responsible for washing your own clothing at CARS in the facility machines. Allergen free detergent is provided by CARS.
- Shower Caps/Flip Flops for showers
- Insurance/ID Cards
- MP3 Player/Headphones (if you desire). Your MP3 player must **not** have internet connectivity capabilities, recording capabilities, picture taking capabilities, storage of photo/video capabilities
- Stamps/Envelopes (if you desire)

Excessive amounts of clothing and other items will be sent at the client's expense to a home address at the time of admission.

### **Hygiene products:**

- All hygiene products including makeup and cosmetics must arrive at admission brand new and factory sealed in the original packaging.
- After admission items are only approved if they are shipped from an online store and if they meet all guidelines (this means no drop offs of products and no packages sent from home)
- Alcohol may not be any of the first 3 ingredients in any product. Please check carefully for this.
- Mouthwash must be alcohol free
- Grooming tools may not have sharp edges or pointed edges except for personal use razors. No straightrazors
- No scissors of any kind
- No aerosol products
- No perfume, cologne or heavily scented products
- No nail polish or nail polish remover
- All products must be in reasonable amounts as space is limited

**Note that the decision to allow a product or not is at staff discretion. All unapproved products will be stored in contraband until the time of discharge.**

### **Items not Allowed:**

- Any medication not in original prescription containers
- Over the counter medication
- Laundry soap and other cleaning products
- Blankets, pillows, towels, stuffed animals
- Cell phones/chargers, cameras, pagers
- Food or beverages

**Items not Allowed- Continued from previous page:**

- Hats are not allowed inside the building (hoods cannot be worn up)
- Nail polish, nail polish remover
- Q-tips, cotton balls
- Revealing clothing/clothing with inappropriate language, images or reference to drugs, alcohol or tobacco
- Scissors
- Weapons (or anything that may be interpreted as a weapon)
- Pornographic material
- Perfume/cologne/scented oils
- Cash
- Loose medications
- Nonprescribed medications
- Radios or music devices other than single person devices
- Any electronic device that has video or recording capabilities

**Items that will be Destroyed Upon Admission:**

- Cigarettes/chewing Tobacco
- Lighters/Matches
- E-Cigarettes/ E-Cigarette Batteries/any vaping materials
- Drug paraphernalia

All belongings including any stored items must be taken at the time of the successful discharge. Any items left behind will be discarded. If the discharge is unplanned or unsuccessful all belongings will be stored for 30 days. It is the responsibility of the individual to contact CARS with a plan for pick-up of the belongings. CARS is not responsible to ship belongings. You will not have access to stored items during your stay.



*"Your Team for Transformation"*