**The bottom line:**

Platform for shared successes.

**Community will provide ongoing support, opportunities for growth, and a community, and why we have designed the burnout and disengagement and this is why we believe in the power of organizing.**

**Why it matters:**

Opportunity to learn the skills and practices of activism and community organizing.

**The big picture:**

If you are looking to make an impact on health inequities and bring health justice to your community, look no further! We present to you the HEART program.

**10 Days Until HEART Applications Close**

**Go deeper:**

**Let’s dive deeper:**

When communities come together, their collective strength and influence multiply. United voices have a more significant impact on raising awareness, advocating for change, and addressing the disparities worldwide.

**Dr. Apoorva Gomber:**

Dr. Gomber is an accomplished physician from India and delving into the significant issue, we had the privilege of sitting down with Dr. Apoorva Gomber, an experienced health advocate.

Non-communicable diseases (NCDs) are becoming one of the most pressing challenges we face. They are the leading cause of death worldwide, and their impact is felt most acutely in low- and middle-income nations, constituting an exceptionally higher burden.

**Myth vs. Reality:**

**Myth:**

People affected by NCDs often face high medical expenses, overwhelmed by the magnitude of effort necessary to achieve wellness.

**Reality:**

**Reducing Stigma:**

Influenced by social determinants such as access to nutritious food, drinking water, and education, and knowledge of proper medical practices, people are more likely to perceive and internalize the causes of these diseases, leading to self-stigma and inability to seek medical treatment.

**How Many Patients Diagnosed with NCDs Do You See Weekly?**

**Feedback**

Anonymously tell us what you thought of this newsletter. Your responses help us improve.

Your geographical location shouldn’t determine if you should live or die. Even if you wanna help the people, sometimes you are paralyzed. Even if you wanna help the people, because of having diagnosis that wasn’t my fault. And as a doctor, I would’ve been abandoned just as a patient.

When I was in medical school, we were on clinical rounds and there was a table, which drove me towards policy spaces. Being a person living with Type one diabetes, I was more driven to influence policy because it’s my life.

When I was in medical school, I was on clinical rounds and there was a table, which drove me towards policy spaces. Being a person living with Type one diabetes, I was more driven to influence policy because it’s my life.

Approx. 1 to 5

Approx. 5 to 10

Approx. more than 10

None

**Was this edition useful?**

Yes

No

Neutral

**People Power Health Insights**

People Power Health Insights


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Services for the unseen

Welcome back People Power Health and Dr. Apoorva Gomber.

Thank you for subscribing to our Insights!

Register Now for the Health Equity Activism & Reflection Program!