



APPETIZERS

SACK OF FRESH BLUEBERRY FRITTERS

Our freshly-made fritter batter, full of blueberries, cooked to a golden brown & placed in a paper sack with sugar & cinnamon. We shake it up at your table & serve them with strawberry yogurt for dipping.

Full order 7.99 • Half order 5.99

BISCUITS FOR A CAUSE

3 Freshly Baked Biscuits served with Mixed Berry Jam, Apple Butter and Jalapeno Red Pepper Jelly 7.99

\$1 DONATION TO MR. T'S OUTREACH FOR OUR BFC ASSOCIATE ASSISTANCE FUND



OVEN BAKED

CINNAMON BUNS

6.99

Saturday & Sunday Only!

Ask about our Special Loaded Cinnamon Buns!

WINTER WHAT'S FRESH™

KITCHEN SINK BURRITO

Double tortillas stuffed with potatoes, scrambled eggs, cheddar cheese, bacon, sausage, ham, chicken, mushrooms, onions & peppers. Smothered in green pork chili & topped with diced tomatoes, cojita cheese, pickled onions & a chipotle cream drizzle. Served with salsa. 18.99

FAT ELVIS BISCUIT FRENCH TOAST

Jumbo version of our scratch made biscuit dipped in our secret French toast batter & griddled to perfection. Topped with peanut butter cheesecake cream, bananas, bacon & chocolate chips. Topped with powdered sugar & fresh chantilly cream. Then finished tableside with Grandma's special chocolate sauce. 15.99

BURRATA & PROSCIUTTO ACAPULCO TOAST

Wheat Berry bread smeared with mashed avocado. Topped with burrata, prosciutto & roasted red peppers. Drizzled with roasted tomato n basil pesto & a balsamic reduction. 15.99

PINEAPPLE JALAPENO MARGARITA

Terramana respasado tequila, pineapple, jalapeno, lime juice & simple syrup. 9.99



FROM THE GRIDDLE

FRENCH TOAST



CAPTAIN CRUNCH FRENCH TOAST

Challah bread dipped in French toast batter & rolled in Captain Crunch pieces. Topped with fresh strawberries, blueberries & sliced bananas. Finished with powdered sugar & whipped cream. 14.99

CHALLAH BREAD FRENCH TOAST

Sprinkled with cinnamon & powdered sugar. 11.99



BANANAS & BLUEBERRIES FOSTER STUFFED FRENCH TOAST

Challah French toast stuffed with cream cheese & fresh bananas, topped with fresh blueberries & sautéed in a sauce of butter, brown sugar, cinnamon & dark rum. 14.99

PANCAKES

WAFFLES

SWEET CREAM PANCAKES

A stack of fluffy pancakes. 10.99
Add Strawberries or Blueberries or Bananas or Granola - add 1.00

LEMON RICOTTA PANCAKES

Try our “famous” pancakes, mixed with fresh lemon ricotta cheese & “You’ll never have plain pancakes again”. Moist, fluffy pancakes topped with powdered sugar, whipped cream & a lemon twist. 11.99



BLUEBERRY LEMON RICOTTA BELGIAN WAFFLE

Topped with fresh blueberries with homemade country cream, white chocolate, whipped cream & powdered sugar. 12.99 Plain waffle 11.99

OMELETES

All omelets are served with toasted wheat berry bread. Add American, Swiss or Cheddar cheese to any omelet for 50¢ Add Boursin or Mozzarella cheese for 1.50 Add Egg Whites for 1.50
Sides include potatoes, grits, oatmeal or tomatoes. Fresh fruit. 1.50

CREATE YOUR OWN OMELET

Start with ham, sausage or bacon & choice of Swiss, American or Cheddar cheese & one vegetable (tomato, spinach, onion, peppers, mushroom or jalapeño). 11.49
Ham, chicken, bacon, turkey, sausage or Birria beef 1.99 ea.
Additional vegetables 1.00 ea. • Mozzarella or Boursin cheese 1.50 ea.

BUTCHER SHOP OMELET

Ham, applewood smoked bacon & sausage topped with our homemade sausage gravy. 13.99

BACON, AVOCADO & CHEESE OMELET

Chopped applewood smoked bacon, freshly mashed avocado & cheddar cheese. 13.49



GARDEN FRESH VEGGIE OMELET

Sautéed spinach & onions with mushrooms, diced tomatoes, a trio of roasted peppers & Boursin cheese. 13.99

HASHES

All hashes are served over home-fried Red Bliss Potatoes with a biscuit & apple butter

NASHVILLE HOT CHICKEN HASH

Hand breaded antibiotic-free chicken tenders hand dipped in a spicy oil, crowned with two eggs & topped with a fresh made Comeback Hollandaise sauce & sliced pickles. 14.49

O.M.G. HOMEMADE CORNED BEEF HASH

Slow roasted brisket, chopped with a trio of peppers, onion & potatoes, grilled & served with two eggs plus your choice of side. 14.49 Side of Corned Beef Hash 7.49



CHICKEN BACON AVOCADO HASH

Free range chicken, bacon, avocado mash, diced tomato, cheddar & Jack cheeses topped with two eggs, enchilada sauce & drizzled with chipotle cream. 14.49

BIG COUNTRY HASH

Ham, pork sausage & chopped bacon, shredded cheddar cheese.
Topped with two eggs to order covered with our homemade sausage gravy. 14.49

CAFE FAVORITES

LOADED POTATO PANCAKE N EGGS PLATE

Crispy potato pancakes with cheddar cheese, crumbled bacon, green onions, diced tomatoes & two eggs served with a side of sour cream & home-baked wheat toast. 13.49

CHICKEN N BISCUIT OMELET

Three egg omelet stuffed with buttermilk fried chicken & pepper jack cheese. Topped with a scratch-made biscuit & smothered in sausage gravy, dusted with green onions & Cajun spices. Served with red bliss potatoes. 14.49

NOVA SALMON* BENEDICT

Cold smoked Nova Salmon* nestled atop two potato latkes & herbed cream cheese with fried capers. Topped with two perfectly poached eggs*, diced tomatoes, pickled red onions & drizzled with a Dijon dill hollandaise. 16.49

THE ELEVATED EGG SANDWICH

Two eggs, Swiss cheese, apple cider bacon, citrus dressed arugula, avocado, sautéed onions, grilled tomatoes, and homemade mixed berry jam on a griddled brioche bun. 14.99

Sunrise Sandwich Choice of 2 eggs and cheese on brioche bun. 8.99 Add bacon or sausage for 1.99



BERRY FRESH SLAM

Two eggs, pancake stack included, bacon, sausage or ham with red bliss seasoned potatoes. 14.49

BREAKFAST BURRITO

Burrito stuffed with chorizo sausage, eggs, Pepper Jack cheese, tri-colored peppers & sautéed onions, topped with enchilada sauce, drizzled with chipotle cream.
Served with salsa & home-fried Red Bliss Potatoes. 13.49

BUTTERMILK BISCUITS & GRAVY WITH EGGS

One scratch-made buttermilk biscuit topped with homemade sausage gravy & two eggs any style.
Served with seasoned crispy red bliss potatoes. 11.49



BIRRIA BREAKFAST TACOS

Three flour tortillas stuffed with scrambled eggs and overnight braised beef. Topped with cotija cheese, chopped onion and fresh cilantro. Served with consomme for dipping. Choice of side. 12.99

BRUNCH

BENEDICTS

All benedicts topped with scratch-made Hollandaise sauce.

IRISH EGGS* BENEDICT

Toasted English muffins topped with our homemade corned beef hash, two poached eggs* & scratch-made Hollandaise sauce. Your choice of side. 13.49

TRADITIONAL VERY BERRY EGGS* BENEDICT

Perfectly poached eggs* with Canadian bacon & fresh-made Hollandaise sauce.
Your choice of side. 13.49



NASHVILLE CHICKEN BENEDICT*

Scratch made biscuit layered with pimento cheese, pickle slices, Nashville chicken tenders, 2 perfectly poached eggs*, comeback hollandaise sauce & sprinkled with green onions. Served with red bliss potatoes. 13.49



REDNECK EGGS* BENEDICT

A homemade freshly-baked biscuit layered with fresh sausage patties & poached eggs*, topped with sausage gravy & scratch-made Hollandaise sauce. Your choice of side. 13.49



JALAPENO RED PEPPER JELLY CHICKEN N WAFFLES

Freshly breaded buttermilk, crispy chicken tenders dipped in our homemade Jalapeño Red Pepper Jelly served on top of fresh-made Belgian waffle. Served with whipped butter. 14.49

SHRIMP & CRABCAKE GOAT CHEESE OMELET

Shrimp & a homemade Crab Cake with goat cheese, tri-color peppers & topped with our scratch made hollandaise, Old Bay Seasoning & scallions. 16.99



O.M.G. SHRIMP-N-GRITS

Stone-ground grits topped with shrimp, cheddar cheese, onions, tomatoes, bacon & pepper trio in a cajun cream sauce. 15.99

THE ULTIMATE BARBACOA GRILLED CHEESE

Thick cut sourdough bread layered with grilled tomatoes, barbacoa beef, caramelized onions, garlic aioli, american & pepper jack cheeses grilled to golden perfection.
Served with a side of consomme & choice of side. 13.99

BFC



BREAKFAST SPECIALS

BIG BREAKFAST

Two eggs, red bliss potatoes, toast, bacon or sausage with coffee 10.99

PANCAKE SPECIAL

One giant sweet cream pancake, bacon, or sausage with coffee 10.99

*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

HEALTHIER

HEALTHY START CHICKEN EGGWHITE SCRAMBLE

Chicken, spinach and tomatoes scrambled in fluffy egg whites. Topped with avocado mash.
Served with fresh fruit & red salsa. 12.99

ENERGY WRAP

Fluffy egg whites, fresh tomatoes, mushrooms & spinach wrapped in a whole wheat tortilla.
Served with fresh fruit & a side of salsa. 11.49

VEGETARIAN WRAP

Roasted artichokes, fire roasted tomatoes, vine ripe tomatoes, cucumbers, fresh greens, avocado mash, goat cheese, pickled red onions, micro greens and citrus vinaigrette wrapped in a whole wheat tortilla.
Served with your choice of side. 12.99

NOVA SALMON* ACAPULCO TOAST

Creamy avocado served on toasted wheat berry bread, topped with thinly sliced Nova Salmon*, red onion, capers & sprinkled with everything seasoning with your choice of two eggs and a side.
Drizzled with Dijon dill aioli. \$16.49 Plain Acapulco Toast N Eggs \$12.99

SPRING BERRY ACAI BOWL

Acai sorbet on a bed of granola topped with coconut, bananas, blueberries, strawberries & pineapple. Drizzled with Florida honey. 11.99 Add peanut butter 1.00

For more options see our
Healthier Side Menu

Scan our QR Code



VEGETARIAN



GLUTEN-FREE



VEGAN



KETO DIET



HIPPIE PICNIC SANDWICH

Oven roasted sandwich on toasted wheat berry bread with citrus vinaigrette, vegan cheddar cheese, roasted artichoke hearts & roasted tomatoes, sliced tomatoes, cucumbers, fresh artisinal greens, avocado mash, pickled red onions. Served with your choice of side. 13.99

OLD-FASHIONED OATMEAL

Fresh-made daily with whole milk with brown sugar & raisins. 7.99
Strawberries, bananas & granola add 2.00
Fresh blueberries or sliced apples and candied walnuts add 1.00

GREEK YOGURT BERRY BLISS

Chilled Greek yogurt topped with fresh berries, granola & Florida honey.
Choice of a freshly baked muffin. 10.99

GLUTEN-FREE HONEY PANCAKES

Drizzled with honey. 11.99

** We try our best to serve gluten-free items, but want you to know that our pancakes are made on a grill with gluten items.*

LUNCHEON FAVORITES

All sandwiches include your choice of crispy fries, homemade red bliss potato salad or cole slaw. Substitute Sweet Fries or Fresh Fruit for 1.50 Gluten-Free Bun for 1.00

NASHVILLE HOT CHICKEN SANDWICH

Hand-breaded, antibiotic-free chicken breast dipped in spicy oil on a bed of cole slaw, pickles & Comeback sauce on brioche bun with your choice of a side. 12.99

BFC CLUB SANDWICH

Sliced Ham, roasted turkey, Applewood smoked bacon, Swiss & American cheese, tomatoes, leaf lettuce with a mayo and BBQ sauce on challah toast. 12.99

HOT HONEY CRISPY CHICKEN SAMMIE

Hand-breaded chicken breast fried golden brown & drizzled in hot honey. Served on jumbo biscuit layered with house pimento cheese, tomato bacon jam, & pickled red onion. Your choice of side. 13.99

OPEN FACED GREEN GODDESS TURKEY AVOCADO TOAST SANDWICH

Wheat berry toast, leaf lettuce, fresh avocado mash, roasted antibiotic-free turkey, fire-roasted tomatoes, roasted artichokes, micro greens served open-faced with a House-made Green Goddess dressing drizzle. 12.99

GRILLED REUBEN

Corned beef, Swiss cheese, sauerkraut & Thousand Island dressing on grilled rye bread. 12.99

OLD-FASHIONED BLT

Crispy bacon, lettuce, sliced tomato & chipotle mayo on wheat berry bread. 11.99

CHICKEN PESTO OVEN-BAKED SANDWICH

Grilled chicken breast topped with mozzarella cheese, Parmesan cheese, sliced tomato & pesto on Rustic roll. 12.99

SMASH BURGERS & CHICKEN SAMMIES

Grilled antibiotic cage-free chicken breast or two hand-formed 1/4 pd. burgers made of a fresh blend of short rib, brisket & ground chuck, grilled juicy & served medium well on a grilled Brioche bun with lettuce, tomato, onion & pickles with your choice of crispy fries, homemade red bliss potato salad or cole slaw.
Fresh fruit for 1.50 Gluten-Free Bun for 1.00 Substitute: Dr. Prager's Cali Veggie Burger for 1.00

BRUNCH STYLE

Topped with cheddar cheese, bacon, fried egg, chipotle mayonnaise. 13.99

CHEDDAR & BACON STYLE

Cheddar cheese & applewood smoked bacon. 12.99



WOW STYLE

Topped with American cheese, our famous Comeback sauce & Bacon Jam. 13.99

SALAD DRESSINGS: Blueberry balsamic vinaigrette, buttermilk ranch, house-made Green Goddess, blackberry honey mustard, Low fat & house-made gluten-free citrus vinaigrette. Served with homemade biscuit & apple butter.



GREEN GODDESS APPLE TURKEY SALAD

Our fresh artisanal greens with apple slices, layered with antibiotic-free roasted turkey, topped with fire-roasted tomatoes, artichoke hearts & micro greens. Drizzled with our house made Green Goddess dressing. Half 11.99 Full 14.99

GRILLED CHICKEN & STRAWBERRY SALAD

Fresh artisanal greens, grilled free-range chicken, strawberries, blue cheese crumbs, candied walnuts & tomatoes with blueberry balsamic vinaigrette. Half 10.99 Full 13.99



SOUTHERN HOT HONEY CHICKEN COBB SALAD

Fresh artisanal greens topped with Florida hot honey, crispy chicken, candied pecans, pickled red onion, avocado, bacon, hard boiled eggs, tomato, cheddar cheese, & blue cheese crumbles. Drizzled with house-made green goddess dressing. Served with a fresh baked biscuit. Half 10.99 Full 14.99



MIXED BERRY SUPERFOOD POWER SALAD

Fresh artisanal greens, craisins & sliced almonds. Topped with our cali veggie burger, fresh blueberries, strawberries, pineapple, goat cheese, tomatoes, cucumbers & red onions with Gluten-free & low-fat citrus dressing. Half 11.99 Full 14.99

HANDHELDS

GARDEN FRESH SALADS

LUNCH SPECIALS

PICK 2

PICK ONE FROM SECTION A OR SECTION B
AND ONE FROM SECTION C

AVAILABLE

MONDAY - FRIDAY

SECTION A

OR

SECTION B

AND

SECTION C

CAFE LUNCH PICK 2 FOR 7.99

Your choice of a Homemade Sandwich on Wheat Berry Bread served with lettuce & tomato.

1/2 DILL CHICKEN SALAD

Fresh dill. grapes & candied walnuts.

1/2 ALBACORE TUNA SALAD

1/2 ROASTED TURKEY

1/2 OLD FASHIONED BLT

Crispy bacon, lettuce, tomato & chipotle mayo.

FRESHLY BAKED QUICHE

Ask your server about our seasonal quiche flavors.

BISTRO LUNCH PICK 2 FOR 8.99

OVEN-BAKED

1/2 GRILLED CHICKEN PESTO SANDWICH

Grilled chicken breast topped with mozzarella cheese, Parmesan cheese, sliced tomato & pesto on Rustic roll.

1/2 BIRRIA BEEF SAMMIE

Overnight braised beef topped with cotija cheese, chopped onion & fresh cilantro on a rustic roll. Served with consomme for dipping.

1/2 BFC CLUB SANDWICH

Sliced ham, hormone-free oven roasted turkey, applewood bacon, Swiss cheese, American cheese tomatoes, leaf lettuce with a mayonnaise & BBQ sauce on challah bread.

YOUR CHOICE OF SOUPS

A cup of Tomato Basil or Soup of the Day

OUR BISTRO SALAD

Fresh artisanal greens with candied walnuts, tomatoes, red onions Gorgonzola cheese & applewood bacon pieces with blueberry balsamic vinaigrette dressing.

MIXED BERRY SUPERFOOD POWER SALAD

Fresh artisanal greens, craisins & sliced almonds. Topped with fresh blueberries, strawberries, pineapple, goat cheese, tomatoes, cucumbers & red onions, Gluten-free & low-fat citrus dressing.