



THE NEST

at-a-glance



ELIGIBILITY

Native Hawaiian and Pacific Islander, Indigenous to Turtle Island; and living in King County, Tulalip Reservation, and Puyallup Reservation. Participants must be between 12 Weeks Pregnant and up to 6 weeks postpartum and planning to parent and have a yearly income less than Area Median Income (AMI) (under \$100,000 annual income for KC and under \$70,000 for tribal members living on reservations).

APPLICATION PROCESS

Reach out to our Nest Partners or Abundance Aunties to be referred to the program. If you meet our eligibility criteria you will be invited to fill out an application and meet with one of our Abundance aUnties.



VERIFICATION

After filling out the application and meeting our team, you will be asked to verify income, pregnancy status, location, and identities. Once those have been verified, you will be placed into a pool for random selection into the program, which opens as capacity allows.



ENROLLMENT/ONBOARDING

Once you are accepted, you will meet with your Abundance aUntie to be oriented to the program, counseling on benefits protection, learn about other resources and opportunities, and be connected with our financial systems so you can start receiving your payments.



OPTIONAL PROGRAMS

In addition to full spectrum doula services, we also offer childbirth education, perinatal classes, and cultural workshops with community partners.

We also are conducting research and storytelling alongside this program and you can participate in these for additional compensation for your time.