Community Outreach Programme
Breast Care International (BCI) and Peace and Love Hospitals

OVERVIEW: Women in Ghana, especially those in villages and deprived communities, have low awareness of BC and often do not have easy access to early detection methods. This initiative aims to reduce the rate of late-stage BC diagnosis by travelling to these communities to offer education, breast examination, advice and support (including for patients with ABC/mBC).

Objectives: Educate deprived communities about BC and increase community awareness in order to help downstage BC at diagnosis

Unmet needs addressed:
- Low education and awareness of BC and associated religious/cultural taboo leading to late-stage diagnosis
- Limited access to and opportunity for breast examinations

Key components:
- HCPs and patient representatives travel on a bus to remote communities (churches, schools, etc.) to provide:
  - Educational presentations and Q&A sessions
  - Breast examinations and advice (including encouraging patients presenting with ABC/mBC to seek treatment)

Challenges:
- Proving that there was a problem with BC in Ghana in order to secure the initial funding
- Reaching people to advertise the outreach programs, which was overcome via the radio and church networks
- Encouraging women to talk about BC, which is considered extremely taboo and to be a spiritual disease

Outcomes: The outreach programmes have resulted in an increased number of women seeking care for BC, presenting with early stage BC, and BC survivors, and a decreased number of women refusing treatment

Development: 150 members (permanent and volunteer) across two offices independently plan programmes

Cost: >€30,000 (currently funded by individual donors and organisations)

Timeline: Ongoing since 2002

Targeted to reach: >300 patients

For more information:
https: https://breastcareinternational.org/bci-community-outreach-program/
Email: drwiafe@gmail.com

Based on written submission from Beatrice Wiafe Addai, BCI, 2020. The Hard-to-Reach ABC/mBC Communities Toolkit was developed as a collaboration between Pfizer Oncology and the ABC Global Alliance, with funding and support provided by Pfizer. ABC Global Alliance members and Pfizer colleagues were invited to submit breast cancer community-based initiatives that address specific needs of undererved patient populations with advanced/metastatic breast cancer. Initiatives were evaluated against criteria determined by a steering committee with members from both Pfizer and the ABC Global Alliance. Initiatives were selected for inclusion in the toolkit to highlight best practices in addressing the unique needs of this patient population. All organizations who submitted their initiatives for consideration have provided permission for the initiative information to be included in the toolkit and shared publicly. Pfizer and the ABC Global Alliance bear no responsibility for the contents of the toolkit.