Objectives: Improve management of MFBW in remote communities with MFBW. Improve QoL of women living with MFCW by allowing them to self-manage their wounds

Unmet needs addressed:
- Limited wound care resources and healthcare support for women with MFBW
- Fear of Western medicine preventing patients from seeking care

Key components:
- Reusable wound care kits distributed with educational guidelines for use in local language
- Suggestions on sourcing/substituting locally available materials
- Education of local health workers to supervise distribution and use of the wound kits

Challenges: Language barriers and cultural differences, as well as difficulty assessing local needs from Australia, proved challenging. Nurses learnt the basics of Tetun language to help with this. Project time constraints limited opportunities for relationship building between the volunteers and local health care workers

Outcomes: Approximately 40 wound care kits were delivered during the first visit and 2 women are known to be using the kits (early stage, so no evaluation as of yet) and community engagement by Haliku staff

Development: The wound care kits were made by volunteer nurses, who travelled to Timor Leste to deliver the kits and offer education. The initiative required fuel, food for communities and development of written resources

Cost: <€5,000 (including cost of Haliku staff wages)

Timeline: 2019–present – planned for nurses to travel annually for a minimum of 2 years

Targeted to reach: <30

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