

THE HOLY EUCHARIST



*Third Sunday
of Lent*

Rite II

March 3, 2024

8:00am and 10:00am

The Rev. Denis Ford, Celebrant

The Rev. Jo Ann Ford, Preacher

Ascension Episcopal Church

At the corner of 18th and Grand, Pueblo, Colorado 81003

420 W 18th St, Pueblo CO 81003 (719) 543-4253

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*BCP refers to the Book of Common Prayer found in the pews along with the hymnals.
(LEVAS refers to the hymnal Lift Every Voice and Sing)*

Prelude *"Attende Domine (Attend to us, O God)"* *Jeanne Demessieux*

Processional Hymn *"Christ is made the sure foundation"* Hymnal 518

Children's Chapel (*Children are blessed and then exit the Nave for Chapel*)

Penitential Order BCP 351

Celebrant Blessed the Lord, who forgives all our sins.

People His mercy endures forever.

People kneeling,

Decalogue BCP 350

Celebrant Hear the commandments of God to his people:
I am the Lord your God who brought you out of bondage.
You shall have no other gods but me.

People Amen. Lord have mercy.

Celebrant You shall not make for yourself any idol.

People **Amen. Lord have mercy.**

Celebrant You shall not invoke with malice the Name of the Lord your God.

People Amen. Lord have mercy.

Celebrant Remember the Sabbath Day and keep it holy.

People Amen. Lord have mercy.

Celebrant Honor your father and your mother.

People Amen. Lord have mercy.

Celebrant You shall not commit murder.

People Amen. Lord have mercy.

Celebrant You shall not commit adultery.

People Amen. Lord have mercy.

Celebrant You shall not steal.

People Amen. Lord have mercy.

People **Amen! Lord have mercy!**
Celebrant **You shall not be a false witness.**

People Amen. Lord have mercy.

Celebrant You shall not covet anything that belongs to your neighbor.

People Amen. Lord have mercy.

Celebrant says

Jesus said, "The first commandment is this: Hear, O Israel: The Lord our God is the only Lord. Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. The second is this: Love your neighbor as yourself. There is no other commandment greater than these."

The Confession

BCP 360

Celebrant says

Let us confess our sins against God and our neighbor.

Silence may be kept

Celebrant and People

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

The Absolution

BCP 360

The Celebrant, stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

Kyrie (*said by all at 8am and sung by all 10am*)

Hymnal S91

Lord have mercy upon us. Lord, have mercy upon us. Lord, have mercy upon us. Christ, have mercy upon us. Christ, have mercy upon us. Christ, have mercy upon us. Lord have mercy upon us. Lord, have mercy upon us. Lord, have mercy upon us.

The Celebrant says.

The Lord be with you.

People And also with you.

Celebrant Let us pray.

The Celebrant says the Collect.

Collect of the Day

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

People Sit

First Reading

Exodus 20:1-17

Reader A Reading from

Then God spoke all these words:

I am the Lord your God, who brought you out of the land of Egypt, out of the house of slavery; you shall have no other gods before me. You shall not make for yourself an idol, whether in the form of anything that is in heaven above, or that is on the earth beneath, or that is in the water under the earth. You shall not bow down to them or worship them; for I the Lord your God am a jealous God, punishing children for the iniquity of parents, to the third and the fourth generation of those who reject me, but showing steadfast love to the thousandth generation of those who love me and keep my commandments. You shall not make wrongful use of the name of the Lord your God, for the Lord will not acquit anyone who misuses his name. Remember the sabbath day, and keep it holy. For six days you shall labour and do all your work. But the seventh day is a sabbath to the Lord your God; you shall not do any work—you, your son or your daughter, your male or female slave, your livestock, or the alien resident in your towns. For in six days the Lord made heaven and earth, the sea, and all that is in them, but rested the seventh day; therefore the Lord blessed the sabbath day and consecrated it. Honor your father and your mother, so that your days may be long in the land that the Lord your God is giving you. You shall not murder. You shall not commit adultery. You shall not steal. You shall not bear false witness against your neighbor. You shall not covet your neighbor's house; you shall not covet your neighbor's wife, or male or female slave, or ox, or donkey, or anything that belongs to your neighbor.

After the Reading, the Reader says.

The Word of the Lord.

People Thanks be to God.

Psalms 19

Reader The Psalm appointed for today is

The Reader will instruct congregation to read in unison or pray responsively by verse.

- 1 The heavens declare the glory of God, *
and the firmament shows his handiwork.
- 2 One day tells its tale to another, *
and one night imparts knowledge to another.
- 3 Although they have no words or language, *
and their voices are not heard,
- 4 Their sound has gone out into all lands, *
and their message to the ends of the world.
- 5 In the deep has he set a pavilion for the sun; *
it comes forth like a bridegroom out of his chamber; it rejoices like a champion to run its course.

- 6 It goes forth from the uttermost edge of the heavens and runs about to the end of it again; *
nothing is hidden from its burning heat.
- 7 The law of the Lord is perfect and revives the soul; *
the testimony of the Lord is sure and gives wisdom to the innocent.
- 8 The statutes of the Lord are just and rejoice the heart; *
the commandment of the Lord is clear and gives light to the eyes.
- 9 The fear of the Lord is clean and endures for ever; *
the judgments of the Lord are true and righteous altogether.
- 10 More to be desired are they than gold, more than much fine gold, *
sweeter far than honey, than honey in the comb.
- 11 By them also is your servant enlightened, *
and in keeping them there is great reward.
- 12 Who can tell how often he offends? *
cleanse me from my secret faults.
- 13 Above all, keep your servant from presumptuous sins; let them not get dominion over me; *
then shall I be whole and sound, and innocent of a great offense.
- 14 Let the words of my mouth and the meditation of my heart be acceptable in your sight, *
O Lord, my strength and my redeemer.

Reader and people say.

Glory be to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be for ever. Amen.

Second Reading

1 Corinthians 1:18-25

Reader A Reading from

The message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. For it is written, "I will destroy the wisdom of the wise, and the discernment of the discerning I will thwart." Where is the one who is wise? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know God through wisdom, God decided, through the foolishness of our proclamation, to save those who believe. For Jews demand signs and Greeks desire wisdom, but we proclaim Christ crucified, a stumbling block to Jews and foolishness to Gentiles, but to those who are the called, both Jews and Greeks, Christ the power of God and the wisdom of God. For God's foolishness is wiser than human wisdom, and God's weakness is stronger than human strength.

After the Reading, the Reader says.

The Word of the Lord.

People Thanks be to God.

Sequence Hymn

"O Christ the Word Incarnate"

Hymnal 632, vv1-2

Then all standing, the Celebrant reads the Gospel, first saying

BCP 357

Celebrant The Holy Gospel of our Lord Jesus Christ according to

People Glory to you, Lord Christ

The Holy Gospel

John 2:13-22

The Passover of the Jews was near, and Jesus went up to Jerusalem. In the temple he found people selling cattle, sheep, and doves, and the money changers seated at their tables. Making a whip of cords, he drove all of them out of the temple, both the sheep and the cattle. He also poured out the coins of the money changers and overturned their tables. He told those who were selling the doves, "Take these things out of here! Stop making my Father's house a marketplace!" His disciples remembered that it was written, "Zeal for your house will consume me." The Jews then said to him, "What sign can you show us for doing this?" Jesus answered them, "Destroy this temple, and in three days I will raise it up." The Jews then said, "This temple has been under construction for forty-six years, and will you raise it up in three days?" But he was speaking of the temple of his body. After he was raised from the dead, his disciples remembered that he had said this; and they believed the scripture and the word that Jesus had spoken.

After the Gospel, the Celebrant says.

Celebrant The Gospel of the Lord.

People Praise to you, Lord Christ.

Sequence Hymn

"O Christ the Word Incarnate"

Hymnal 632, v3

Homily

The Rev. Jo Ann Ford

Nicene Creed

BCP 358

Celebrant and the People stand as they are able and say.

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the

Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

Prayers of the People (Form IV)

BCP 388

All kneel or sit as you are able - The Leader and People pray responsively

Leader Let us pray for the Church and for the world.
Grant, Almighty God, that all who confess your Name may be united in your truth, live together in your love, and reveal your glory in the world.

Silence

Leader Lord, in your mercy

People Hear our prayer.

Leader Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may honor one another and serve the common good.

Silence

Leader Lord, in your mercy

People Hear our prayer.

Leader Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honor and glory.

Silence

Leader Lord, in your mercy

People Hear our prayer.

Leader Bless all whose lives are closely linked with ours, and grant that we may serve Christ in them, and love one another as he loves us.

Silence

Leader Lord, in your mercy

People Hear our prayer.

Leader Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their troubles, and bring them the joy of your salvation.

Silence

Leader Lord, in your mercy

People Hear our prayer.

Leader We commend to your mercy all who have died, that your will for them may be fulfilled; and we pray that we may share with all your saints in your eternal kingdom.

Silence

Leader Lord, in your mercy
People Hear our prayer.

Silence - The People may add their own petitions.

Celebrant adds a concluding collect.

Collect

BCP 395 (6)

Lord Jesus Christ, you said to your apostles, "Peace I give to you; my own peace I leave with you:" Regard not our sins, but the faith of your Church, and give to us the peace and unity of that heavenly City, where with the Father and the Holy Spirit you live and reign, now and for ever. **Amen.**

The Peace

BCP 360

All stand. The Celebrant says

The peace of the Lord be always with you.

People And also with you.

The Celebrant and People greet one another in the name of the Lord.

Birthdays, Anniversaries and other Blessings

Offertory Sentence

BCP 377

The Celebrant, stands and says

Let us with gladness present the offerings and oblations of our life and labor to the Lord.

Offertory Hymn

"Praise to the Living God"

Hymnal 372

Doxology *(said by all at 8am and sung by all 10am)*

Hymnal 380, v3

Praise God, from whom all blessings flow; Praise him, all creatures here below; Praise him above, ye heav'nly host; Praise Father, Son, and Holy Ghost.

*All baptized Christians are welcome to receive communion.
Gluten free wafers are available upon request.*

THE GREAT THANKSGIVING

Holy Communion (Eucharistic Prayer A)

BCP 361

As the people remain standing, the Celebrant, says

The Lord be with you.

People And also with you

Celebrant Lift up your hearts.

People We lift them to the Lord

Celebrant Let us give thanks to the Lord our God

People It is right to give him thanks and praise

Then, facing the Holy Table, the Celebrant proceeds

It is right, and a good and joyful thing, always and every where to give thanks to you, Father Almighty, Creator of heaven and earth.

Through Jesus Christ our Lord, who was tempted in every way as we are, yet did not sin. By his grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Celebrant and People

Holy, Holy, Holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

The people stand or kneel. Then the Celebrant continues

Holy and gracious Father: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore *we proclaim* the mystery of faith:

Celebrant and People

Christ has died.

Christ is risen.

Christ will come again.

The Celebrant continues

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that

we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

Celebrant says

And now, as our Savior Christ has taught us, we are bold to say,

The Lord's Prayer

BCP 364

Celebrant and People

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

The Celebrant breaks the consecrated Bread and a period of silence is kept, and then says

Christ our Passover is sacrificed for us;

People Therefore let us keep the feast.

Agnes Dei *(said by all at 8am and sung by all 10am)*

Hymnal S161

Lamb of God, you take away the sins of the world: have mercy on us.

Lamb of God, you take away the sins of the world: have mercy on us.

Lamb of God you take away the sins of the world: grant us peace.

Facing the people, the Celebrant says the following Invitation

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

Communion of the People

Communion Hymn

"Let all mortal flesh keep silent"

Hymnal 324

After Communion, the Celebrant says

Let us pray.

Celebrant and People

Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And

ANNOUNCEMENTS

The Vestry and Congregation welcome you to worship today, we are glad to have you with us. If you are new to the area, or new to The Episcopal Church, please fill out a visitor's card and make yourself known to the clergy and the ushers. If you would like more information about The Episcopal Church and Ascension in particular, please contact the church office at: (719)543-4253 or talk to one of the clergy.

UPCOMING DATES

Women's Coffee - March 9, 2024 at 10am, Ascension Parish Hall

Speaker: Mary Segall

Program: "The Stones Cry Out Solidarity"

Palestinian sisters and brothers in Christ and all Palestinians are crying out to us, urging us to be present with them in solidarity in Palestine and to bear witness to the world that they are not alone in their struggle for justice.

Men's Breakfast - March 9, 2024 at 10am, Ascension Parish Hall

The Men's Breakfast for March will be at church. We will join the Women of the Church to hear about the visit of the group, Kairos Palestine, to Jerusalem. Mary Seagull will be part of that delegation and it will be good to hear first hand the results of the meeting.

March 24

PALM SUNDAY

8:00am and 10:00am

HOLY WEEK 3/25-3/30

March 28

MAUNDY THURSDAY

6:00 pm

Maundy Thursday liturgy, foot washing & stripping of the altar

March 29

GOOD FRIDAY

12noon

Stations of the Cross

1-6pm

Church will be open for private prayer

6:00pm

Good Friday liturgy

March 31

EASTER SUNDAY

8:00am

First Service of Easter

10:00am

Holy Eucharist and Baptism

ASCENSION PRAYER LIST

SPECIAL NEEDS – Roy Armstrong, Paula Archuleta, Donna Muench, Schmidt/Johnson Family, Michael B, Paul Wright and Brian Rice.

LONG-TERM CARE – Mark Begin, Beurman Family, Ken and Barb Butcher, Pat Curtsinger, Signe Esposito, Tom Hill, John Kumor, Victoria Monroe, Kevin Olsen, Jaime Phelps, Bea Stasco, Kathlyn Vail, Monte Watts, Wright Family, Lydia Baxter, Arthur Alston, Christy and Bryan Bowers, Joanye McNair and George Mellott