

2022

Annual Report



Working to help, encourage and support rural and remote communities

Cosmos HealthCare Inc

November 2022

Cosmos HealthCare

Annual Report - October 2022

Overview

2022 has been a steady year for Cosmos HealthCare. We began the year unsure of how the COVID pandemic would impact us as new variants of virus came along. Thankfully, here in WA the impact wasn't as bad as predicted and most restrictions were dropped by early October. We do need to remain vigilant, but it seems that the worst of the pandemic may be behind us.

Throughout the year we have continued to focus on strengthening our organisation as we look to grow our administration team to spread the load and bring in new skills. We have also continued to strengthen our partners, particularly in Zimbabwe. Sustainability is a long but worthwhile journey.

One highlight of 2022 was the team visit to PNG; this was our first overseas team since February 2020! This team focused on rebuilding foundations after being away for so long. Our future activity in PNG demands spending time building critical relationships. This team also delivered face-to-face training and distributed self-paced learning packages to remote community health workers.

We have continued the process of re-branding this year as we build towards our 20th Anniversary at the end of November 2022. We are excited to reveal our new branding to the world on November 26th. We believe this branding positions us better in the market and will carry us forward strongly into our next season.

Financially, 2022 has been steady. We are grateful to all our supporters and partners who have continued their generosity this year. We are in a solid position, but we do need to work hard to grow our supporter base to enable more projects and activity in 2023 and beyond. In 2023 we plan to take our new brand "to the world" and hopefully attract more support from the business community, churches and individuals who want to get behind us.



Zimbabwe – Sizolwethu Health

This year Sizolwethu Health have continued to increase their influence in and around Bulawayo. We have helped Shelta, the Sizolwethu Director, to expand her network by funding some travel to help her access networking opportunities. Building a wider support network is vital to Sizolwethu to assist in ensuring their long-term sustainability.

Like most of the world, rising inflation continues to plague the Zimbabwean economy; sadly their inflation is running around 200% which makes life so much harder for most Zimbabweans.

Despite this raging inflation, Sizolwethu have continued to deliver their clinical outreach program and other development programs. Every year we seem to say that Zimbabwe is doing it tough, but this year seems to be one of the worst.

Wound Clinic

One bright light in Bulawayo has been the Sizolwethu wound clinic. This has been a real answer to prayer as Sizolwethu have been searching for a local income-generating project for some years. Back in 2020, they partnered with Elizabeth Edwards, an experienced wound care specialist, and established a low-cost wound clinic in Bulawayo.

Through hard work and good management, this wound clinic has blossomed into a respected referral point for local doctors and has now helped hundreds of people who ordinarily would not be able to afford treatment for their wounds.

Under Elizabeth's guidance, the clinic heals many complex wounds while also providing a training platform for local nurses to learn specialised wound care skills. They get practical hands-on experience and eventually they sit a theory exam with an online certification college to become certified wound care nurses. We applaud this project; it has a great impact and is leaving a wonderful legacy.



Rural Schools Safe Toilets Project

During the first half of 2022, Sizolwethu delivered a school sanitation project to help 20 rural primary schools around Bulawayo. These schools have very young 4-year-old children attending pre-primary classes and some of the toilet facilities (long-drop composting) were dangerous for such small children. This project was funded by two foundations and a church here in Australia which enabled 41 toilets to be installed (two per school). The project also delivered vital hygiene and soap-making lessons for each school. These programs seem simple, but they really make the students' lives easier while improving health and the learning environment.



Papua New Guinea

In June 2022 Dr Darryn Rennie and our CEO Jason visited PNG; this was our first visit to PNG since July 2019. The visit had two main goals. Firstly, to rebuild important relationships with key stakeholders in the East Sepik Health Authority, other church health services and the wider community. Secondly, we hoped to be able to deliver self-paced learning packages to several villages in person to kick-start a trial program. Many Community health workers care for thousands of people in remote villages with very little support. Our aim is to help them get access to refresher training to help keep their skills fresh.

The team was able to deliver eleven self-paced learning packages to eleven villages with the help of logistics from the East Sepik Health Authority and the vital transport support of Samaritan Aviation who flew the team out to the villages. Connecting directly to health workers at the coalface was a privilege and helps us develop our understanding of their needs. We plan to continue to refine our training packages in the future to increase the impact.

Dr Darryn also conducted an in-person training day with 26 CHWs attending. We received an open invitation to deliver more of this training in the future.



Cervical Cancer Screening - PNG

During their visit to Wewak in PNG, our CEO and Medical Director spent time with a local PNG charity called Friends of Greater Sepik (FOGS). This grassroots organisation is aiming high. Headed by a local gynaecologist, Dr Grace Raire, they deliver regular monthly health outreaches into remote villages around the East Sepik Province. At each outreach they provide vital cervical cancer screening for ladies. This screening helps catch cancer earlier and saves lives. Cosmos has been supporting this initiative with some small amounts of funding. We hope to carry out further work with FOGS in the future to develop a more comprehensive cervical cancer treatment project for the province.



Uganda – Jenga Community Development

Our “Cosmos Connect” WhatsApp program has grown slowly in 2022. We recently connected six more people between Perth and Uganda, enabling them to build supportive friendships via WhatsApp.

Alongside this program, we have continued to build a deeper connection with Jenga’s leadership and key staff members. They are an amazing group of people who are very committed to improving the lives of Ugandans. We hope to build a longer-term partnership with Jenga. There are many health and community support needs in the town of Mbale and we have invited Jenga to submit a project proposal of their choice for our consideration.

Education and Training

Cosmos has always had a heart to empower people. We have always taken opportunities to pass on knowledge in whatever context we are working. Our teams have provided valuable teaching to patients waiting to see the doctors, and our health professionals have always sought to leave some new knowledge for their counterparts during team visits.

For the last five years our volunteer doctors have provided regular monthly in-service training for nurses in Zimbabwe. The feedback has proven how valuable this training has been and those nurses who have taken part are better able to diagnose and treat in the rural contexts.

As we move forward into our new season, our organisation is planning to deliver more teaching and training across all three contexts, namely Zimbabwe, Papua New Guinea, and Uganda.

The legacy we want to leave is lasting knowledge, to enable local health workers care the the needs of their communities better.

Church Partnerships

We have maintained our links with several churches here in WA, including Northam, Geraldton, Albany, Kalgoorlie and in Perth. Our CEO Jason spoke at Geraldton Church of Christ in January, shared at LifeStreams in Como, and spoke twice this year at Bentley Baptist Church. We are very grateful for these church partnerships. We hope to be able to build support from additional churches in 2023.



Administration

This year has been another exciting and busy year for our administration team. We have been especially busy with preparing for our re-branding and upcoming 20th Anniversary celebration.

We have been incredibly blessed by the talents of Juliet Street, Nikki Chapman, Jennifer Ratten and Jason Brown who have all played a huge part in the re-brand and launch strategy. Without their passion and generosity this process would have been a much more challenging undertaking. We are thrilled with the new branding strategy and excited for the next chapter of Cosmos.

Another highlight has been the recent addition of Melissa Clarke and Kylie Ramachenderan to our administration team. Melissa has a degree in Web Communications and is volunteering her time as our Social Media Assistant. Kylie will take over as our bookkeeper in January 2023. We are very grateful to have these two ladies join our team.

Lastly, I want to thank Maureen Kapitola for all her assistance and to honour our CEO Jason James for his leadership, vision, and servant heart in all he does for Cosmos HealthCare. It really is a privilege to work alongside him to serve our partners in Zimbabwe, Papua New Guinea, and Uganda.

Trudy James
Administration



Kylie



Melissa

Treasurer's Report

The 2021/2022 Financial year is the first year since I became Treasurer in which we had an excess of expenditure over income. This was not unexpected as we had budgeted for an expenditure excess. This has enabled us to partly use some of the excess we had gradually been accumulating over the past five or so years. Having said this please note, my comments below.

For the financial year ended 30th June 2022 Cosmos Healthcare Inc had an excess of expenditure over receipts of \$23,480.21.

Donations

Total donations for non-specific causes were down on last year. We have lost several donors during the year, however countering this we have also gained some new donors. Covid-19 has had a smaller impact on us this year when compared to last year.

Team Income

In 2021/2022 we only sent one small team to Papua New Guinea in late June 2022. Plans are in place to send teams to Zimbabwe and Papua New Guinea in the 2022/2023 financial year.

Special Projects

This year we were able to support several projects both in Zimbabwe and Papua New Guinea. The major projects in Zimbabwe were for a motor vehicle and children's toilets. We were blessed with donors providing 100% support for the initial children's toilet project. Further toilets were funded by a third party. Cosmos Healthcare funded the purchase of the "new" vehicle from funds on hand.

Fund Raising

Apart from specifically for the projects mentioned above, fundraising events were not a high priority due to Covid-19 restrictions especially early in the year. Our CEO continued to nurture and maintain donor relationships which helps our funding base. 2023 will see more fundraising activities as restrictions lift

Government Funding

Government funding (Job Keeper) ended in 2021/2022 after the second round of funding. We did not qualify for the third round of funding. The lack of Government funding was one reason our total receipts for 2021/2022 was lower than 2020/2021

Support for Sizolwethu and Extended Care

We have been able to continue our support of Sizolwethu and we met our full commitment for the year. One donor is providing support monthly for medical supplies, and we did provide some funding for an existing Ext Care patient. The Australian dollar is falling very sharply against the US dollar which has a major effect on how much we send to Sizolwethu.

Salaries

Salaries and wages are lower than last year; this was due to an overall lower number of hours worked.

Other Expenses

Most other expenses were in line with budget although we did have some savings in office costs and rental. Nothing of significance to report. A change in accounting policy because of a new accounting standard means that we have had to capitalise the right of use for the lease on the building.

Conclusion

We are in a strong position to continue to support our outreach in Zimbabwe, Uganda, and Papua New Guinea into the future. I am grateful to Len Lawrence for his work as our volunteer bookkeeper and we wish him well as he finishes up at the end of 2022 after five years in his role. I also thank our auditors for their support.

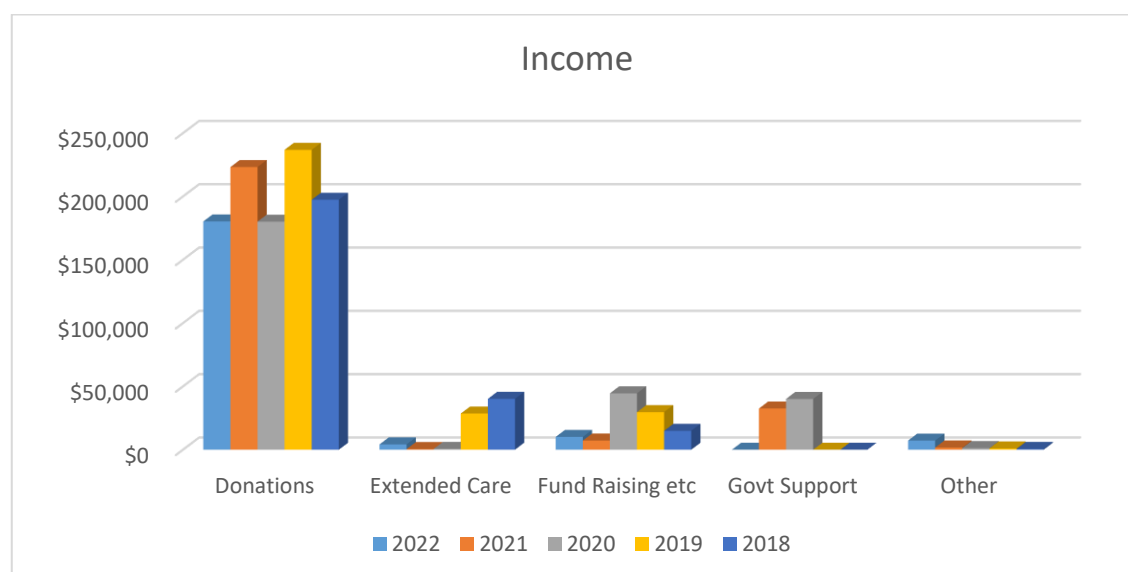
I look forward to 2022/2023 and the opportunities it will offer.

Ian Mawson

Treasurer/Secretary

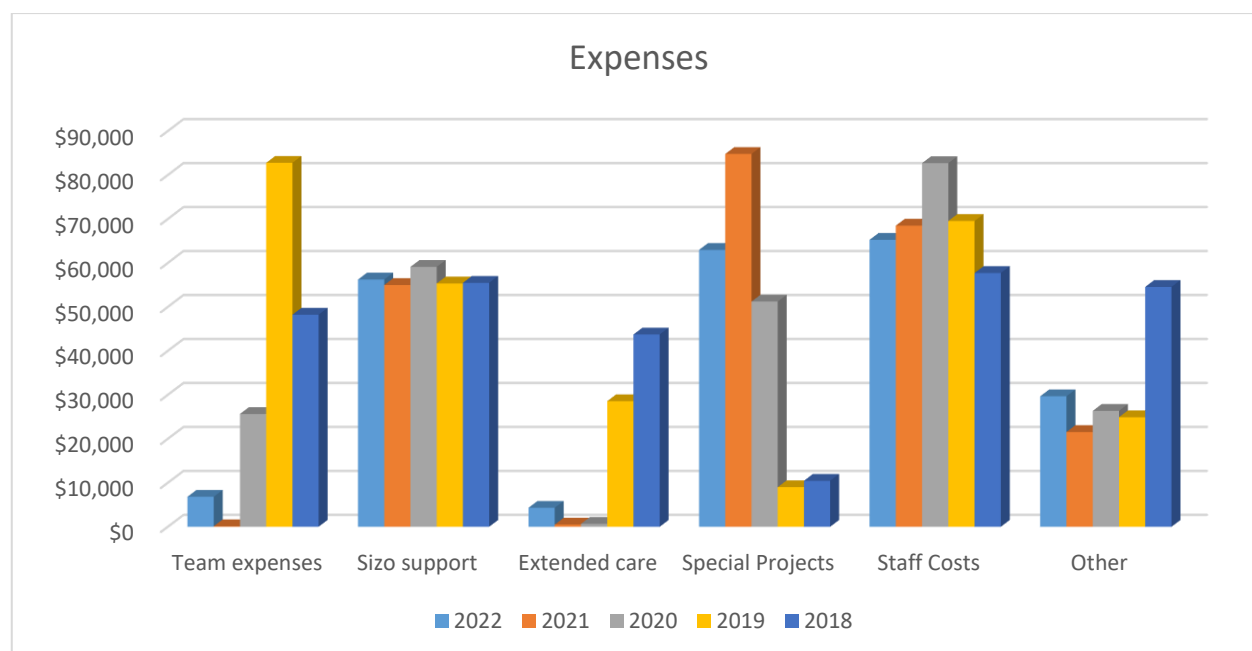
Income

	2022	2021	2020	2019	2018
Donations	\$180,272	\$223,217	\$180,091	\$236,835	\$197,392
Extended Care	\$4,205	\$500	\$666	\$28,559	\$40,161
Fund Raising etc	\$10,110	\$7,250	\$44,532	\$29,692	\$14,901
Govt Support	\$0	\$32,550	\$40,100	\$0	\$0
Other	\$7,185	\$1,751	\$1,286	\$969	\$629
	\$201,773	\$265,268	\$266,675	\$296,056	\$253,084



Expenses

	2022	2021	2020	2019	2018
Team expenses	\$6,825	\$108	\$25,648	\$82,763	\$48,221
Sizo support	\$56,233	\$54,979	\$59,107	\$55,325	\$55,474
Extended care	\$4,304	\$500	\$664	\$28,559	\$43,726
Special Projects	\$62,966	\$84,785	\$51,220	\$9,011	\$10,452
Staff Costs	\$65,252	\$68,484	\$82,695	\$69,547	\$57,703
Other	\$29,674	\$21,552	\$26,359	\$24,912	\$54,542
	\$225,253	\$230,408	\$245,693	\$272,138	\$272,137



Contributions from:

Jason James
Chief Executive Officer

Ian Mawson
Treasurer / Secretary

Trudy James
Administration