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**Transform Lives on the Green:  
Register Today for Clásico de Golf**





Get ready to tee off at **San Ysidro Health's 17th Annual Clásico de Golf!** This isn't your ordinary golf tournament; it's a chance to unleash your inner golfer while supporting essential health services for seniors.

Mark your calendars for **Monday, September 25, 2023**, and prepare for an exclusive experience at the [San Diego Country Club](#). The event will feature a fun day of networking with other business partners and community leaders, delicious food, and beverages, as well as a shared camaraderie for our mission.

Secure your spot today by registering [online](#) or submitting this [sign-up form](#). Act fast to secure your spot today as the number of available teams are limited!

## Celebrate Asian Pacific American Heritage Month with Team San Ysidro Health



Asian Pacific American Heritage Month is observed annually in May, celebrating the history, culture, arts, contributions, and legacy of Asian Americans and Pacific Islanders in the United States. Throughout May, San Ysidro Health highlighted members of Team San Ysidro Health as they share what it means for them to be part of the Asian Pacific Islander community...



**Making Mother's Day Extra Special with the  
Alex Morgan Foundation**





On May 12, The Alex Morgan Foundation joined San Ysidro Health in hosting a special lunch for new moms at our Maternal & Child Health Center. These moms had previously participated in the Centering Pregnancy Program, which provides education to expecting mothers in a supportive group setting, with access to their provider at every session and the opportunity to build a strong network of peers.

In collaboration with Nike, the foundation distributed kits for new moms throughout Mother's Day weekend. These kits included a mini Nike soccer ball, onesies, socks, baby blankets, and a \$250 gift card for food delivery. San Ysidro Health extends heartfelt gratitude to the Alex Morgan Foundation for their invaluable support in uplifting and empowering mothers within our community. To view photos from this fantastic afternoon, please [check out our SmugMug](#).

## Nurses Week Celebration



Every year, from May 6th to 12th, nurses are recognized for their service and dedication to caring for others and improving the health of patients nationwide through National Nurses Week. This special week celebrates the effort, dedication, and sacrifice that nurses make every day. They are essential members of America's healthcare workforce, providing care through every stage of life and working with patients during their most intimate and vulnerable moments.

During National Nurses Week, we took the opportunity to spotlight some of our exceptional members of [#TeamSanYsidroHealth over on our Instagram!](#) We extend our heartfelt gratitude to all the San Ysidro Health nurses for their passion, dedication, and the compassionate care they provide to the 145,000 patients under our care.

## SYHealth's Behavioral Health Services Highlighted by Local Students



San Ysidro Health is grateful for the incredible generosity and compassion shown by 8th grade students enrolled in the Think Lab class at Chula Vista Learning Community Charter School. They recently raised support from a community event they hosted in Chula Vista specifically for our behavioral health services. The group, Los Sour Pops, led by Gisel, Camila, Naomi and Mia, showcased their capstone project, emphasizing the importance of behavioral health, community and connection. We appreciate Chula Vista Learning Community Charter School for nurturing compassionate individuals. With the collective efforts of these extraordinary students, the future shines brightly ahead.



## Staff Spotlight: El Cajon Chiropractic Team



*Pictured (left to right): Nancy Ramirez, MA; Sally Hana, PSR; Karen Marquez, MA; Dr. Chuck Plante, Chiropractor.*

San Ysidro Health is committed to providing comprehensive care to support the overall well-being of our patients, and this includes our exceptional chiropractic services. Our chiropractic care is designed to alleviate pain, correct body alignment, and enhance physical functioning, enabling our patients to thrive. We take great pride in highlighting our El Cajon Clinic, which recently received a generous anonymous donation in recognition of the outstanding and compassionate care delivered by Dr. Charles Plante and his chiropractic team. Their expertise and compassionate approach have helped individuals regain comfort, mobility, and an improved quality of life.

To learn more about our services and schedule an appointment with one of our chiropractors [visit our website](#).

**Assemblymember David Alvarez's  
AD-80 Health and Wellness Fair**



Assemblymember David Alvarez hosted his inaugural AD-80 Health and Wellness Fair on Saturday, May 20th, aiming to connect residents of the 80th Assembly District with valuable resources for health and wellness. San Ysidro Health, along with NAMI San Diego and Casa Familiar, was invited to speak and provide information on adolescent mental health and women's health. Additionally, our Mobile Medical Unit offered free general checkups and blood pressure screenings during the event. We extend our sincere gratitude to Assemblymember Alvarez for hosting us and for his support of our community!

## San Ysidro Health In The News



**SAN YSIDRO  
HEALTH**  
IN THE NEWS

- May 5, 2023 | [Access to health care](#) (Alpine Sun)
- May 6, 2023 | [Extra Dose Of Appreciation](#) (San Diego Union Tribune)



- May 15, 2023 | [SAN YSIDRO HEALTH HOSTS RURAL HEALTH CELEBRATION LUNCHEON](#) (*East County Magazine*)
- May 19, 2023 | [Assemblymember David Alvarez is hosting his first AD-80 Health and Wellness Fair](#) (*KUSI News*)

## Join Our Team!

At San Ysidro Health, we are fueled by our passion for our patients, our practice, and our people. We take pride in the difference we make in our patients' lives and our communities. In this spirit, we are growing and are excited to announce our current job openings.

Help us spread the word about these opportunities:

- [PACE Clinic Registered Nurse](#)  
875 El Cajon Blvd, El Cajon, CA 92020, USA • Req #6383
- [HR Compliance Coordinator](#)  
1601 Precision Park Ln, San Diego, CA 92173, USA • Req #6445
- [Patient Services Representative](#)  
1629 Alpine Blvd, Alpine, CA 91901, USA • Req #6443
- [RDA - El Cajon Clinic](#)  
875 El Cajon Blvd, El Cajon, CA 92020, USA • Req #6490

[Check Out Full List Of Current Openings](#)

*San Ysidro Health is an equal-opportunity employer. All qualified applicants will receive consideration for employment without regard to race, color, religion, sex, sexual orientation, gender identity, national origin, age or protected veteran status and will not be discriminated against on the basis of disability. [Learn more.](#)*

## Thank You To Our Corporate Citizenship Partners

Our Corporate Citizenship Partners program offers our members an opportunity to align their philanthropic objectives with our core mission of enhancing the health and well-being of the communities we serve, ensuring access for all.



## Champions Circle



## Friends Circle



The mission of San Ysidro Health is to improve the health and well-being of the communities we serve with access for all.

[Donate Today](#)

[Follow us!](#)





San Ysidro Health is proud to have earned prestigious seals of transparency from Charity Navigator and Candid/GuideStar, demonstrating our unwavering commitment to best fundraising practices and transparency.



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San Ysidro Health is a registered 501(c)(3) charitable organization. All monies raised through our fundraising events solely benefit San Ysidro Health's programs and services and are tax deductible to the fullest extent of the law.

Federal Tax ID #95-2801772.

**Our mailing address is:**

San Ysidro Health  
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San Diego, CA 92173

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