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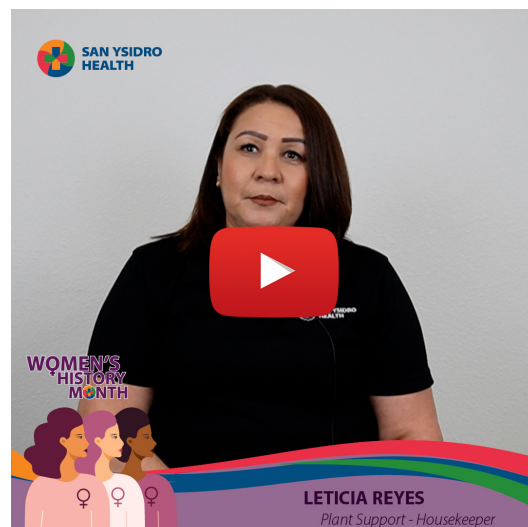
## “Celebrating Women Who Tell Our Stories” San Ysidro Health Celebrates Women's History Month

The month of March was Women's History Month, which holds a special place for us. We were founded by 7 mothers looking for care for their children in 1969. Over 50 years later, we stand on their shoulders and today, are proud that 77% of our 2,500 dedicated staff are women.

The 2023 National Women's History Month theme was “Celebrating Women Who Tell Our Stories.” Storytelling traditions span time and cultures and have been relied upon for generations to both entertain and educate. To celebrate Women's History Month, San Ysidro Health was proud to highlight a few of our amazing women telling their stories...



**VERNITA TODD**  
Vice President - Chief Strategy Officer



**LETICIA REYES**  
Plant Support - Housekeeper



# SYHealth Recognized by East County





On March 5th at the 111th East County Honor Roll hosted by the San Diego Regional Chamber of Commerce, San Ysidro Health was recognized as the 2022 **Organization of the Year in the Health Services category!**

We thank our patients who trust us to provide the highest quality of care throughout East County because it's less about what we do—and everything about who we're doing it for—our neighbors, friends, and families. We celebrated alongside all the nominees and community leaders honored as we continue to work together to bring support and services to East County.

## Adolescent Classroom Health Education Program Spotlight



For nearly 10 years, San Ysidro Health's Research and Health Promotion department has provided health education in local classrooms through their **Adolescent Classroom Health Education Program** funded by Title X. The program has grown immensely, even during the height of COVID-19, as it provides support to local schools to meet the requirements of the California Healthy Youth Act (CHYA). This program provides classroom presentations on sexual and reproductive health, and other teen health topics like substance use, nutrition, and mental health, while also linking community youth to the Teen Clinic and other SYH services. In 2022, **21,341** students in grades 7<sup>th</sup>-12<sup>th</sup> were reached via classroom presentations in our local schools, nearly doubling from 2021.

For more information about the program please contact program supervisor, Sarah Vaughan, MPH at 619-852-5651 or [sarah.vaughan@syhealth.org](mailto:sarah.vaughan@syhealth.org).

To see our Health Education team in action, [click here](#).

## 20th Annual Day of the Child Community Fair



The Chula Vista Community Collaborative (CVCC) is proud to introduce the **20th Annual Day of the Child Community Fair on Saturday, April 22, 2023 at Memorial Park in Chula Vista**. The event is a free family event that provides resources to keep children safe, healthy, and well-informed about services in the community.

**Volunteer sign-ups are now open!** Interested in volunteering? Please complete [the sign-up form](#), and submit via email to [syhnews@syhealth.org](mailto:syhnews@syhealth.org) by April 7<sup>th</sup>. Family and friends are welcomed.

**Vaccines Available Every Saturday This Spring At San Ysidro Health**





Offering **FREE** flu vaccines, Pfizer and Moderna COVID-19 vaccines, for people 5+.

Join us, every Saturday *(until May 27th)*

#### LOCATIONS & TIMES:

**Santee Family Medicine**  
120 Town Center Parkway  
Santee, CA 92071  
*From 9am to 1pm*

**San Diego PACE**  
**Chula Vista**  
880 3rd Avenue, Suite A  
Chula Vista, CA 91911  
*From 9am to 1pm*

**Paradise Hills**  
2400 E. 8th Street  
National City, CA 91950  
*From 9:30 am to 1pm*

\*Additional FREE vaccination events are available during the week.  
Visit us on Facebook and Instagram for locations and times.

## Local Students Volunteer At San Ysidro Health's Family Resource Center



On President's Day, students from Otay Ranch High School, Eastlake High School, and Francis Parker School came together to package essential hygiene and bags of food for our patients. Throughout the day, the group packaged 220 bags of food and 150 hygiene kits.

Thank you to Anabelle Calleros, Alejandra Portillo, and Kate Avalos students at Otay Ranch High School; Daniel Garcia student at Eastlake High School; Krishna Kuruvadi, Bo

San Ysidro Health's Family Resource Center and Emergency Food Pantry distributed over 37,000 lbs. of food in 2022 to nearly 4,000 local families facing food insecurities. In addition, our Community Center in Campo delivered over 30,000 prepared meals to seniors in rural east county. We are proud of the vital partnerships with Feeding San Diego and the San Diego Food Bank and donors who help make our food distributions possible.

## San Ysidro Health In The News



## SAN YSIDRO HEALTH IN THE NEWS

- March 3, 2023 | [¿Por qué la atención médica en Estados Unidos es tan cara? \(La Voz de America\)](#)
- March 13, 2023 | [The Top 50 Women Leaders of San Diego for 2023 \(Women We Admire\)](#)
- March 14, 2023 | [Elkay Releases A New Interoperability Platform Ikopera- A Holistic Data Management Solution \(Cision PR Newswire\)](#)
- March 16, 2023 | [How KPBS expanded its reach to San Diego's Latino communities \(current.com\)](#)
- March 19, 2023 | [Nurses will follow up on rural patients to reduce readmissions \(San Diego Union Tribune\)](#)

## Join Our Team!

At San Ysidro Health we are passionate about our patients, our practice, and our people. We work hard and are proud of the contributions we make in improving the lives of our patients and our communities.

Job opportunities:

- [SY PACE-Geriatric Physician](#)  
3364 Beyer Blvd San Diego, CA 92173 • Req #4260
- [Full Time Physician \(IM or FM\) \(All Locations\)](#)  
1601 Precision Park Ln San Diego, CA, 92173 • Req #3791
- [PACE Clinical Coordinator](#)  
1840 West Dr, Vista, CA 92083 • Req #6113
- [Director of Human Resources](#)  
1601 Precision Park Ln San Diego, CA, 92173 • Req #5259

[Check Out Full List Of Current Openings](#)

## Thank You To Our Corporate Citizenship Partners

Our Corporate Citizenship Partners program offers our members an opportunity to align their philanthropic objectives with our core mission of enhancing the health and well-being of the communities we serve, ensuring access for all.

### Founders Circle



### Champions Circle



### Friends Circle



The mission of San Ysidro Health is to improve the health and well-being of the communities we serve with access for all.

[Donate Today](#)

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**Candid.**

San Ysidro Health has **proudly earned** the  
2023 GuideStar Platinum Seal of Transparency

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*San Ysidro Health is a registered 501(c)(3) charitable organization. All monies raised through our fundraising events solely benefit San Ysidro Health's programs and services and are tax deductible to the fullest extent of the law.*

*Federal Tax ID #95-2801772.*

**Our mailing address is:**

San Ysidro Health  
1601 Precision Park Ln  
San Diego, CA 92173

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