



## Duraflex Partial Post-Op Instructions

Duraflex is a brand of flexible, partial dentures. Unlike traditional dentures, Duraflex partials are not made of a rigid acrylic material. This means the care required to maintain your Duraflex partial denture is also unlike conventional methods. To keep your Duraflex partial in good, clean condition for as long as possible, make sure to follow these instructions:

- **Always remove your partial at night.** Leaving it in can lead to tissue irritation, halitosis (bad breath), and fungal infections.
- **Clean your partial regularly.** Use a soft bristled toothbrush and water to gently remove built-up debris and plaque from the partial. DO NOT use soap or toothpaste to clean the partial as they will scratch the soft material.
- **DO NOT soak the flexible partial denture overnight.** Soaking traditional dentures overnight is a common way to keep them clean but because of the soft material of Duraflex partial dentures, they should not be soaked for long periods of time. You can soak the Duraflex partial in antibacterial denture cleaner, like Polident, Retainer Brite, or Efferdent **but only for 10-15 minutes at a time, three times a week.**

**Make sure to NEVER leave your flexible partial denture in hydrogen peroxide, mouthwash, or any other product containing alcohol as that will lead to discoloration of the partial.**

- **Suffering from sore spots? You may need an adjustment.** As with any new oral appliance, it'll take some time to get used to your flexible partial denture. However, persistent sore spots are indicative of a poor fit. If you've noticed some soreness while wearing your flexible partial, call our office at **(919) 460-9665** as soon as possible. After your adjustment, it'll take a few days for those sore spots to heal.