

# FUTURE FORWARD\_ LETTER TO MY FUTURE SELF



On Thursday 12<sup>th</sup> August, The Diana Award will launch our new five-year strategy, Future Forward. Future Forward sets out what The Diana Award will do over the next five years to empower young people to continue making positive change.

To support the launch of the strategy, we're asking you to write a letter to your future self.

We'd love to share these letters on our website and social media channels to start the conversation about how we move forward together over the next five years.

## What is a letter to my future self?

The letter is a short, personal message to inspire, reassure and celebrate your future self – all that you are, all that you care about and all you will have achieved.

In 2-3 paragraphs, you could think about:

- ***Where will you be in 2026?***

Maybe you will be leaving school or university, starting work or setting up your own business. Look at how far you've come since 2021 to get there.

- ***What lessons will you take with you from 2021?***

The coronavirus pandemic has affected everyone's lives. Maybe you've discovered how resilient you are, had the support of a mentor or struggled with social isolation. What have you learned about yourself and the world around you that will shape you over the next five years?

- ***What do you want the world to be like in 2026?***

If you're passionate about your local community, tackling gender inequality or protecting the environment what will it be like in 2026? What will you and others have done to bring positive change?

## Examples

Here are a few examples to inspire you and help you get started:

The Dear Tomorrow project - <https://www.deartomorrow.org/type/letter/>

Wanderlust Journal's letter to future self - <https://wanderlust.com/journal/open-letter-future-self/>

Please send your letter to [comms@diana-award.org.uk](mailto:comms@diana-award.org.uk) with the subject line "Letter to My Future Self".

# THANK YOU!