

## ICEBREAKER QUESTIONS FOR MENTEES & MENTORS

- What is your favorite part about your job?
- What professional skills are you most interested in growing?
- What is an area of struggle you are most proud of overcoming and how did you accomplish that (personally or professionally)?
- What are your current volunteer or professional involvement activities?
- How did you land your current role?
- What is a piece of advice you've received that you found really impactful?
- What was your favorite vacation?
- What movie/show/book do you love or recommend?
- What is your favorite way to spend your free time?
- Who in your life inspires you?
- What quality do you most appreciate in a friend?
- What is one positive thing you're especially happy about in your life currently?