

Care Instructions for Your New Crown

Date Cemented:

Teeth Restored:

Crown Type:

Your tooth has just been restored with a full veneer crown. This means that the tooth has had a strong, protective “shell” placed over it. This crown, may have been made of gold, porcelain fused to gold, emax (porcelain) or zirconia (high strength porcelain), as previously discussed with you. This crown is very strong, resistant to staining, and will protect the underlying natural tooth structure, holding it together to resist fracture. Your crown has been cemented to place using the most appropriate dental adhesive.

It is common to experience some sensitivity in your tooth following the placement of a new crown. This sensitivity may last from a few days to several weeks. If it persists, please do not hesitate to contact us.

Whilst your crown is very strong, you should still take care not to place excessive stress on it. You should not eat, chew or bite objects that could damage your natural teeth as they may also damage your crown. Do not try to open bottle tops or chew very hard or sticky jubes or toffees with your crown. Whilst this sounds strange to say...some people do try!

Statistically, crowns will last somewhere between ten to fifteen years. This means some may need replacing sooner, but others will last much longer. You should ensure that you have six monthly check up and cleaning appointments to maintain your crown and other teeth. We will arrange an annual review appointment if you have had multiple crowns placed. If you see us each year for that check, and your crown requires replacement within five years, this would suggest that there may have been a technical problem in the fabrication of your crown rather than poor care, and so we would replace it at no out of pocket cost to you. Occasionally, porcelain chipping may occur and again we would polish this out or replace the crown if necessary, at no out of pocket cost to you in this initial period. This offer to replace does not apply if your tooth was very compromised and we discussed this with you at the outset before you decided to proceed.

Thank you for allowing us to assist you with your dental care and please do not hesitate to contact us with any questions that you may have on.

perfect smiles