

## Care Instructions Following Temporary Crown and Bridge Work

At the conclusion of your crown or bridge preparation appointment you will have been fitted with a temporary crown or bridge. These restorations are designed to be easily removed at the final appointment as this avoids any damage to the underlying tooth structure and ensures an accurate fit of the final crown or bridge work. Unfortunately, this also means the temporary restoration may come off prematurely.

**Therefore, it is important you read and adhere to the following instructions:**

After the anaesthetic wears off, you may experience some tenderness in the gum around the tooth. This will normally be quite mild and is considered normal. The tenderness should subside within 72 hours and can be treated with warm salt water rinses.

You may also experience some sensitivity from the tooth, particularly to hot and cold drinks or food. This should also subside within 72 hours, but occasionally remains for the duration of the time the temporary restorations are in place. Should there be excessive pain that persists, please contact us.

Should the temporary crown or bridge become loose or fall out, it will require re-cementing. Please contact as soon as possible to arrange re-cementing so as the underlying tooth structure remains protected by the temporary crown or bridge. Temporary veneers are a different matter and may remain off if it is not cosmetically sensitive for you.

Try to chew on the opposite side of the mouth to the tooth that has the temporary crown or bridge and avoid hard, chewy and sticky foods which may damage or loosen the temporary restoration.

Avoid forcing floss around the temporary crown or bridge as this may dislodge the temporary crown or bridge. If using floss, pop it down between the teeth, but then gently pull it through, rather than snapping it out.

There are only 3 colours available for the temporary restorations, effectively: light, medium and dark, so they will not always match the natural teeth perfectly. The colour of the temporary restoration however does not indicate the colour of the final restoration, which should match quite nicely.

If you have any questions or concerns, please do not hesitate to contact us at Brisbane Prosthodontics on 07 3379 1555.