

Care Instructions for Your New Bridge

Date Cemented:

Cement:

Teeth Restored:

Bridge Type:

Your missing tooth has now been replaced with a bridge which connects to one or both of the adjacent teeth and spans the space. This bridge, may be made of gold, porcelain fused to gold, emax (porcelain) or zirconia (high strength porcelain), as previously discussed with you. This bridge is very strong, resistant to staining, and will provide a lasting cosmetic and functional result. Your bridge has been cemented to place using the most appropriate dental adhesive. If the bridge is connected to just one support tooth, then you will be able to easily floss under it. If your bridge is connected to two or more support teeth, you will need to use Superfloss or interdental brushes to clean underneath it. We will show you how to do this.

It is common to experience some sensitivity in the support tooth or teeth following the placement of a new bridge. This sensitivity may last from a few days to several weeks. If it persists, please do not hesitate to contact us.

Whilst your bridge is very strong, you should still take care not to place excessive stress on it. You should not eat, chew or bite objects that could damage your natural teeth as they may also damage your bridge. Do not try to open bottle tops or chew very hard or sticky jubes or toffees with your bridge. Whilst this sounds strange to say...some people do try!

Statistically, bridges will last somewhere between ten to fifteen years depending on the type of bridge. This means some bridges may need replacing sooner, but others will last much longer. You should ensure that you have your regular six monthly check up and cleaning appointments with your general dentist to maintain your bridge and other teeth. We will also arrange an annual review appointment for you. If you see us each year for that check, and your bridge requires replacement within five years, this would suggest that there may have been a technical problem in the fabrication of your bridge rather than poor ongoing care, and so we would repair or replace it at no out of pocket cost to you. Occasionally, porcelain chipping may occur and again we would polish this out or replace the bridge if necessary, at no out of pocket cost to you, in this initial period. This offer to replace does not apply if your tooth was very compromised and we discussed this with you at the outset before you decided to proceed.

Thank you for allowing us to assist you with your dental care and please do not hesitate to contact us with any questions that you may have on.

perfect smiles