

# Instructions for Patients and their Carers Following Dental Treatment under Sedation

This information will assist patients and the person who has assumed responsibility for the patient's care, to ensure a pleasant and uneventful recovery.

## **PRIOR TO YOUR TREATMENT UNDER SEDATION:**

- Remember to have breakfast, morning tea or lunch prior to your appointment in order to maintain adequate blood sugar levels.
- Avoid tea and coffee, as it is less likely you will need to go to the toilet during your treatment.
- Be sure to advise us if you are already taking sedatives, any analgesics or antidepressant medications, as these may interact with the sedative we use (Midazolam).
- Be sure to advise us if you have had any previous bad reactions to analgesics or sedative drugs.

## **FOLLOWING YOUR TREATMENT UNDER SEDATION:**

- A responsible adult must take you home and look after you for 24 hours following your treatment under sedation. For your safety, it is important to go home via private car and not public transport. We cannot administer a sedative if you plan to go home alone.
- You should rest at home over the next 24 hours as you are likely to feel drowsy, disorientated and forgetful as the effects of the sedation can take time to wear off.
- Do not drive a motor vehicle, operate any machinery or any domestic appliance for the next 24 hours.
- Do not drink any alcohol for the next 24 hours.
- You must not return to work, make any important decisions, or sign any legal documents for the next 24 hours.
- You must not take any additional medication for the next 24 hours other than what is prescribed and permitted following your treatment. If you are already taking prescription medications, please be sure to discuss these with us prior to your treatment under sedation, to ensure no drug interactions are likely.

## **ADVICE FOR THE PERSON WHO HAS ASSUMED RESPONSIBILITY FOR THE PATIENTS CARE:**

- The patient must be taken straight home where they are safe and able to rest. The patient may wish to sleep a lot and this is quite normal.
- The patient may seem lucid but may ask questions repeatedly as if they did not hear or remember the first time.
- It is quite normal for the patient not to have much memory of the procedure or the events of the few hours that followed, including being driven home.
- It is fine for the patient to eat and drink after the sedation, provided it is consistent with any other post-surgical instructions we may have issued.
- The sedative is generally a very safe medication and most patients will recover quickly and uneventfully with appropriate post operative care.

If you have any questions, then please do not hesitate to contact us at Brisbane Prosthodontics on 3379 1555 or after hours on 0403 327 663.

perfect smiles