

# BeatBox Tissue Kit 96x coupled to iST 8x | Formalin-fixed, paraffin-embedded (FFPE) tissue





























## Introduction

Formalin-fixed, paraffin-embedded (FFPE) tissues are a valuable source of information, but also a challenging matrix for bottom-up proteomic studies. The PreOmics FFPE sample preparation solution 8x provides an easy-to-use and robust workflow that allows a deep insight into the tissue proteome in a few steps and with minimal hands-on time. For sample-specific protocols, questions, or optimization, contact [info@preomics.com](mailto:info@preomics.com) or visit PreOmics FAQs.

## Protocol

The protocol includes all steps to perform a complete proteomic sample preparation including BeatBox-based sample homogenization and protein extraction, reduction and alkylation, and digestion of proteins followed by peptide purification. The following protocol describes FFPE sample preparation using the BeatBox Tissue Kit 96x and the iST 8x kit. For high-throughput processing of 96 samples consult the corresponding protocol for iST Kit 96x. For additional labware needed, please see the "Pre-Requisites" section below.

## Material

Component	Cap	Quantity	Buffer Properties				Description	Storage
iST Kit 8x (P.O. 00001)			Organic	Acidic	Basic	Volatile		
DIGEST		2x					Trypsin/LysC mix to digest proteins.	-20°C
RESUSPEND		1x 2 mL					Reconstitutes lyophilized proteolytic enzymes.	RT
LYSE		1x 1 mL					Denatures, reduces and alkylates proteins.	RT
STOP		1x 1 mL					Stops the enzymatic activity.	RT
WASH 1		1x 2 mL					Cleans peptides from hydrophobic contaminants.	RT
WASH 2		1x 2 mL					Cleans peptides from hydrophilic contaminants.	RT
ELUTE		1x 2 mL					Elutes the peptides from the cartridge.	RT
LC-LOAD		1x 1 mL					LC-MS compatible peptide reconstitution buffer.	RT
CARTRIDGE		8x					Cartridge for 1 to 100 µg protein starting material.	RT
WASTE		8x					2.0 mL tube for collecting waste after washing steps.	RT
COLLECTION		8x					1.5 mL tube for collecting peptides after elution.	RT
ADAPTER		8x					Enables a cartridge to be placed into a tube.	RT
Additional reagents, kits and instruments from PreOmics:								
WASH 0		4 mL					Cleans peptides from remaining paraffin. Please order the buffer in addition to the iST and BeatBox kits from PreOmics (WASH 0 Buffer 4 mL [SFG00077] with the comment “FFPE protocol”) or ask for the buffer recipe at <a href="mailto:info@preomics.com">info@preomics.com</a> .	RT
BeatBox instrument							Tissue homogenizer with accessory kit.	
BeatBox Tissue Kit 96x (P.O.00121)							Consumables for protein extraction on the BeatBox in 96 well format.	

## Pre-Requisites

Common lab equipment is required for the sample preparation. Always make sure to be equipped with personal protective equipment (e.g. safety glasses, lab coat and gloves). When working with large quantities of solvents, work should be carried out under a fume hood. Always consult the corresponding safety data sheet (SDS) upfront.

### Consumables

### Quantity and Description

CAP STRIPS for BEATBOX 96x PLATE	Ensures tight sealing of the BEATBOX 96x PLATE during sample homogenization and protein extraction. Cap Strips, flat 10x12 PCR clean; Eppendorf Cat. -Nr.: 0030124847.
TUBE	1.5 mL microcentrifuge tube.

### Equipment

### Quantity and Description

PIPETTE	Standard single-channel pipettes can be used.
PLASTIC TWEEZERS	For tissue transfer into BeatBox 96 well plate.
THERMOSHAKER	Two separate devices are recommended to support the different temperatures of the LYSE and DIGEST steps.
ULTRASONIC BATH	Optional: can be used to resuspend peptides.
VACUUM CONCENTRATOR	To evaporate volatile buffers from the eluate before LC-MS.
CENTRIFUGE	1.5/2.0 mL reaction tube centrifuges are required for loading, washing and elution.

### Equipment

### Quantity and Description

SAMPLE	10 µm curl from FFPE tissue. Either deparaffinized tissue or full FFPE curl without deparaffinization.
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## Procedure




## Method






### 1. BEATBOX HOMOGENIZATION <sup>\*NOTE1\*</sup>

Start Protocol either with deparaffinized tissue or full FFPE curl without deparaffinization.







For a detailed description and graphical representation on how to use the BeatBox, please refer to the BeatBox Quick Start Manual 96x

- 1.1. Remove the **SILICONE MAT** from the **BEATBOX 96w PLATE** while keeping the **METAL SHEET** attached to the base of the **BEATBOX 96w PLATE**. If the BeatBox plate is only partially filled (e.g. 48 wells), the silicone mat can be cut to the appropriate number of wells by using scissors.
- 1.2. Prefill wells with 50  $\mu$ L **LYSE** . <sup>\*NOTE2\*</sup>
- 1.3. Add **SAMPLE** into the well of the **BEATBOX 96w PLATE** using **PLASTIC TWEEZERS** (using metallic tweezers can cause loss of Gyuto Beads). To avoid cross contaminations during sample transfer, cover all remaining wells with **SILICONE MAT** or **CAP STRIPS**.
- 1.4. Close sample-containing wells with **CAP STRIPS** and remove the **METAL SHEET** from the base of the **BEATBOX 96w PLATE**. <sup>\*CRITICAL\*</sup> Make sure the wells are tightly sealed.
- 1.5. Place the **BEATBOX 96w PLATE** on the **PLATE ADAPTER** of the BeatBox accessory kit and insert the **PLATE** and **ADAPTER** assembly into the **GARAGE** and start the BeatBox run with **HIGH** power settings for 10 min.
- 1.6. After the BeatBox run is completed, remove the **GARAGE** from the instrument, and the **BEATBOX 96w PLATE** from the **PLATE ADAPTER**.
- 1.7. Spin down the **BEATBOX 96w PLATE** (RT; max. 300 rcf; 30 sec).
- 1.8. Place the **BEATBOX 96w PLATE** on a pre-heated **THERMOSHAKE** (80-95 °C; 1,000 rpm; 1 h). <sup>\*NOTE3\*</sup>
- 1.9. Place the **BEATBOX 96w PLATE** on the **GYUTO BEAD COLLECTION RACK** and let samples cool down to RT.  
If intact tissue is still visible, repeat BeatBox run (step 1.5.-1.7.) and optional, the boiling step (step 1.8. – 1.9.). Make sure that wells are tightly sealed.
- 1.10. Remove the **BEATBOX 96w PLATE** from the **GYUTO BEAD COLLECTION RACK** and spin down the **BEATBOX 96w PLATE** (RT; max. 300 rcf; 30 sec).
- 1.11. Place the **BEATBOX 96w PLATE** back on the **GYUTO BEAD COLLECTION RACK** and transfer the homogenate into a fresh **TUBE** for subsequent processing or analysis workflows.  
<sup>\*CRITICAL\*</sup> The hardened paraffin might form a ring in the wells of the **BEATBOX 96w PLATE** and should be left in the plate when transferring the homogenate.

### 2. DIGEST

- 2.1. Add the homogenate with up to 100  $\mu$ g of extracted protein in a final volume of 50  $\mu$ L into a **TUBE**. If the volume is < 50  $\mu$ L, fill up to 50  $\mu$ L with **LYSE** .
- 2.2. Add 210  $\mu$ L **RESUSPEND**  to **DIGEST**  (1 vial for 4 reactions) and shake (RT; 500 rpm; 10 min).
- 2.3. Add 50  $\mu$ L **DIGEST**  to each **TUBE** and place it in a pre-heated **THERMOSHAKE** (37°C; 500 rpm; 3 hours).
- 2.4. Spin down droplets (RT; 300 rcf; 30 sec).
- 2.5. Add 100  $\mu$ L **STOP**  to each sample, shake (RT; 1000 rpm; 1 min/pipette up/down). <sup>\*SP\*</sup>

### 3. PURIFY

- 3.1. Use **ADAPTER** to place **CARTRIDGE** on top of **WASTE** tube. Label all tubes and transfer samples to the **CARTRIDGES**.
- 3.2. Spin **CARTRIDGE** in a centrifuge at 3,800 rcf for 1-3 min (if needed, adjust time to ensure complete flow-through of the wash-liquid).
- 3.3. Add 200 µL **WASH 0**  to **CARTRIDGES** (WASH 0 steps are optional for deparaffinized tissue. Continue with step 3.7. otherwise).
- 3.4. Spin **CARTRIDGE** in a centrifuge at 3,800 rcf for 1-3 min (if needed, adjust time to ensure complete flow-through).
- 3.5. Add again 200 µL **WASH 0**  to **CARTRIDGES**.
- 3.6. Repeat step 3.4.
- 3.7. Add 200 µL **WASH 1**  to **CARTRIDGES**.
- 3.8. Repeat step 3.4.
- 3.9. Add 200 µL **WASH 2**  to **CARTRIDGES**.
- 3.10. Repeat step 3.4.
- 3.11. Discard **WASTE** tubes. Use **ADAPTER** to place **CARTRIDGE** on top of **COLLECTION** tube. Label all tubes.
- 3.12. Add 100 µL **ELUTE**  to **CARTRIDGES**.
- 3.13. Spin **CARTRIDGES** in a centrifuge at 3,800 rcf for 1 min.
- 3.14. Repeat step 3.12. and 3.13., keep flow-through in **COLLECTION** tube.
- 3.15. Discard **CARTRIDGES** and place **COLLECTION** tube in a vacuum concentrator (45 °C; until completely dry). **\*SP\***
- 3.16. Add 50 µL **LC-LOAD**  to **COLLECTION** tube and shake (RT; 500 rpm; 5 min).
- 3.17. Optional: Spin **COLLECTION** tube in a CENTRIFUGE to remove particles (maximum rcf recommended by manufacturer, 5 min).
- 3.18. Check and adjust the peptide concentration to suit your LC-MS setup.

**\*NOTE1\*** SINGLE USE ONLY: Kits components cannot be re-used

**\*NOTE2\*** When working with larger sample input (e.g. 20 µm curls) or excess of paraffin, we recommend 100 µL LYSE buffer. For sample homogenization, your own buffer (please see FAQs for composition compatibility and limitations) can be used. If your lysis buffer contains >0.1% SDS, SDS removal with the SP3-iST add-on is required before continuing with the iST protocol. For a modified protocol using the SP3-iST Kit, please contact [info@preomics.com](mailto:info@preomics.com).

**\*NOTE3\*** The sample temperature reached inside the wells may vary between different thermoshaker models. At very high temperatures the cap strip may burst open due to high vapor pressure. To avoid loss of sample, perform a test run with lysis buffer to identify the highest possible temperature for your thermoshaker setup. Please do not use a heated thermoshaker lid.

**\*SP\*** - At this point, close the peptide containing tube. Peptides can be frozen at -20 °C (max. two weeks) or at -80 °C for **Storage Point**: long-term storage.

### Data analysis

Consider the following as fixed modifications in your database search:

MODIFICATION	DESCRIPTION	COMPOSITION	SPECIFICITY	MASS	UNIMOD #
ALKYLATION	Carbamidomethyl on cysteine	C <sub>2</sub> H <sub>3</sub> NO	[C]	+57Da	4

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