

CHEAT SHEET

Sexual Abuse Prevention

Age: Tweens

Open dialogue about their changing bodies

Communicate **your acceptance** of whatever feelings they have towards whomever they feel it

Teach about the **new fuzzy feelings** they might be experiencing.

Talk about how to look for another person's **enthusiasm and excitement** and how to verify if another person wants any physical affection or touch.

Remember, what is **mentionable is manageable**

Continue with **anatomically correct language**

Continue with the **body ownership** message "your body belongs to you!"

Continue to talk openly about sexual abuse prevention with **all adults** who have access to your child.