



CPR instructions for Camp Carl Summer Staff



CPR INSTRUCTIONS

We would love all staff to be CPR certified. If you have done it somewhere else, please download the certificate to the staff page. If you need to do it, you can take it through American Heart Association. This will be good for two years. Follow the instructions below. This is a blended class so you will do online work prior to May 28th 2023 and then a skills session at Camp Carl training week.

1. Elearning.heart.org [CPR First Aid eLearning \(heart.org\)](https://www.heart.org/en/health-topics/cpr-and-emergency-preparedness-and-response/cpr-training)
2. Go to find a course - see below
3. Choose Heartsaver

find a **course**

Heartsaver

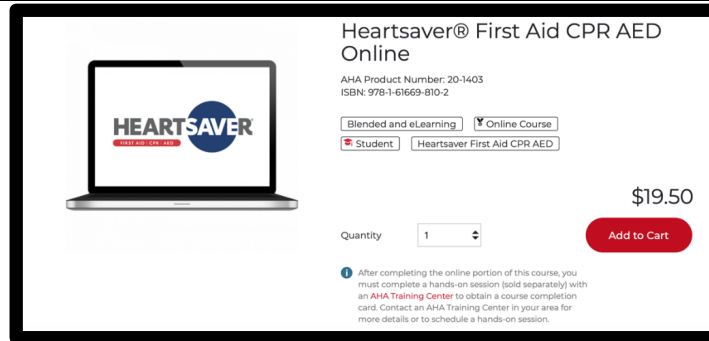
Not sure which course is right for you?

USE COURSE FINDER WIZARD

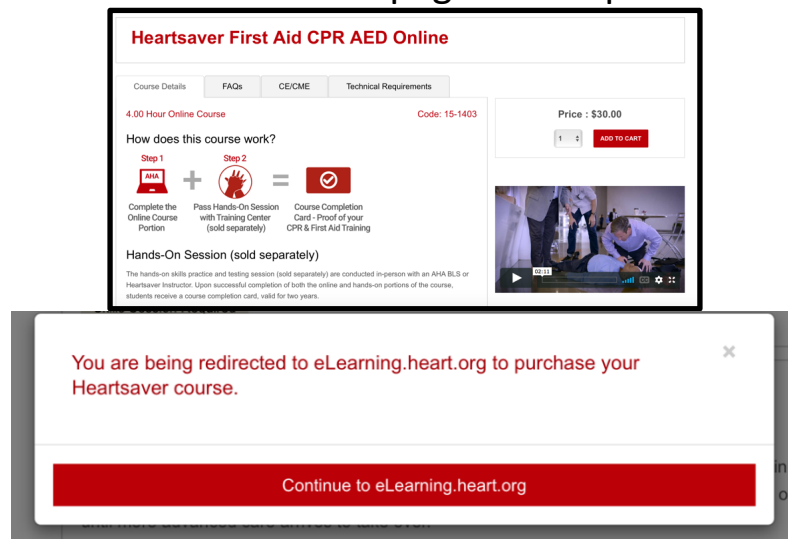
4. Choose **Heartsaver First Aid CPR AED online** (there are many options so **make sure you choose the right course**- see below)
5. Click on the course



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6. Add to cart. You will need to register and pay the 19.50\$ to get the course.
7. Do the Step 1 – online course portion only – it will take **4-6 hours** so prepare for that.
8. You will be redirected to another webpage to complete the class. See below



9. We will do Step 2 - the hands-on skill session at Camp Carl

This will take 4-6 hours so make sure you have it completed prior to arrival at Camp.

Email your certification to Camp Carl at info@campcarl.life
Please bring your printed completion certificate with you to training week. You will not be able to take the hands-on part without it.