Crestwynd Exploration Ltd. Share Exchange Instructions for Completion of S.85(1) Rollover Form

This summary provides an explanation of how to complete form t2057 – to transfer the common shares of Crestwynd Exploration Ltd. ("Crestwynd") to Tamarack Valley Energy Ltd. ("TVE") on either a partial or fully tax deferred basis under subsection 85(1) of the Canadian Income Tax Act. Each of the steps below is referenced to the t2057 Form that has been provided with these instructions. PDF and PDF fillable/saveable versions of the t2057 form are available on the Canada Revenue Agency website @ https://www.canada.ca/en/revenue-agency/services/forms-publications/forms/t2057.html

These instructions should not be considered tax advice and former Crestwynd shareholders should consult their own tax advisor if they have any questions concerning any aspect of the joint tax election. TVE Management is providing these instructions and the t2057 form with partial information to assist Crestwynd shareholders in completing the form, however TVE Management notes that it is the responsibility of the taxpayer to ensure the election as filed by the taxpayer is correct and complete.

Step #1

Insert your name, address, postal code, social insurance number or business number and taxation year (for most individuals the taxation year will be January 1, 2022 – December 31, 2022) in the relevant boxes on Page 1 of Form t2057. Also indicate the Tax Services Office that normally services you.

• Step #1a

If your Crestwynd common shares were held in joint ownership with another person or other persons, insert the name, address, postal code, social insurance number, and tax services office of that person or those persons (attach a separate schedule if required). Leave these fields blank if they are not applicable.

Step #2

As long as the former Crestwynd shareholder files the Form t2057 by its filing due date of August 15, 2022, the area titled "Penalty for late-filed and amended elections" on page 1 can be left blank. Should any shareholder wish to late file this election, completion of the penalty calculation and payment will be required with the late filed form for it to be a valid election. Please consult your own tax advisor for any questions on the penalty calculation. TVE will not be responsible for any penalties incurred.

Step #3

The section labeled 'Information required' on page 2 of Form t2057 has been partially filled out for each taxpayer. However, several of the questions need to be personally addressed by each taxpayer due to differing circumstances:

• Step #3a

If you are a non-resident of Canada for purposes of the ITA, mark an "x" in the box labeled "Yes" for "Question #5" on page 2 of the Form t2057. If you are a resident of Canada mark an "x" in the box labeled "No". Whether a former Crestwynd shareholder is a resident or a non-resident of Canada is a question of fact, which must be determined by each former Crestwynd shareholder based on the consideration of all relevant circumstances. Determining residency for income tax purposes is a complex process in certain cases. Former Crestwynd shareholders should consult their tax advisor if they have any questions concerning this aspect of the joint tax election.

• Step #3b

If you held your Crestwynd common shares as capital property, insert an "x" in the "Yes" box on page 2 of the Form t2057 for "Question #6". If you did not hold your Crestwynd common shares as capital property, insert an "x" in the "No" box on page 2 of the Form t2057. Whether such common shares are capital property to a particular holder is a question of fact, which must be determined by each former Crestwynd shareholder based on the consideration of all relevant circumstances. Whether shares are "capital property" for income tax purposes may be difficult to determine in certain circumstances. The instructions below assume that you held the common shares as capital property (this affects Step #3c to #3d). Former Crestwynd shareholders should consult their tax advisors if they have any questions concerning this aspect of the joint tax election.

• Step #3c

Assuming you answered "Yes" at Step #3b; insert an "x" in the "No" box on page 2 of the Form t2057 for "Question #6(a), #6(b), and #6(c).

Step #3d

The additional boxes for "Question #7" on page 2 of the Form t2057 should be left blank.

Step #4

On page 2 of Form t2057, there is a section that asks for Crestwynd's 'Paid-up capital of shares transferred' – complete this section by multiplying the number of Crestwynd common shares you are transferring by the Paid-up Capital per common share value of \$0.36 (based on Crestwynd's share capital/common shares outstanding as at February 14, 2022, as provided by Crestwynd Management).

Step #5

Insert the following information in the boxes in the "Description of Shares Received" section on page 2 of the Form t2057:

- 'Number of shares transferor received' this is the number of common shares of TVE you received;
- 'Redemption value per share' Leave this cell blank;
- 'Paid-up Capital' complete this section by multiplying the number of TVE common shares you received by the Paid-up Capital per common share value of \$2.91.

Step #6

On page 3 of Form t2057, the 'Capital Property Excluding Depreciable Property' subsection of the 'Particulars of Eligible Property Disposed of and Consideration Received' main section of the form has been partially filled out for each taxpayer. The following fields need to be tailored to each individual taxpayer's particular circumstances:

• Step #6a

To determine the amount to be entered under "Elected Amount Limits – Fair Market Value" and under "Consideration Received – Fair Market Value of Total Consideration", enter the Fair Market Value ("FMV") of common shares of Crestwynd that are being disposed and consideration you received as a result of disposing the Crestwynd shares (i.e. non-share consideration is the cash portion, if any, received; plus the share consideration of the common shares of TVE received by multiplying the number of TVE common shares you received by the TVE acquisition closing share price per common share of \$4.92, which is the closing common share price of TVE on February 14, 2022). Former Crestwynd shareholders should consult their tax advisor if uncertain as to the FMV of the shares disposed of.

• Step #6b

Under "Elected Amount Limits – A", enter the ACB of the common shares being disposed of. This generally equals the original amount paid for the common shares plus any commission or broker fees paid. Former Crestwynd shareholders should consult their tax advisor if uncertain as to the ACB of the common shares disposed of.

• Step #6c

Under "Agreed Amount - B", enter the amount in which you would like to elect your proceeds to be for the common share disposition. This amount must be an amount that cannot be less than the amount from Step #6b or greater than the amount from Step #6a. This amount also cannot be less than any cash received on the exchange.

Usually, the ACB is the lower number (the amount in "Elected Amount Limits – A") and, if selected as the agreed amount, defers any capital gain realized. You are advised to consult your tax advisor to recalculate the "agreed amount" above to ensure the correct amount is recorded in this section.

Step #6d

Under "Amount to be reported B-A", calculate the value and place into this cell. The amount is calculated as the amount in Step #6c less the result in Step #6b.

Step #7

You (or the authorized representative of the former Crestwynd shareholder if a corporation or other entity) should **sign on the line for the Transferor** located on page 2 of the t2057 election form. The signature line is located on the left side of the page. **Do not sign on the second signature line on the right side of this page.** This is where an authorized officer of TVE will sign the form.

Step#8

Please return the completed t2057 election form to TVE via mail no later than July 8, 2022 to the address below or a copy via e-mail to dean.custance@tamarackvalley.ca.

Tamarack Valley Energy Ltd. Attention: Mr. Dean Custance 3300, 308 – 4th Avenue S.W. T2P 0H7

Many of the calculations and determinations required to properly complete the joint tax election are complex. TVE strongly advises all former Crestwynd shareholders to seek professional assistance with respect to the preparation of the joint tax election and the preparation of the former Crestwynd shareholders' related income tax returns.

Election on Disposition of Property by a Taxpayer to a Taxable Canadian Corporation

•	This form is used by a taxpayer and a taxable Canadian corporation to jointly elect under subsection 85(1) where
	the taxpayer has disposed of eligible property under subsection 85(1.1) to the corporation and the taxpayer
	receives as consideration shares of capital stock of the corporation.

Do not use this area

Social insurance, trust account or business number

- Unless otherwise indicated, all legislative references are to the Income Tax Act.
- · Mail one copy of this election and related schedules (as specified), completed by the transferor, as follows:
 - to the tax centre of the transferor;
 - on or before the earliest date on which any party to the election has to file an income tax return for the tax year in which the transaction occurred (due date). This due date must consider any election under subsection 25(1) or 99(2); and
 - separately from any other return.

When many transferors elect to transfer the same property (co-ownership) or many members of the same partnership elect to transfer their partnership interests, the elections will be processed together and should be filed:

- at the tax centre of the transferee;
- on or before the due date; and

Taxpayer's name (transferor)

- by a designated transferor to file all of the completed forms for each transferor, together with a list of all of the electing transferors. This list should contain the name, address and social insurance number, trust account number or business number of each transferor.

Find the address of the transferor's and transferee's tax centre at canada.ca/tax-centres

Address		Postal cod	de
Tax year of the taxpayer Year Month Day Start 2 0 2 2 0 1 0 1 En	Year Month Day	Tax servic	ses office
Name of co-owner(s), if any (if more than one, attach schedule giving similar details	s)	Social insu	urance number
Address	Postal code	Tax servic	es office
Corporation's name (transferee)		Business	number 9 RC 0003
Tamarack Valley Energy Ltd. Address 3300, 308 - 4th Avenue S.W., Calgary, Alberta		Postal coo	
Tax year of the corporation Year Month Day Start 2 0 2 2 0 1 0 1 En	Year Month Day	Tax servic	es office
Name of the contact person Dean Custance		Telephone 403-410-3	
An election that is filed after its due date is subject to a late-filing penalty. You can of the penalty at the time of filing. You can also amend or file Form T2057 after the amount, you must attach a written explanation justifying the changes or reasons fo	e three-year period, but, in add	lition to the	payment of an estimated penalty
Fair market value (FMV) of property transferred		_	Do not use this area
Agreed amount		- A	
Amount A × ½ × 1% × N * =		= R	
\$100 × N * =	·	= ^D	
Amount C cannot exceed \$8,000.		_	
Late-filing penalty (amount B or amount C, whichever is less)		_	
Amount end		=	
Make your cheque or money order payable to the Receiver General. On the back, trust account or business number.		name, and t	heir social insurance,
Unpaid amounts including late-filing penalties are subject to daily compound intere * N is the sum of each month or each part of a month in the period from the filing		ed.	

— Information requi	ired					
On the following page, li has to be shown opposi the adjusted cost base. each depreciable prope property transferred; scl	ist, describe, and state the fair m te of the related property transfer If there is not enough space on t rty. The following material may be nedules supporting this election; to but must be kept in case we asl	rred. Where the transferred he form, attach schedules g e prepared in order to comp and documentation relating	property is a partnership in iving similar details. You hallete the form: a summary to the responses to the qu	nterest, attach a schedunave to designate the or of the method of evalua	ule of the calcurder of dispositions in the calculus attempts attending the FMV	ulation of tion of of each
Is there a written agr	reement relating to this transfer?.				Yes 🗸	No
	nent clause apply to any of the pi				Yes	No 🗸
3. Do any persons other	er than the taxpayer own or contr	ol directly or indirectly any s	hares of any class of the t	ransferee?	Yes 🗸	No 🗌
4. Does a non-arm's le	ngth rollover exist between 2 or r	nore corporations?			Yes	No
If yes to question 4,	, have all or substantially all (90% on?	6 or more) of all the properti	es of the corporation(s) be	en transferred to the	Yes	No
5. Is the taxpayer a nor	n-resident of Canada?				Yes	No 🗌
6. Are any of the prope	rties transferred capital propertie	es?			Yes	No 🗌
If yes , a) have they	been owned continuously since fax Applications Rules)?	Valuation Day (V-Day is de	fined in section 24 of the		Yes	No
b) have they	been acquired after V-Day in a	transaction considered not	o be at arm's length?		Yes	No
received and dates	Day, has the taxpayer or any pers any subsection 83(1) dividends for s received.)	or transferred shares? (If ye	s, attach a schedule, prov	ride details of amounts	Yes	No No
	, does a formal documented V-Da		•		Yes	No 🗌
8. Has an election under the taxpayer?	er subsection 26(7) of the <i>Income</i>	e Tax Application Rules (Fo	rm T2076) been filed by o	r on behalf of	Yes	No 🗸
Where shares of the ca	apital stock of a private corpor	ration are included in the p	property disposed of, pro	ovide the following:		
Corporation's name						
Crestwynd Exploration						
Business number	2 3 R C 0 0 0 1	p capital of shares transferred				
7 0 0 7 1 0 0 2						
Description of sh	ares received ————					
Number of shares transferor received	Class of shares	Redemption value per share	Paid-up capital	Voting or non-voting	Are shares	
	common shares	-		Voting	Yes	No 🗸
					Yes	No 🗌
					Yes	No 🗆
					Yes	
						No
					Yes	No
Informative notes • The rules for section 8	s	ial information is contained	n Information Circular IC7	6-19. Interpretation Bul	letins IT-291 a	nd IT-378
and Income Tax Folio	S4-F3-C1.					
apply to future submis	nation areas and answer all ques sions. s more than the adjusted cost ba	·	•		•	
combination of both, w		ise of the property in the ele	ction, you must report the	difference as a capital	gain, as incom	le OI a
— Election and cert	tification —					
The taxpayer and the co	rporation jointly elect under subs uments is correct and complete.	ection 85(1) in respect of th	e property specified, and o	certify that the informati	on given in thi	s election
		and				
Signature of Trans	feror, Authorized Officer or Authori	and Porcon*		A (I ' 1055 T		
	ioror, matriorizoa omioor or matrio	Dilzeu Feisoli	Signature of	Authorized Officer of Tr	ansteree	
* Attach a copy of the a	authorizing agreement.	DIZEU PEISON	Signature of	Date (yyyy-mm-dd)	ansteree -	

(cost amou		Date of sale or transfer of all properties listed below:	7	Year Month Day	Note: For pro	pperties sold or trans	ferred on different c	Note: For properties sold or transferred on different dates, use a separate Form T2057.	-orm T2057.
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mount (if greater than 0, Description class class and class see note 5) \$ cash # common shares \$ cash # cash # common shares \$ cash # common sh		Description	Elected amount li	mits (see note 1)		reported B – A	Non-share	Share	Fair market
\$ cash			Fair market value	A		(if greater than 0, see note 5)	Description	Number and class	value of total consideration
\$ cash	-	_		(see note 2)					
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Property P	Eligible capital property								
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fund no. 2 (see note 6)	Agrilnvest			(cost amount)					
	fund no. 2								
	(0.0000)								

кеаа interpretation bulletin i1-291 for more information on eligible property and an explanation of the limits. Adjusted cost base (subject to adjustment under section 53). Note 1: Note 2: Note 3: Note 4:

The lesser of undepreciated capital cost of all property of the class and the cost of the property

The lesser of 4/3 of the cumulative eligible capital and the cost of the property.

This amount is to be reported either as a capital gain or as income, whichever applies. Also, in the case of depreciable property and eligible capital property, a portion of the amount may have to be

reported as a capital gain while another portion of the amount may have to be reported as income.
Contributions made in a tax year ending after 2007, and amounts earned on those contributions, are only eligible if that property is owned by an individual. Note 6:

Privacy statement -

Personal information is collected under the *Income Tax Act* to administer tax, benefits, and related programs. It may also be used for any purpose related to the administration or enforcement of the Act such as audit, compliance and the payment of debts owed to the Crown. It may be shared or verified with other federal, provincial/territorial government institutions to the extent authorized by law. Failure to provide this information may result in interest payable, penalties or other actions. Under the *Privacy Act*, individuals have the right to access their personal information and request correction if there are errors or omissions. Refer to Info Source at canada.ca/cra-info-source. Personal Information Bank CRA PPU 047.