

# High Pastures

2024

## GREAT BEGINNINGS

Includes a Yogurt Bar featuring Fresh Fruits, Granola & Assorted Yogurts (GF)

## MIDDAY DINING

Beverages: Coffee, Tea, Water, Lemonade, Sliced Lemons

## DINNER

Includes a Garden Salad with locally sourced produce & Assorted Dressings (GF)  
+ Dinner Rolls & Butter.  
Beverages: Coffee, Tea, Water, Lemonade, Sliced Lemons

### 1 HIGH PASTURES BREAKFAST

Scrambled Eggs Bacon, Sausage, Stone Ground Grits, Hashbrown Casserole, Pepper Gravy, Fresh Baked Biscuits, Jams & Jellies. (GF)

### 2 CHICKEN & WAFFLES

Buttermilk Fried Chicken, Pearl Sugar Waffles, Spiced Apples & Hashbrown Casserole. (V)

### 3 THE BLUE RIDGE BISCUIT BAR

Buttermilk Biscuits, Sausage, Bacon, Smoked Ham, Assorted Cheeses, Eggs, Pepper Gravy, Jams, Jellies & Spreads. (GF) (DF)

### 4 SUNDAY MORNING SUNRISE

Variety of Muffins, Danishes, Cinnamon Rolls, Yogurts, Assorted Fruits, Granola, Hard Boiled Eggs & Old-Fashioned Oatmeal. (GF) (V) (DF)  
\*Served Every Sunday Morning

### 1 BURGER BAR

Sirloin Burgers & Black Bean Burgers with Lettuce, Tomatoes, Onions, Pickles, Assorted Cheeses, Bacon & Condiments. Potato Salad & Charred Corn on the Cob (GF) (V) (DF)

### 2 TERIYAKI CHICKEN BOWL

Battered Teriyaki Chicken, Stir-fry Vegetables, Steamed Rice, Egg Rolls & Shrimp Sauce. Served with a Garden Salad & Assorted Dressings. (GF) (V) (DF)

### 3 NACHO BAR

Seasoned Ground Beef, Pinto Beans, Carnitas, Shredded Lettuce, Diced Tomatoes, Jalapenos, Cheddar-Jack Cheese, Salsa & Sour Cream. (GF) (V) (DF)

### 4 GOURMET SANDWICHES

Chicken Salad Croissants. Ciabatta Club with Sliced Ham, Turkey, Cheddar Cheese, Bacon, Lettuce & Tomato. Classic BLT on Wheat Bread. Served with Pasta Salad & Kettle Chips. GF Breads available. (DF) (GF)

### 1 MOUNTAIN BBQ

Pulled Pork & Smoked Chicken Quarters, served with Baked Macaroni & Cheese, Slaw & BBQ Beans. (GF)

### 2 TASTE OF ITALY

Stuffed Shells with Marinara & Baked Chicken Alfredo. Served with Roasted Vegetable Blend & Garlic Bread. (V)

### 3 CAMP-FIRE CLASSIC

Grilled Chicken Breast topped with Honey Dijon, Applewood Bacon & Melted Cheddar. Served with Baked Potato & Broccoli Slaw. (GF)

### 4 SALISBURY STEAK

Served with Mashed Potatoes, Green Beans & Spiced Apples. (GF) (V)

## DESSERT OFFERINGS

- STRAWBERRY SHORT CAKE
- BANANA PUDDING
- GF BROWNIES
- MISSISSIPPI MUD PIE
- VANILLA CHEESECAKE

## BEVERAGES BY MEAL

- GREAT BEGINNINGS  
Juice, Coffee, Tea, Water, Sliced Lemons
- MIDDAY DINING  
Coffee, Tea, Water, Lemonade, Sliced Lemons
- DINNER  
Coffee, Tea, Water, Lemonade, Sliced Lemons