Teaching Beginning Jazz Improvisation

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I. Philosophical Issues

- A. Can everybody really learn to improvise?
 - 1. Differences in ability levels
 - a. challenge those with superior aptitude and more experience
 - b. encourage the efforts of others
 - 1. avoid letting one or two kids play all the solos
 - c. reward those who put forth the effort with opportunities to solo
 - 2. Get the students while they are young-jr. high
 - a. students are less inhibited at a younger age
 - b. jazz phrasing concepts can be developed ahead of technical skills
- B. Think long term when teaching improvisation
 - 1. Don't always expect immediate results: adopt a "long term" mentality
 - a. think of your job as laying the groundwork or "pointing the students in the right direction"
 - 1. encourage students to work on their own and private study
 - b. encourage the creative act of improvising in a positive environment
 - 1. don't discourage students' efforts (see section III-J)
 - 2. try to demystify the process of improvisation (see section III-I, "right brain stuff"--this type of activity helps to bring students out of their shells)
 - 2. Problems with overemphasis of competition/performance preparation
 - a. rehearsal time devoted only to ensemble performance
 - b. directors writing out solos while discouraging experimentation
 - instead, as a point of departure, have students aurally transcribe their own solos
 - a. more educationally sound, but not an end--only a means
 - encourage embellishment and paraphrase of aurally transcribed (or written out) solos

II. Practical suggestions for common problems

- A. Director's inexperience with the idiom
 - 1. Attend workshops/clinics--as a student
 - a. work on improvising yourself-- keep your horn up--strive to be a role
 model: you're a better teacher if you can improvise a little because you are more
 aware of the problems involved and can diagnose students' problems easier
 - b. the ability to provide authentic aural modelling is the best way to teach jazz
 - 2. Bring in clinicians (college students, etc.)
 - 3. Develop a basic jazz record library: listen to the music and share it with your students, both formally and informally (*Double-Time Jazz* Catalogue)
- B. Time constraints
 - 1. Incorporate improvisation concepts into the regular rehearsal time (see III)
 - a. As a "Warm-up"
 - 1. call-response, etc. (refer to Ellis: "Warming up to the Blues")
 - 2. John Rinaldo method (refer to attached description)
 - b. Repertoire: To an extent, learning to improvise jazz is about learning jazz tunes--so emphasize charts from the jazz repertoire
 - 1. jazz classics (vs. TV themes and pop "top-40" tunes)
 - 2. arrangements of standards & jazz standards (refer to list of Lance Strickland arrangements)
 - 3. teach "head" charts aurally (or have students make them up)
 - a. blues tunes and "rhythm" tunes
 - b. vamp tunes
 - c. Use your jazz band music to teach elements of melody and form:
 - 1. have all students learn melody to jazz band charts, preferably by ear

- 2. write out the chorus form and, while a recording (or rhythm section) is playing, point to the chord changes as they change
 - a. have students sing/play melody as you point to changes
 - b. have students clap at the top of each chorus; or at the bridge, etc.
- 2. Designate specific rehearsals for work on improvisation and listening
 - a. If this is not practical:
 - make time available to coach those students who are genuinely interested (or those who have the solos--this is no different than coaching solo and ensemble performances);
 - 2) make materials available for students to work on their own (methods, playalongs, etc.)
 - b. If rehearsal time can be allocated, see activities in section III below.

III. Activities for Teaching Jazz Improvisation Fundamentals

- A. Students must develop a concept (learned by listening and imitating)
 - 1. jazz is a language ("you are what you listen to")
 - a. teachers should play jazz records for students at every opportunity
 - b. refer to the basic discography
 - Demonstration: How To Teach Listening Skills (see "Listening To Jazz" article and refer to the listening guide)
- B. Encourage basic ear-training and the development of aural skills (vs. too much theory) Note: see methods listed below (Rinaldo, Pickens, LaPorta, et al.)
 - 1. matching pitch
 - 2. playing by ear (familiar nursery rhymes, pop tunes on radio, etc.)
 - 3. basic transposition to other keys (patterns, phrases, melodies, etc.)
 - 4. sing/finger/play
 - a. try to sing/finger improvised phrases (vs. playing them on instruments)--then play to check for accuracy
 - 5. aural transcription ("lifting" licks, phrases, and solos off of records)
- C. Emphasize time-feel and phrase-feel vs. theory (Bergonzi)
 - 1. work with a metronome (see attached article "Time Is The Bottom Line")
 - a. internalizing beats two and four
 - b. subdividing
 - c. legato triplet feel ("doo-dul-ah")
 - 2. call-response method
 - 1. using only one pitch, two pitches, etc
 - 2. using a scale (tonality)-use basic chord-scales: major, mixolydian, and dorian
 - 3. play along with records (not play-along records)
- D. Playing off of melody (See article "Melody: The Lost Art?)
 - 1. embellishing/paraphrasing of nursery rhymes and any tunes learned by ear
 - 2. thinking (internally hearing) of the melody while improvising helps the student not lose his/her place in the tune
 - 3. melodic embellishment is especially effective for developing a lyrical solo ballad concept
- E. Demonstration: The Blues as a vehicle for teaching improvisation concepts
 - 1. Horizontal vs. Vertical (in-the-key vs. in-the-chord)
 - a. horizontal: ingrain tonality of blanket scale
 - 1. call-response using minor pent./blues scales (plus added 2nd
 - & 6th scale degrees)
 - b. vertical: guide tones, chordal articulation
 - c. combination
 - d. Aebersold procedure: Practice learning the (blues) progression by playing along with a play-along track using this order: chordal roots, 1-2-3, 1-2-3-4-5, 1-3-5-7, and chord-scales
 - e. emphasize time-phrase feel and simplicity (i.e., hearing what your playing)
- F. Harmonic analysis of improvisation sections of jazz band charts
 - 1. For chord progressions used for improvisation sections in jazz band charts:
 - a. analyze chord progressions and their relationship to the key (tonic)

- b. consolidate all key areas
 - 1. find "blanket" scales (horizontal: key areas vs. individual chords)
- c. find harmonic lines (guide tones, more vertical)
 - 1. use guide tones (chordal 3rds & 7ths) as goal tones
- d. Aebersold procedure (listed above: III-E-3)
- e. encourage playing progressions at the piano (2-,3-,4-note voicings)
- G. Consonance-Dissonance Spectrum: the chromatic scale (see III-J-1&2)
 - 1. Of the 12 chromatic tones:
 - a. 4 function as basic chord tones at any given time (1-3-5-7)
 - b. 3 function as scale tones or extensions (tensions) of the chord (2-4-6 or 9-11-13, depending on your point of view)
 - c. 5 (chromatic) notes remain: they function best as non-harmonic or decorative tones, and reside only a 1/2 step away from consonant tones.
- H. Jazz as communication: aspects of coherence and pacing
 - 1. storytelling and speech as analogies to improvising solos (see "Jazz & the Art of Storytelling)
 - a. Listen to great orators and speakers-how do they maintain your interest? Listen for aspects of: phrase structure/relationships; use of range, dynamics and inflections; pause/pacing
 - b. coherence: keep to the point (w/o a lot of digressions) by limiting the material used
 - c. Demonstration: M.L. King's "I Had A Dream" speech
- I. Right brain stuff (see The Listening Book)
 - 1. improvising from pictures, images, feelings, graphs, etc.
 - 2. group interaction improvisation
 - 3. improvise with restrictions imposed
 - a. use anything in the room but your instrument
 - b. use your instrument but only unconventionally (e.g., w/o the mouthpiece, etc.)
- J. Encouraging words for those students who are afraid to improvise:
 - "Don't be afraid to play a 'wrong' note--remember, there are no bad notes, just bad resolutions. You're only a half-step away from a 'right' note."
 - 2. "Hey, there are only 12 notes."
 - 3. "If you play a mistake, play it with conviction...like you meant to play it. Then play it again so the listener thinks you meant to play it. Miles Davis made an art out 'mistakes'."
 - 4. "You've got to be able to walk before you can run!"

IV. Resources

- A. Jamey Aebersold, "Anyone Can Improvise" (video tape)
- B. John Rinaldo, Jazz Beginnings (method for jazz band)
- C. Willie Pickens, Ear-Training Tips
- D. Jerry Coker, Listening to Jazz
- E. W.A. Mathieu, The Listening Book
- F. Willie Thomas, Jazz Anyone?