

# transformative COACHING

*The meaning of life is to find your gift.  
The purpose of life is to give it away.*

**Pablo Picasso**

Shian is an executive leadership and career coach, mindfulness consultant, and best-selling author of "Power Your Purpose: A Leader's Guide to Creating a Better Life and Better World." She helps individuals, teams, and organizations zero in on their differentiating spark - the starting point of the path that leads to peak success. She helps them experience the change and wins they have been longing for but have not had the tools or space to enact on that desire. Shian believes that the road to your best life is paved with your heart and soul. She and you will set achievable, aggressive milestones that take you outside your comfort zone - but that capitalize on what you're truly capable of achieving.



## Shian Chuan

Shian (she/her), has worked with thousands of leaders over the past decade to help them develop capabilities to maximize their impact. She is a Master Neuro-Linguistic Programming Practitioner, Executive Coach, and a Mindfulness consultant. Shian's clients are across the economy and her international background enables her to easily connect with diverse teams and executives.

## PRIMARY COACHING AREAS

Leadership and Career  
Development

Shifting Team Behavior and Thinking  
through Neuroscience

Cultural Change and  
Inclusivity

Emotional Intelligence

Women in Leadership

Change Management

**radical  
wisdom.**

Association for Talented Development, Training Certificate  
Certified Master Practitioner of Neuro-Linguistic Programming  
UC San Diego, B.A., International Studies  
New York University, Certificate in Mandarin Language Studies  
Fudan University, International Relations

