This exhibition deals with painful historical representations and ideas of Black womanhood and some of the artworks presented mimic those images and language in order to:

- Shine a light on those histories
- Refute, reframe, or reclaim those images
- Show how the history of art impacts how Black women and non-binary folx are understood and treated today

The purpose of this list is to provide resources that:

- encourage further education on the topics explored within this exhibition
- empower individuals to seek support around feelings, memories, and personal experiences that may emerge while viewing this exhibition
- empower individuals to donate their time and/or money to these well-deserved organizations

If you are visiting with children, please be aware that some of the artworks feature nudity, strong language, and heavily sexual themes.

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**THEMATIC**

**Saartjie Baartman Centre for Women and Children**, Western Cape, South Africa  

**Sara “Saartjie” Baartman**, South African History Online  
https://www.sahistory.org.za/people/sara-saartjie-baartman

**Who is Sarah Baartman?** Pulse Nigeria  
https://www.pulse.ng/lifestyle/who-is-sarah-baartman/s9hcds0

**“The Sable Venus” and Desire for the Undesirable**, Regulus Allen  
https://www.jstor.org/stable/23028070

**Voyage of the Sable Venus: And Other Poems**, Robin Coste Lewis  
https://www.amazon.com/Voyage-Sable-Venus-Other-Poems/dp/1101875437

**Josephine: The Hungry Heart**, Jean-Claude Baker, Chris Chase  

**Josephine Baker**, National Museum of African American History and Culture  
https://nmaahc.si.edu/josephine-baker

**Josephine Baker: The life of an artist and activist**, Al Jazeera  

**Curator & Artists Talk** | Black Venus  
https://www.youtube.com/watch?v=6w3_oM6ndhU

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**MENTAL HEALTH & WELLNESS**

**African American Holistic Wellness Program Bayview Hunters Point** – San Francisco, CA  
The African American Holistic Wellness Program builds a stronger sense of community and decreases the impact of trauma among African Americans by promoting healthy lifestyles through fostering physical, mental, emotional, and spiritual fitness; encouraging healthy social connections; and providing opportunities to make a meaningful contribution. Services include individual counseling, evidence-based and peer-to-peer support groups, educational workshops, cultural events, and movement classes.  
https://www.ymcasf.org/programs/african-american-holistic-wellness-programbayview-hunters-point

**Black to Yoga** – Oakland, CA (and remote)  
Black to Yoga exists to bring the transformational power of yoga to Black people of the African Diaspora. They seek to develop a deeper representation of Black yogis within the larger yoga community, both as teachers as well as students. They envision a world where Black people everywhere have access to this life-enriching practice.  
https://www.blacktoyoga.com/

**GirlTrek**  
GirlTrek is a campaign to heal intergenerational trauma, fight systemic racism and transform Black lives. Women organize walking teams and mobilize community members to support advocacy efforts and lead a Civil Rights-inspired health movement. Today GirlTrek has 1,371,776 members, representing 7% of the total population of African American women.  
https://www.girltrek.org/

**National Queer & Trans Therapists of Color Network** (NQTTCN)  
NQTTCN is a healing justice organization committed to transforming mental health for queer and trans people of color (QTPoC). This network works at the intersection of movements for social justice and the field of mental health to integrate healing justice into both spaces. The overall goal is to increase access to healing justice resources for QTPoC.  
https://nqttcn.com/en/

**Therapy for Black Girls**  
Therapy for Black Girls is an online space dedicated to encouraging the mental wellness of Black women and girls. Dr. Joy Harden Bradford is a licensed psychologist, speaker, and host of the wildly popular mental health podcast, Therapy for Black Girls. Her work focuses on making mental health topics more relevant and accessible for Black women and she delights in using pop culture to illustrate psychological concepts.  
https://therapyforblackgirls.com/
**RESOURCES**

**LGBTQ+**

**GLBT Historical Society Museum** – San Francisco, CA
The GLBT Historical Society collects, preserves, exhibits, and makes accessible to the public materials and knowledge to support and promote understanding of LGBTQ history, culture, and arts in all their diversity. Founded in 1985, they are recognized internationally as a leader in the field of LGBTQ public history.
https://www.glbthistory.org/

**LYRIC Center for LGBTQ+ Youth** – San Francisco, CA
LYRIC’s mission is to build community and inspire positive social change through education enhancement, career training, health promotion, and leadership development with lesbian, gay, bisexual, transgender, queer, and questioning (LGBTQQ) youth, their families, and allies of all races, classes, genders, and abilities.
https://lyric.org/

**National Center for Lesbian Rights** – San Francisco, CA
NCLR is a national legal organization committed to advancing the civil and human rights of lesbian, gay, bisexual, and transgender people and their families through litigation, legislation, policy, and public education. A non-profit, public interest law firm that litigates precedent-setting cases at the trial and appellate court levels; advocates for equitable public policies affecting the LGBTQ community; provides free legal assistance to LGBTQ people and their legal advocates; and conducts community education on LGBTQ issues.
https://www.nclrights.org/

**Oakland LGBTQ Center**
The Oakland LGBTQ Community Center is dedicated to enhancing and sustaining the well-being of lesbian, gay, bisexual, transgender, and queer (LGBTQ) individuals, our families, and allies, by providing educational, social, and health-related activities, programs, and services.
https://www.oaklandlgbtqcenter.org/

**SF Aids Foundation, Trans and Non-Binary People Services**
Whether you want information about managing your HIV status, access to gender affirming hormones, testing services, substance use services, or simply want to make new friends, there’s a group or program for you. Their programs and services for transgender, gender-fluid, and non-binary individuals are all-inclusive and multi-racial, tailored to those seeking support, community, and family.
https://www.sfaf.org/communities/trans-and-non-binary-people/

**SF LGBT Center**
San Francisco’s LGBT Center provides a wide array of programs and services for the Bay Area queer community. From financial and immigration services to their Trans Employment Program, they address structural and societal issues within the community.
https://www.sfcenter.org/

**Queer Arts Center** – Oakland, CA
A grassroots interdisciplinary collaborative of Oakland-based disabled, Black, Indigenous, and LGBTQ+ identified artists and wellness practitioners serving a global community.
https://www.queerartscenter.com/home

**GENDERED VIOLENCE**

**Bay Area Women Against Rape**
Founded in 1971, BAWAR was the first rape crisis center in the country. It was founded with the two-part goal of establishing a place where survivors of sexual violence could receive the quality counseling and advocacy they need and providing community education around these issues. BAWAR defines sexual violence by the narratives of the survivors who experienced the violence. BAWAR is here to believe and validate the community they serve in a trauma-informed, culturally appropriate, and accessible way.
https://bawar.org/

**Black Women Revolt** - San Francisco, CA
Black Women Revolt Against Domestic Violence is a grassroots, community activist movement created by and for Black women. The Black Women Revolt Against Domestic Violence Resource Center is dedicated to:
- Increasing awareness about the impact of intergenerational violence in the Black community.
- Removing barriers for Black women who have experienced domestic abuse to receive access to culturally sensitive resources.
- Providing a designated space with resources specifically for Black women in San Francisco to help educate and heal as they recover from abuse.
https://blackwomenrevolt.org/

**MISSEY** – Oakland, CA
MISSEY is co-creating a world where girls and gender-expansive youth are safe from sexual exploitation and know their power. MISSEY works to prevent girls and gender-expansive youth from ever entering circumstances of sexual exploitation and violence. MISSEY also supports young people who are experiencing exploitation to exit. Once they’ve exited, MISSEY partners with youth so that they may avoid re-entering sexually exploitative circumstances and live free of harmful transactional relationships.
https://misssey.org/

**Restorative Justice for Youth** – Oakland, CA
RJOY was founded in 2005. RJOY works from an anti-racist, anti-bias lens to promote institutional shifts toward restorative approaches. RJOY provides education, training, and technical assistance and collaboratively launches demonstration programs with school, community, juvenile justice, and research partners.
https://rjoyoakland.org/
**CHILDREN, YOUTH, AND FAMILIES**

**3rd Street Youth Center & Clinic** – San Francisco, CA
3rd Street Youth Center & Clinic was founded as a community effort to ensure that the 6,000 young residents of Bayview Hunters Point (BVHP) had access to the same opportunities for healthcare, employment, and education as other youth in San Francisco. [https://3rdstyouth.org/](https://3rdstyouth.org/)

**Black Cultural Zone**
The Black Cultural Zone, conceived in 2014, addresses the disparate impact that decades of disinvestment in East Oakland and the more recent displacement of Black People and Black Businesses from their legacy communities here in Oakland by centering Black Arts and Culture within a community development framework. The Collaborative designated the East Oakland Black Cultural Zone as the 50 square blocks from High Street to the San Leandro Border and focused on implementing arts and cultural strategies and engaging artists and community members in art activism. [https://blackculturalzone.org/east-oakland-bcq-collaborative-2/](https://blackculturalzone.org/east-oakland-bcq-collaborative-2/)

**Black/African American Family Friend & Neighbor Care Institute** – San Francisco, CA

**Black Infant Health Program**, Alameda County Public Health Department
For over 30 years, the Alameda County Black Infant Health (BIH) Program has worked to help improve the birthing and parenting outcomes of African and African American mothers. This program aims to empower pregnant and mothering Black women to make healthy choices for themselves and their children as well as build a community that stands up against the injustices towards African American women and their birthing experiences. This program also aims to help reduce stress, build resilience, promote healthy behaviors, and increase social support. [https://acphd.org/programs-and-services/black-infant-health/](https://acphd.org/programs-and-services/black-infant-health/)

**Black Mama’s Matter Alliance**
The Black Mamas Matter Alliance (BMMA) is a Black women-led cross-sectoral alliance that centers Black mamas and birthing people to advocate, drive research, build power, and shift culture for Black maternal health, rights, and justice. BMMA envisions a world where Black mamas have the rights, respect, and resources to thrive before, during, and after pregnancy. [https://blackmamasmatter.org/](https://blackmamasmatter.org/)

**Black Maternal Health Caucus**
The Black Maternal Health Caucus is organized around the goals of elevating the Black maternal health crisis within Congress and advancing policy solutions to improve maternal health outcomes and end disparities. Congresswomen Alma Adams (NC-12) and Lauren Underwood (IL-14) launched the Black Maternal Health Caucus on April 9th, 2019. With 53 founding members, the Caucus has grown to be one of the largest bipartisan caucuses in Congress, with more than 100 members as of January 2020. [https://blackmaternalhealthcaucus-underwood.house.gov](https://blackmaternalhealthcaucus-underwood.house.gov)

**Black Women’s Health Imperative**
BWHI is the first and only national non-profit solely dedicated to achieving health equity for Black women in America. Founded in 1983 by Byllye Y. Avery as the National Black Women’s Health Project at a conference on the campus of Spelman College, BWHI has evolved into a nationally recognized organization leading health policy, education, research, knowledge and leadership development and communications designed to improve the health outcomes of Black women. [https://bwhi.org/](https://bwhi.org/)

**RYSE Center** – Richmond, CA
RYSE is a movement led by young people that ensures dignity for youth, their families, and communities. RYSE creates safe spaces grounded in social justice that build youth power for young people to love, learn, educate, heal, and transform lives and communities. [https://rysecenter.org/](https://rysecenter.org/)

**Department of Children, Youth, and Their Families** – San Francisco, CA
The Community Collaboratives Strategy is a community-driven approach to improving outcomes and lessening disparities for the African American, Latino, and Pacific Islander communities. [https://www.dcyf.org/collaboratives](https://www.dcyf.org/collaboratives)

**UCSF Black Women’s Health and Livelihood Initiative** – San Francisco, CA
The Black Women’s Health & Livelihood Initiative envisions a world where Black women are valued and nurtured in the same way that Black women care for others. This initiative prioritizes and amplifies the voices and power of Black women, at UCSF and beyond, to achieve their optimal health and well-being. [https://womenshealth.ucsf.edu/coe/ucsf-black-womens-health](https://womenshealth.ucsf.edu/coe/ucsf-black-womens-health)

**YMCA Bayview Family Resource Center** – San Francisco, CA
The Bayview Family Resource Center is a family support and empowerment program that serves as a hub for connecting families with a network of local and citywide resources. Overall, we exist to strengthen families and prevent the risk of abuse and neglect. The programs are family-centered, strength-based, needs driven, solution-oriented, and community based, all of which complement the Y’s core values. [https://www.ymcasf.org/programs/bayview-family-resource-center](https://www.ymcasf.org/programs/bayview-family-resource-center)