



FACIALS

THE HOSTE SIGNATURE FACIAL - £38

A 'quick fix' facial that is unique for maximum results in minimum time.

+FACE WORK OUT (15 mins) - £15

Encourage toned, tightened & smoother skin with this 15 minute face muscle work out.

THE HOSTE LUXURY FACIAL - £70

This Luxurious facial is specifically tailored for your skin & will include deep cleansing, exfoliation & a treatment specific massage & mask.

Customised skincare products including an intensive booster serum are chosen to suit your individual needs to achieve maximum results.

MASSAGE

THE HOSTE SIGNATURE BACK - £38

Relax your muscles & mind with our targeted back massage.

+BODY POLISH (20 mins) - £20

Add a back exfoliation to your signature back massage to leave your skin feeling smooth & radiant.

THE HOSTE FULL BODY - £65

Relax with our signature full body massage, a full treat for the body & mind.

THE HOSTE LUXURY FULL BODY MASSAGE - £75

A complete journey into of relaxation from head to toe.

Includes a luxurious face & scalp massage to help release muscle tension

THE HOSTE MOTHER-TO-BE MASSAGE - £75

A beautiful full body massage adapted to suit the needs of pregnancy to soothe all those aches & pains. Plus scalp massage. Must be past your first trimester.

DEEP TISSUE FULL BODY MASSAGE - £95

This deep pressured massage aims to relieve muscle imbalances & aid with managing longer term persistent muscle tension.

HOT STONES FULL BODY & SCALP MASSAGE - £85

The combination of warmed hot stones & flowing movements deeply soothes the muscles leaving you feeling completely de-stressed. A truly unique experience.

INDIAN HEAD MASSAGE - £45

A relaxing back massage focusing on the shoulders & neck, followed by a face & scalp massage using pressure points to relieve tension.

REFLEXOLOGY - £50

This ancient healing art uses pressure points on the feet as a map to relax your entire body.

SALT & OIL SCRUB - £40

+ THE HOSTE SIGNATURE BACK MASSAGE - £35

SPA PACKAGES

SPA GARDEN RETREAT - £50 per person

Choose from a Hoste Signature Back Massage followed by a scalp massage or a Hoste signature facial followed by a hand or foot massage. Follow your treatment with a relaxing hot or cold drink in the spa garden.

HOSTE TEMPTATION HALF SPA DAY - £80 per person

Relax in our spa garden with a hot drink or soft drink, with a choice between a Hoste Signature back massage & facial. Finish off your experience with a two course lunch & a glass of wine.

CHAMPAGNE AFTERNOON TEA PACKAGE - £90 per person

Enjoy a Hoste Signature back massage followed by a Hoste Signature facial & a champagne afternoon tea in the hotel restaurant.

MOTHER TO BE PACKAGE - £75

Enjoy a beautiful Hoste signature back massage followed by a Hoste signature Facial & scalp massage adapted to suit of pregnancy to soothe all those aches & pains. Must be past your first trimester.

HIKE & HEAL - £38

Relax your tired legs with a deep tissue leg massage followed by a relaxing foot massage. Perfect after a day of activities. Put your feet up in the lounge with a complimentary hot or cold drink afterwards.

TWILIGHT CINEMA PACKAGE - £80

Choose between a full body massage or a luxury facial. Then relax in our luxurious cinema at our 6.30pm showing with complimentary popcorn & a glass of fizz!

THE HOSTE DELUXE - £120

Enjoy our most popular treatments in one session, begin with a back exfoliation & a signature back massage followed by a luxury facial. Complimentary hot or cold drink included.

COUPLES RETREAT - £290 per couple

Relax in the secluded spa garden with a glass of fizz followed by a Hoste luxury full body massage & Hoste luxury facial.

CANCELLATION POLICY

Cancellations must be received at least 24 hours prior to the appointment time, if cancellations are made within this time period there will be a 25% charge of treatment cost.

Please note we currently only have one therapist so treatments will be one after the other.

WE LOOK FORWARD TO WELCOMING YOU TO THE HOSTE BEAUTY SPA.

OPEN EVERDAY - 9AM - 7PM

THE HOSTE, THE GREEN BURNHAM MARKET, NORFOLK PE31 8HD

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