

Some women are in relationships with men who are sexually active with other men.

Their partners may identify as gay, bisexual or heterosexual and their actions may have been disclosed or discovered by chance.

A lot of women may feel disempowered and lost as they attempt to navigate the myriad feelings that this major change in their relationship status brings.

Women Partners is a NSW based service that provides safe and non-judgemental counselling, support groups and information to all women whose partners are men who have sex with men.

Connecting and empowering women to manage their unique situation in a supportive environment.

*"It's been a lifesaver, literally. I have completely unloaded onto the counsellor and she wasn't shocked. I've been able to understand what's happened to my husband and work out what it means for me and the children."*

Maria

*"The counsellor really understands. No one else seems to 'get it' and I've felt very alone - until I came here."*

Justine

  
**Women  
Partners**


[www.womenspartners.org.au](http://www.womenspartners.org.au)  
02 95603011 - 1800 787 887  
Funded by NSW Health

**Is he having sex  
with other men?**

**You are not alone.**

  
**Women  
Partners**

We welcome all women irrespective of ethnicity, lifestyle choice, faith, sexual orientation and gender identity.



For many women, the dynamics of their relationship often depends on how their male partner identifies and can affect how things progress once a woman has found out that her partner is having sex with men.

Whether their male partners are transitioning from straight to gay, describing themselves as bisexual and attracted to both men and women, or continuing to identify as straight whilst having sex with men, each woman brings a unique situation to our service.

Some women will stay in a mixed orientation relationship and some women will choose to separate or divorce.

There may be children involved and the relationship may be long-term or short-term. The experience is not bound by cultural, religious or geographical parameters.

The experiences of women who find themselves in this situation require the specialised services of a counsellor who understands their issues and can guide them on whichever path they choose to take in their relationships.

Holistic, trauma informed and strengths based, Women Partners is funded by NSW Health. We are located at Leichhardt Women's Community Health Centre in Sydney and are a non-government, not for profit organisation providing health and wellbeing care for women.

## Empowering

you through emotional support and shared experiences.

## Enabling

you through information on safe sex, separation/divorce, staying together, communication and children's issues.

## Engaging

you through referrals to women's health centres, sexual health services and relationship counsellors.

## Let's talk about sex...

Your health is important to us.

Even if you are not currently active with your partner, if you are aware or think that your partner may be sexually active or about to be with others, it is important to ensure that you are safe.

This means having a Sexually Transmitted Infection (STI) screening initially and taking steps to protect yourself against acquiring anything in the future.

STI screening includes testing for HIV and Syphilis and can be carried out at your local doctors, a sexual health centre or Leichhardt Women's Community Health Centre.

Condom use for vaginal, anal and oral sex can help protect you. There is also medication available which can be taken if you have had unprotected sex and are concerned about your risk of acquiring HIV.

This medication is called PEP or PrEP and your local sexual health clinic or the emergency department of your local hospital can assist you to access this if required.

Our counsellors can help you to prepare for this important conversation in a confidential setting.