



CELEBRATING

90

1932 YEARS 2022

Your local pharmacy®



10<sup>99</sup> ea.

BOOST Meal Replacement Selected Types and Sizes

### Let's talk about Heartburn

If you suffer from heartburn, there are several over-the-counter options, even some that can provide relief in minutes! Your pharmacist can help you choose a product that is right for you.



25% OFF\*

NAVAGE Nasal Hygiene System

### BEST PICKS FOR DAILY HEALTH!



WOW! 12<sup>99</sup> ea.

DEPEND or POISE Incontinence Products Selected Types and Sizes


40% OFF\*

WEBER NATURALS Vitamins or Minerals Selected Types and Sizes

20% OFF\*

ALEVE or ASPIRIN Tablets, Caplets or Liquidgels Selected Types and Sizes

**Looking for personalized care & health advice?** Scan the QR code to transfer your prescriptions to your local I.D.A.® pharmacy\*



\* Some restrictions may apply

## health and wellness

<p><b>17<sup>99</sup></b> ea.</p> <p>IMODIUM Liquid Gel Capsules 24's, COMPLETE Caplets 20's or Quick Dissolve Tablets 20's</p> 	<p><b>17<sup>99</sup></b> ea.</p> <p>METAMUCIL Fibre Therapy 72 Dose or Caplets 100's</p> 	<p><b>34<sup>99</sup></b> ea.</p> <p>NICORETTE 2mg or 4mg Gum 105's, Lozenges 80's or QUICK MIST 1mL Selected Types</p> 	<p><b>10<sup>99</sup></b> ea.</p> <p>CALTRATE Bone Health Supplements, EMERGEN-C or ENER-C Vitamin C Drink Mix or Gummies Selected Types</p> 
<p><b>17<sup>99</sup></b> ea.</p> <p>PEPCID AC or COMPLETE Tablets 50's-60's</p> 	<p><b>14<sup>79</sup></b> ea.</p> <p>POLYSPORIN Antibiotic Eye or Ear Drop 15mL</p> 	<p><b>25% OFF*</b></p> <p>SYSTANE Eyecare or VITALUX ADVANCE Selected Types and Sizes</p> 	<p><b>WOW! 40% OFF*</b></p> <p>DR. SCHOLL'S Foot Care Products Selected Types and Sizes</p> 
<p><b>11<sup>99</sup></b> ea.</p> <p>VOLTAREN MUSCLE &amp; BACK 150g, JOINT PAIN 120g or EXTRA STRENGTH 100g</p> 	<p><b>30% OFF*</b></p> <p>DDROPS, ENFAMIL or THINKMIST Liquid Vitamin or Supplements Selected Types</p> 	<p><b>20% OFF*</b></p> <p>BAND-AID Bandages 6's-80's or POLYSPORIN 28g-30g Selected Types</p> 	<p><b>6<sup>99</sup></b> ea.</p> <p>CAREFREE, STAYFREE, O.B. or U BY KOTEX Dreamwear Disposable Overnight Period Underwear, Pads, Liners or Tampons Selected Types and Sizes</p> 

## personal care

<p><b>4<sup>99</sup></b> ea.</p> <p>COLGATE Mouthwash, SENSITIVE PRO RELIEF 75mL-120mL or HELLO Toothpaste and Mouthwash Selected Types and Sizes</p> 	<p><b>30% OFF*</b></p> <p>AVEENO Face Care Products Selected Types and Sizes</p> 	<p><b>3<sup>99</sup></b> ea.</p> <p>OLD SPICE Antiperspirant, Deodorant, Body Spray, Body Wash, or Hair Care Products Selected Types and Sizes</p> 	<p><b>3<sup>99</sup></b> ea.</p> <p>DOVE Hair Care, Body Wash, Bar Soap, or Hand Soap Selected Types and Sizes</p> 
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great deals

NEW  
24.99

NERVINE  
NERVE HEALTH,  
Relief or  
Relief PM  
Tablets  
30's



24.99

CULTURELLE  
DIGESTIVE  
HEALTH  
Daily Probiotic  
Formula  
30 Capsules



3.99

HONIBE  
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10 packs



58.99

NICODERM  
24H  
Stop smoking system  
14 patches



14.99

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Pain  
Relieving  
Solution  
88ml or  
Cream  
85g



9.99

DULCOLAX  
Soft Chews  
KIDS 15  
or ADULTS  
30



27.99

DIVA CUP  
Menstrual Cups  
Selected Types



14.99

THRIVE  
Cum  
24's, 36's or  
Lozenges  
36's



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GREAT BUY

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Powder  
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Save up to \$6



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Supplements  
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Types and  
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Supplements  
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CLEARBLUE  
Pregnancy or  
Ovulation  
Tests  
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Types and  
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FUNGICURE  
Foot Care  
Products  
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Types



15% OFF\*

ATRINS or  
PURE  
PROTEIN  
Bars  
Selected  
Types and  
Sizes



9.99

ADASEPT  
Skin Cleanser  
250mL



3.49

VASELINE  
Lip Therapy  
17g



8.99

SELSUN BLUE  
Anti-Dandruff  
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300mL-  
325mL  
Selected  
Types



6.99

SOFTSOAP  
Liquid Hand  
Soap Refills  
1.47L  
Selected  
Types



### Change the way you live with diabetes

- Real-time glucose readings on your smartphone.\*
- Customizable high and low alerts.

Ask your pharmacist for more information.

**dexcom G6**  
This changes everything.

**The Dexcom G6 Continuous Glucose Monitoring System**

Covered by many provincial health programs and most private insurers!

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## I.D.A. PHARMACY

at [ida-pharmacy.ca](http://ida-pharmacy.ca)

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